

2015 RUHS TRACK and FIELD SCHEDULE

This Schedule is Subject To Changes - Check RUNRUHS Website for Current Updates

Date	DAY	TIME	MEET / LOCATION	ATHLETES ATTENDING	Volunteers Will Sign - Up on runruhs.com
01/31/15	Sat	7:30 AM	Parlauf Relays@West LA College	Pre-Season – Select Athletes	
02/07/15	Sat.	8:00 AM	RUHS-All-Comers Meet Indoor State Meet Qualifer @ RUHS Sea Hawk Bowl	Pre-Season – ALL Athletes	Need Volunteers
02/15/15	Sat.	TBD	Indoor State Track Meet @SaveMart Center in Fresno - Pre-Season Meet	Pre-Season - Qualifier Athletes	
02/28/15	Sat.	7:30 AM	TBD: Either a Tri-Meet or Corona Relays @ Corona High School	ALL Athletes	
03/07/15	Sat.	7:30 AM	Bishop Amat Relays @ Citrus College	ALL Athletes	
03/13/15	Fri.	5:00 PM	Redondo Nike Distance & Throws Carnival @ RUHS Sea Hawk Bowl	ALL Athletes	Need Volunteers
03/14/15	Sat.	8:00 AM	Redondo Nike Track Festival @ RUHS Sea Hawk Bowl	ALL Athletes	Need Volunteers
03/21/15	Sat.	7:00 AM	TBD - Either Laguna Hills or San Clemente Invitational	ALL Athletes	
03/26/15	Thurs.	TBD	Bay League Meet - Peninsula @ RUHS Sea Hawk Bowl	ALL Athletes	Need Volunteers
03/28/15	Sat.	7:30 AM	Azusa Meet of Champions @ Azusa Pacific University - 901 E. Alosta Ave. Azusa, 91702	Distance Athletes Only	
03/28/15	Sat.	7:30 AM	Mustang Relays @ Mira Costa HS - 701 South Peck Ave., Manhattan Bch, 90266	ALL Athletes No Distance Athletes	
04/02/15	Thurs.	TBD	Bay League Meet - Inglewood and Morningside @ TBD	ALL Athletes	
04/03 - 04/04	Fri.& Sat.	TBD	UCLA Legends Meet @ Drake Stadium UCLA	Select Varsity Qualifiers	
04/04/15	Sat.	7:30 AM	Los Angeles County Championships@TBD	Athletes not Attending UCLA	
04/10 - 04/11	Fri.& Sat.	TBD	Arcadia Invitational @ Arcadia HS - Arcadia HS, 180 Campus Drive, Arcadia, 91007	Select Varsity Qualifiers	
04/17 - 04/18	Fri. & Sat.	TBD	Mt. Sac Relays @ Mt Sac College - Mt Sac College, 1100 North Grand Ave., Walnut	Select Varsity Qualifiers	
04/17/15	Fri.	4:00 PM	South Bay Championships @ West High School - 20401 Victor Street Torrance, 90503	Frosh/Soph Only	
04/18/15	Sat.	5:00 PM	South Bay Championships @ West High School - 20401 Victor Street Torrance, 90503	Varsity Only	
04/23/15	Thurs.	2:30 PM	Bay League Meet - Palos Verdes @ Palos Verdes HS - 600 Cloyden Rd, PVE, 90274	ALL Athletes	
04/30/15	Thurs.	5:30 PM	Bay League Meet - Mira Costa @ RUHS Sea Hawk Bowl	ALL Athletes	Need Volunteers
05/05/15	Tues.	1:00 PM	Bay League Prelims @ Mira Costa HS - 701 South Peck Ave., Manhattan Bch, 90266	ALL Athletes	
05/08/15	Fri.	5:00 PM	Bay League Finals @ Mira Costa HS - 701 South Peck Ave., Manhattan Bch, 90266	Athletes Who Qualify	
Varisty Qualifiers Moving Forward			WISHING YOU ALL THE BEST ON YOUR ROAD TO STATE!		GO SEA HAWKS!
05/16/15	Sat.	TBD	CIF Southern Section II Prelims @ TBD	Varsity Qualifiers	
05/23/15	Sat.	TBD	CIF Southern Section II Finals @ Cerritos College	Varsity Qualifiers	
05/29/15	Fri.	TBD	CIF Southern Section Masters Meet @ Cerritos College	Varsity Qualifiers	
06/05 - 06/06	Fri. & Sat.	TBD	CIF-State Track & Field Championship Prelims & Finals @ Veterans Memorial Stadium, Clovis	Varsity Qualifiers	