

2017 RUHS TRACK and FIELD SCHEDULE

This Schedule is Subject To Changes - Check RUNRUHS Website for Current Updates

| Date:2017 | DAY | TIME | MEET / LOCATION | ATHLETES ATTENDING | Volunteers - Watch for Sign - Ups |
|--|-------------|---------|---|---------------------------|-----------------------------------|
| 02/04/17 | Sat. | 8:00 AM | RUHS-All-Comers Meet @ Redondo Union | Pre-Season – ALL Athletes | Need Volunteers |
| 02/25/17 | Sat. | 7:00 AM | Zamperini Invitational @ Zamperini Field Torrance | ALL Athletes | |
| 03/04/17 | Sat. | 7:00 AM | Bishop Amat Relays @ Citrus College | ALL Athletes | |
| 03/10/17 | Fri. | 5:00 PM | Redondo Nike Distance & Throws Carnival @ Redondo Union | ALL Athletes | Need Volunteers |
| 03/11/17 | Sat. | 8:00 AM | Redondo Nike Track Festival @ Redondo Union | ALL Athletes | Need Volunteers |
| 03/16/16 | Thurs. | 2:30 AM | Bay League Meet - Inglewood - Redondo @ Peninsula HS | ALL Athletes | |
| 03/18/17 | Sat. | 8:00 AM | Mustang Relays @ Mira Costa HS | ALL Athletes | |
| 03/23/17 | Thurs | 2:30 PM | Bay League Meet - Morningside - Palos Verdes @ Redondo Union | ALL Athletes | Need Volunteers |
| 03/25/17 | Sat. | 7:00 AM | Azusa Meet of Champions @ Azusa Pacific University | Distance Athletes Only | |
| 04/01/17 | Sat. | TBD | SBAC @ TBD | ALL Athletes | |
| 4/7-4/8 | Fri.& Sat. | TBD | Arcadia Invitational @ Arcadia HS - Arcadia HS | Varsity Qualifiers | |
| 04/12/17 | Wed. | TBD | Culver City Invite @ TBD | ALL Athletes | |
| 04/14 - 04/15 | Fri. & Sat. | TBD | Mt. Sac Relays @ El Camino College | Varsity Qualifiers | |
| 04/19/17 | Thurs. | 5:00 PM | Bay League Meet - Mira Costa @ Redondo Union | ALL Athletes | Need Volunteers |
| 04/21/17 | Fri. | 4:00 PM | South Bay Championships @ El Camino College | Frosh/Soph Only | |
| 04/22/17 | Sat. | 5:00 PM | South Bay Championships @ El Camino College | Varsity Only | |
| 04/29/17 | Sat. | TBD | Bay League Prelims @ Mira Costa | ALL Athletes | |
| 05/05/17 | Fri. | 5:00 PM | Bay League Finals @ Mira Costa | Athletes Who Qualify | |
| Varisty Qualifiers Moving Forward - WISHING YOU ALL THE BEST ON YOUR ROAD TO STATE! GO SEA HAWKS! | | | | | |
| TBD | | TBD | CIF Southern Section II Prelims @ TBD | Varsity Qualifiers | |
| TBD | | TBD | CIF Southern Section II Finals @ TBD | Varsity Qualifiers | |
| TBD | | TBD | CIF Southern Section Masters Meet @ TBD | Varsity Qualifiers | |
| 06/02 - 06/03 | Fri. & Sat. | TBD | CIF-State Track & Field Championship Prelims & Finals @ Buchanan HS, Clovis | Varsity Qualifiers | |