

Paramount Relays - Partial Results & Splits for RUHS
March 6, 2010

Notes regarding these times and splits:

- * Splits with times showing 2 decimal places were recorded by the stop watch.
 - * Splits with times without decimal places were read off and written down as runner finished that split distance.
 - * Times for 400 meter splits are listed in seconds, even if they are greater than 1 minute.
 - * In the confusion of trying to get splits from multiple teams in the same race, some splits were lost.
 - * Accuracy is suspect, especially on the short sprint distances, as judging when to take the split from up in the stands is difficult.
 - * There are no individual splits for the 4 X 100 relays as I couldn't accurately judge where to take the splits. Only the team times are listed.
 - * If you see that you are listed as "No name", it's because I couldn't identify you. Some names are misspelled. Email me your corrections.
 - * Unfortunately, my late arrival cost us the splits from the first few races.
- * The times listed by Paramount Relays have problems due to the rain effecting their timing equipment -- Many missing times and some incorrect ones.

Event	Place	Team / Names	Team Time	Splits	Lap Splits					
4 X 1600 - F/S Boys	1	A Team Evan Malone-White Partick Borgerding Garrett Klatte Tyler Caracoza	19:34.19	4:47 4:53 5:02 4:52						
	3	B Team No name No name No name No name	20:31.46	5:13.5 No time No time No time	Combined time = 15:17.96					
	5	C Team	21:13.55							
	7	D Team	21:54.48							
4 X 100 - F/S Girls	5	A Team	55.42							
	8	B Team	58.90							
4 X 100 - Varsity Girls	2	A Team	50.59							
4 X 100 - Varsity Boys	2	A Team	43.33							
4 X 1600 - Varsity Boys	3	A Team Eddie Strnad Garrett Bower Nick Herold Justin Caracoza	19:19.98	4:41.86 4:52.40 4:53.88 4:51.84	Lap Splits: Lap Splits: Lap Splits: Lap Splits:	67.84 69.50 68.79 67.84	70.72 73.20 75.29 76.23	71.91 75.24 74.33 76.08	71.39 74.46 75.47 71.69	
	4	B Team Daniel Gonzalez Harrison Ngo Tim Kim JD	20:13.00	No split No split 5:20 4:58	Combined time = 9:55					
Sprint Medley - F/S Girls	?	A Team	2:04.77							
	5	B Team	2:11.34							
Sprint Medley - Varsity Girls (100 +100 +200 +400)	5	A Team	1:59.81							
Sprint Medley - F/S Boys	3	A Team	1:45.54							
Sprint Medley - Varsity Boys (100 +100 +200 +400)	4	A Team	1:38.42							
	7	B Team	1:43.70							
4 X 800 - Varsity Girls	1	A Team Lyndsey Mull Rachel Bush Laura O'Neill Chloe Curtis	9:27.30	2:23.93	Lap Splits:	68.78	75.25			
				2:25.95		Lap Splits:	71.32	74.63		
				2:25.56		Lap Splits:	68.22	77.34		
				2:11.76		Lap Splits:	63.16	68.6		
4 X 800 - Varsity Boys	1	A Team Alec Jolicoeur Dezhan Bland Remi Besnoin Simon Schremerhorn	8:07.24	2:03.30	Lap Splits:	60.42	62.88			
				2:05.97		Lap Splits:	62.81	63.16		
				2:00.63		Lap Splits:	59.81	60.82		
				1:57.34		Lap Splits:	56.13	61.21		
8 X 200 - Varsity Coed	3	A Team Camile Julian Maggie Nelson RJ Darcy Jack Julia Jeff	3:41.43	30.39	Combined time = 57.51					
				24.25						
				30.82						
				23.69						
				No split						
				No split						
31.49										
23.28										
Distance Medley Relay - F/S Girls (1200 +400 +800 +1600)	1	A Team Kayla Ferron Alexis Thibodeau Anique Villegas Cara Ulizio	13:11.70	4:02.29	Lap Splits:	71.73	87.94	82.62		
				67.73		Lap Splits:	67.73			
				2:31.84		Lap Splits:	70.01	81.83		
				5:29.84		Lap Splits:	80.07	85.17		
Distance Medley Relay - Varsity Girls (1200 +400 +800 +1600)	1	A Team Laura O'Neill Brenna Sopp Lyndsey Mull Chloe Curtis	12:31.90	3:49.20	Lap Splits:	74	79.2	76		
				61.50		Lap Splits:	61.5			
				2:37.00		Lap Splits:	70	87		
				5:04.20		Lap Splits:	68	78		
Distance Medley Relay - Varsity Girls (1200 +400 +800 +1600)	2	B Team Rachel Bush Olivia Loveland Jennifer Bass Michelle Pittman	12:54.91	3:49.22	Lap Splits:	73.55	79.19	76.48		
				62.66		Lap Splits:	62.66			
				2:28.99		Lap Splits:	69.53	79.46		
				5:34.04		Lap Splits:	75.5	84.98		
Distance Medley Relay - F/S Boys (1200 +400 +800 +1600)	1	A Team Garrett Klatte Evan Malone-White Partick Borgerding Tyler Caracoza	11:35.30	3:37.96	Lap Splits:	68.43	76.87	72.66		
				54.69		Lap Splits:	54.69			
				2:07.51		Lap Splits:	59.89	67.62		
	6	B Team No name Demarko No name Joesph Levine	13:17.55	4:31	Lap Splits:	77	98	96		
				63		Lap Splits:	63			
				2:17		Lap Splits:	65	72		
Distance Medley Relay - Varsity Boys (1200 +400 +800 +1600)	2	A Team Remi Besnoin Dezhan Bland Simon Schremerhorn Alec Jolicoeur	10:54.34	3:20.05	Lap Splits:	63.85	64.53	71.67		
				54.72		Lap Splits:	54.72			
				2:03.48		Lap Splits:	60.30	63.18		
	?	B Team Nick Herold Larry No name Nick Stenke	11:55.17	3:31	Lap Splits:	67	70	74		
				55		Lap Splits:	55			
				2:19		Lap Splits:	67	72		
4 X 400 - F/S Girls	1	A Team Anique Villegas Alexis Thibodeau Cara Ulizio Kayla Ferron	4:27.84	66.50						
				68.68						
				67.06						
				65.60						
4 X 400 - Varsity Girls	5	B Team Jessica Baker Camile No name Danielle	4:43.18	68.31						
				71.20						
				71.63						
				72.04						
4 X 400 - Varsity Girls	1	A Team Brenna Sopp Maggie Nelson Shelby Bassman Chloe Curtis	4:10.69	61.34						
				66.16						
				65.55						
				57.64						
4 X 400 - F/S Boys	2	A Team Evan Malone-White No name Garrett Klatte Partick Borgerding	3:41.46	55.78						
				55.57						
				53.83						
	7	B Team Jared Sweatman Eric Emdee Kris Chris Martin	3:50.75	57.25	Combined time=1:52.65					
				60.85						
				No split						
4 X 400 - Varsity Boys	2	A Team Coty Spence Christian Bassman Simon Schremerhorn Derrick Durand	3:32.34	53.69						
				52.68						
				52.72						
				53.25						
4 X 1600 - F/S Girls	1	A Team Cara Ulizio Alexis Thibodeau Kayla Ferron Anique Villegas	23:16.58	5:36.81	Lap Splits:	78.76	83.55	92.48	82.02	
				5:53.33		Lap Splits:	81.96	92.47	94.86	84.04
				5:54.18		Lap Splits:	85.93	91.58	91.83	84.84
	4	B Team Elizabeth del la Torre Stephanie Kim Lisa Inoue Danielle	25:36.05	6:15	Lap Splits:	82.5	95.5	99	98	
				6:28		Lap Splits:	82	98	106	102
				6:44		Lap Splits:	88	106	108	102
4 X 100 - Girls Throwers	1	A Team Sarah Logan Santana Boswell Paige Metcalf Sammy Goldberg	58.00	16.18						
				15.08						
				13.34						
				13.40						
4 X 100 - Boys Throwers	3	A Team Shane Utton JD Mac Taylor Bongiovani Chris Maires	53.78	14.43						
				13.79						
				12.14						
				13.42						