

South Bay Cup

Columbia Park - Torrance - September 29, 2010

1) 2:30 PM	Junior Varsity Boys	6th Place: 178	Time: 1:30:52	Avg: 18:10.4	Spread: 00:15
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Rank	Name	GR	Mile 1	Mile 2		Mile 3-Finish		Finish Place	Average Mile
			Time	Time	Split	Time	Split		
1	Adrian Benoit	11	05:34	11:54	06:20	18:02.0	06:08	38	06:00.7
2	Andrew Lopez	11	05:45	12:02	06:17	18:02.8	06:01	39	06:00.9
3	Eric Emdee	11	05:56	12:05	06:09	18:14.0	06:09	44	06:04.7
4	Hector Echavarria	11	05:46	12:05	06:19	18:16.0	06:11	46	06:05.3
5	Jonathon Rodriguez	12	05:48	12:06	06:18	18:17.0	06:11	48	06:05.7
6	Julian Singer	12	05:51	12:06	06:15	18:36.0	06:30	53	06:12.0
7	Jhonathan Ruiz	12	05:52	12:47	06:55	19:42.2	06:55	72	06:34.1
8	Zach Omar-Amrani	11	06:16	13:31	07:15	20:28.5	06:57	86	06:49.5
9	Ben McLaughlin	11	06:17	13:32	07:15	20:30.5	06:58	88	06:50.2

2) 3:00 PM	Junior Varsity Girls	7th Place: 172	Time: 1:48:14	Avg: 21:38.9	Spread: 00:35
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Rank	Name	GR	Mile 1	Mile 2		Mile 3-Finish		Finish Place	Average Mile
			Time	Time	Split	Time	Split		
1	Erin South	10	06:50	14:16	07:26	21:13.8	06:58	23	07:04.6
2	Eva Pace	10	06:51	14:44	07:53	21:41.9	06:58	37	07:14.0
3	Lisa Inoue	11	06:51	14:45	07:54	21:43.8	06:59	41	07:14.6
4	Nour Kabbani	12	07:03	14:45	07:42	21:46.0	07:01	42	07:15.3
5	Ruth Barry	10	07:03	14:46	07:43	21:48.8	07:03	43	07:16.3
6	Katie Parkinson	10	07:22	15:51	08:29	23:55.8	08:05	91	07:58.6
7	Sara Burgos	10	09:05	21:00	11:55	32:51.3	11:51	140	10:57.1

3) 3:30 PM	Sophomore Boys	2nd Place: 93	Time: 1:27:49	Avg: 17:33.8	Spread: 01:01
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Rank	Name	GR	Mile 1	Mile 2		Mile 3-Finish		Finish Place	Average Mile
			Time	Time	Split	Time	Split		
1	RJ Mushaney	10	05:27	11:34	06:07	17:06.6	05:33	14	05:42.2
2	Joseph Levine	10	05:28	11:39	06:11	17:25.9	05:47	16	05:48.6
3	Kevin White	10	05:27	11:39	06:12	17:31.0	05:52	18	05:50.3
4	Arthur Fontana	10	05:31	11:45	06:14	17:37.6	05:53	20	05:52.5
5	David Alexander	10	05:40	12:03	06:23	18:07.7	06:05	26	06:02.6
6	Zac Rodgers	10	05:43	12:10	06:27	18:09.2	05:59	27	06:03.1
7	Cameron Lindquist	10	05:49	12:41	06:52	18:47.9	06:07	41	06:16.0
8	Andrew Shook	10	05:48	12:35	06:47	19:04.2	06:29	45	06:21.4
9	Ryan Colescott	10	06:03	13:11	07:08	19:46.8	06:36	64	06:35.6
10	Isiah Madison	10	06:07	13:14	07:07	19:56.0	06:42	65	06:38.7
11	Dakota Kaufman	10	06:07	13:15	07:08	19:56.3	06:41	66	06:38.8
12	Tyler Takamoto	10	06:21	13:33	07:12	20:18.6	06:46	70	06:46.2
13	Sebastian Coronel	10	06:17	13:32	07:15	20:18.9	06:47	72	06:46.3
14	Adam Johnson	10	06:24	14:05	07:41	21:14.0	07:09	84	07:04.7
15	Duran Demarco	10	06:40	14:59	08:19	23:10.0	08:11	97	07:43.3
16	Gunner Rieth	10	06:29	14:34	08:05	23:24.9	08:51	99	07:48.3
17	Deric Ryan	10	09:48	21:31	11:43	30:08.1	08:37	110	10:02.7

4) 4:00 PM	Frosh Girls	4th Place: 146	Time: 1:48:41	Avg: 21:44.3	Spread: 01:12
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Rank	Name	GR	Mile 1	Mile 2		Mile 3-Finish		Finish Place	Average Mile
			Time	Time	Split	Time	Split		
1	Siena Hsu	9	06:35.0	13:52.0	07:17	21:01.0	07:09	8	07:00.3
2	Marcella "Josie" Desir	9	06:39.0	14:06.0	07:27	21:33.5	07:28	16	07:11.2
3	Mikela Bettes	9	06:42.0	14:24.0	07:42	21:55.9	07:32	21	07:18.6
4	Lara Jolicoeur	9	06:45.0	14:15.0	07:30	21:58.1	07:43	22	07:19.4
5	Angelina Verduzco	9	05:54.0	14:54.0	09:00	22:13.0	07:19	26	07:24.3
6	Jessica Bradford	9	07:08.0	14:48.0	07:40	22:13.6	07:26	27	07:24.5
7	Jenna Marshall	9	07:12.0	15:12.0	08:00	22:53.2	07:41	31	07:37.7
8	Vera Gold	9	07:12.0	15:18.0	08:06	23:12.5	07:54	36	07:44.2
9	Ally Lopez	9	07:13.0	15:27.0	08:14	23:34.5	08:07	38	07:51.5
10	Zoe Gantner	9	07:14.0	15:39.0	08:25	23:58.3	08:19	42	07:59.4
11	Isabella Hsu	9	07:15.0	15:48.0	08:33	24:04.3	08:16	44	08:01.4
12	Sahab Ilkhchooyi	9	07:19.0	15:47.0	08:28	24:18.2	08:31	47	08:06.1
13	Mya Gelber	9	07:52.0	15:26.0	07:34	24:23.8	08:58	49	08:07.9
14	Abby Connelly	9	07:52.0	16:29.0	08:37	24:33.8	08:05	53	08:11.3
15	Janie Connelly	9	07:53.0	16:28.0	08:35	24:34.1	08:06	54	08:11.4
16	Bridget Boyle	9	07:53.0	16:38.0	08:45	25:08.3	08:30	63	08:22.8
17	Claudia Mehranbod	9	07:54.0	16:37.0	08:43	25:14.2	08:37	66	08:24.7
18	Alison Humphrey	9	07:54.0	16:59.0	09:05	26:23.4	09:24	75	08:47.8
19	Alex Hansen	9	08:46.0	19:04.0	10:18	29:21.4	10:17	92	09:47.1

7) 5:30 PM	Frosh Boys	1st Place: 35	Time: 1:25:18	Avg: 17:03.5	Spread: 01:18
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Rank	Name	GR	Mile 1	Mile 2		Mile 3-Finish		Finish Place	Average Mile
			Time	Time	Split	Time	Split		
1	Dustin Herold	9	05:23	11:06	05:43	16:16.0	05:10	1	05:25.3
2	Will Tait	9	05:22	11:05	05:43	16:33.3	05:28	3	05:31.1
3	Tomohiro Yamaya	9	05:28	11:27	05:59	17:09.5	05:43	9	05:43.2
4	Takahiro Yamaya	9	05:31	11:33	06:02	17:12.5	05:39	10	05:44.2
5	Robert Meadows	9	05:29	11:38	06:09	17:34.3	05:56	15	05:51.4
6	Paul Bodin	9	05:56	12:13	06:17	18:06.4	05:53	21	06:02.1
7	Tyler Bird	9	05:56	12:14	06:18	18:06.8	05:53	23	06:02.3
8	Ahmad Kabbani	9	05:57	12:30	06:33	18:25.7	05:56	29	06:08.6
9	Nick Wells	9	06:00	12:41	06:41	18:41.5	06:01	37	06:13.8
10	Evan Schermerhorn	9	06:18	12:46	06:28	18:45.3	05:59	41	06:15.1
11	Wesley Wong	9	06:05	12:55	06:50	19:06.0	06:11	51	06:22.0
12	Anthony Nasrollary	9	06:17	12:56	06:39	19:09.3	06:13	52	06:23.1
13	Michael O'Neill	9	06:18	12:58	06:40	19:12.6	06:15	56	06:24.2
14	David Thomas	9	06:19	13:08	06:49	19:26.1	06:18	65	06:28.7
15	Elijah Aquilina	9	06:19	13:20	07:01	19:39.8	06:20	71	06:33.3
16	Bubba Robinson	9	06:20	13:23	07:03	20:04.3	06:41	83	06:41.4
17	Justin Steele	9	06:23	13:38	07:15	20:09.0	06:31	85	06:43.0
18	Daniel Nunes	9	06:24	13:39	07:15	20:27.7	06:49	91	06:49.2
19	Mason Zoerner	9	06:25	13:40	07:15	20:31.5	06:51	95	06:50.5
20	Sam Bodin	9	06:34	14:00	07:26	20:38.2	06:38	97	06:52.7
21	Waseem Radi	9	06:34	14:35	08:01	20:41.9	06:07	99	06:54.0
22	Francis Ronkowski	9	07:02	14:36	07:34	21:42.7	07:07	122	07:14.2
23	Nicholas McCarthy	9	05:57	15:09	09:12	22:54.2	07:45	135	07:38.1
24	Eriq Deng	9	07:06	15:34	08:28	22:56.8	07:23	136	07:38.9