

**Track and Field
Bay League Meets - Order of Events
(Subject to Change)**

Running events are run in this order except for the hurdle races:

1. Boys Frosh/Soph - 2. Girls Frosh/Soph - 3. Girls Varsity - 4. Boys Varsity

Running Events:

- 1) 4X100m Relay
- 2) 1600m
- 3) 110m Hurdles Boys Frosh/Soph
 Boys Varsity
 100m Hurdles Girls Frosh/Soph
 Girls Varsity
- 4) 400m
- 5) 100m
- 6) 800m
- 7) 300m Hurdles Boys Frosh/Soph
 Boys Varsity
 Girls Frosh/Soph
 Girls Varsity
- 8) 200m
- 9) 3200m
- 10) 4X400m Relay

Field Events:

- Discus - (Boys Varsity, Boys Frosh/Soph, Girls Varsity, Girls Frosh/Soph)**
- Shot Put - (Boys Varsity, Boys Frosh/Soph, Girls Varsity, Girls Frosh/Soph)**
- High Jump - (Boys Varsity, Boys Frosh/Soph, Girls Varsity, Girls Frosh/Soph)**
- Long Jump - (All levels - 4 attempts)**
- Triple Jump - (All levels - 4 attempts)**
- Pole Vault - (Girls Frosh/Soph - Girls Varsity - Boys Frosh/Soph - Boys Varsity)**