



REDONDO UNION HIGH SCHOOL
2010 All-Comers Track & Field Meet

**YOUTH, HIGH SCHOOL, OPEN
DIVISIONS**

DIRECTED BY Redondo Union High School . MEET WILL BE HELD AT THE NEWLY
RENOVATED SEAHAWK STADIUM – Juanita Avenue & Vincent Street.

DATES OF MEETS: February 20th, 2010

CHECK IN begins at 9:00am

RUNNING EVENTS & FIELD EVENTS - 10:00 A.M

YOUTH – HIGH SCHOOL-OPEN

Running Events

#1 - 400m Relay

#2 - 600m

#3 – 1600m

#4 - 60m HH

#5 - 400m

#6 - 60m/100m

#7 - 800m

#8 - 300m IH

#9 - 200m

#10 - 3200m

#11 - 1600m relay

Field Events

Long Jump

Triple Jump (follows HJ)

Pole Vault (start at 5')

High Jump (start at 3')

**Shot Put & Discus will
NOT be competed.**

3/16 Spikes of less ONLY

**ENTRY - \$5.00 PER ATHLETE (unlimited events)
& \$3.00 PER SPECTATOR**