

2014 RUHS TRACK and FIELD SCHEDULE

This Schedule is Subject To Changes - Check RUNRUHS Website for Current Updates

Date	DAY	TIME	MEET / LOCATION	
Feb.08	Sat.	10:00 AM	Redondo-All-Comers Meet @ RUHS Sea Hawk Bowl - To Volunteer Sign up on the runruhs website Pre-Season Meet - A California High School Indoor State Meet Qualifier	Volunteers Needed
Feb.17	Mon.		Indoor State Track Meet @ Fresno - Fresno, CA Pre-Season Meet – Select Qualified Varsity Athletes	
Mar.01	Sat.	6:00 AM Leave RUHS	Corona Relays @ Corona High School	
Mar.08	Sat.	7:00 AM Leave RUHS	Dual Meet with Santa Monica @ Santa Monica	
Mar.14	Fri.	4:00 PM	Redondo Nike Distance & Throws Carnival @ RUHS Sea Hawk Bowl - To Volunteer Sign up on the runruhs website	Volunteers Needed
Mar.15	Sat.	9:00 AM	Redondo Nike Track Festival @ RUHS Sea Hawk Bowl - To Volunteer Sign up on the runruhs website	Volunteers Needed
Mar.22	Sat.		TBD - Athletes attending will be the Sprinters, Hurlers, Field Events and Throws	
Mar.22	Sat.	7:30 AM	Azusa Meet of Champions Distance @ Azusa Pacific University - 901 E. Alosta Ave. Azusa, CA 91702 Athletes attending will be the Distance Runners Only	
Mar.29	Sat.	7:30 AM	Mustang Relays @ Mira Costa HS - 701 South Peck Ave., Manhattan Bch, 90266	
Apr.05	Sat.	7:30 AM	Palos Verdes Invite @ Palos Verdes HS - 600 Cloyden Rd, Palos Verdes Estates, CA 90274	
Apr.05	Sat.		TBD - Select Travel Meet for Varsity Only	
Apr.08	Tues.	2:30 PM	Bay League - Peninsula @ Peninsula HS - 27118 Silver Spur Rd, Rolling Hills Ests, CA 90274	
Apr.11-12	Fri.& Sat.	TBA	Arcadia Invitational @ Arcadia HS - Arcadia HS, 180 Campus Drive, Arcadia, 91007 Varsity Qualifiers Only	
Apr.15	Tues.	5:30 PM	Bay League - West High & Palos Verdes @ RUHS Sea Hawk Bowl - To Volunteer Sign up on the runruhs website	Volunteers Needed
Apr.18-19	Fri. & Sat.	TBA	Mt. Sac Relays @ Mt Sac College - Mt Sac College, 1100 North Grand Ave., Walnut Varsity Qualifiers Only	
Apr.18	Fri.	4:00 PM	South Bay Championships @ West High School - 20401 Victor Street Torrance, CA 90503 Frosh/Soph Only	
Apr.19	Sat.	5:00 PM	South Bay Championships @ West High School - 20401 Victor Street Torrance, CA 90503 Varsity Only	
Apr.24	Thurs.	5:30 PM	Bay League - Mira Costa @ RUHS Sea Hawk Bowl - To Volunteer Sign up on the runruhs website	Volunteers Needed
May.06	Tues.	1:00 PM	Bay League Prelims @ RUHS Sea Hawk Bowl - To Volunteer Sign up on the runruhs website	Volunteers Needed
May.09	Fri.	5:00 PM	Bay League Finals @ RUHS Sea Hawk Bowl - To Volunteer Sign up on the runruhs website	Volunteers Needed
Varsity Qualifiers Moving Forward			TO OUR VARSITY ATHLETES MOVING FORWARD WISHING YOU THE BEST ON YOUR ROAD TO STATE!	
May.17	Sat.	TBA	CIF Southern Section II Prelims @ Moorpark HS - 4500 Tierra Rejada Rd, Moorpark, CA 93021	GO SEA HAWKS!
May.24	Sat.	TBA	CIF Southern Section II Finals @ TBA	
May.30	Fri.	TBA	CIF Southern Section Masters Meet @ TBA	
Jun.06	Fri.	TBA	CIF-State Track & Field Championship Prelims @ Buchanan HS - Veterans Memorial Stadium Buchanan HSI, Clovis, CA	
Jun.07	Sat.	TBA	CIF-State Track & Field Championship Finals @ Buchanan HS - Veterans Memorial Stadium Buchanan HSI, Clovis, CA	