

South Bay Championships - 4/15/2011 to 4/16/2011
W. Torrance High School
Alternate List

Event 3 Men Discus Throw Champ Varsity

	Name	School	Seed Mark
1	Vaona, Tyler	Torrance	
2	Chen, Jeff	Torrance	
3	Son, Alex	North Torran	
4	Woo, Cameron	West Torranc	
5	Breceda, Peter	Santa Monica	
6	Auelua, Theotis	North Torran	
7	Monahan, Emmett	Peninsula	
8	Lim, Albert	Peninsula	
9	Becerra, Steven	Santa Monica	
10	Bell, Matt	Palos Verdes	
11	Meza, Andres	Santa Monica	
12	Arakaki, Justin	North Torran	
13	Plymell, Michael	Palos Verdes	

Event 5 Men Long Jump Champ Varsity

	Name	School	Seed Mark
1	Takafumi, Okuno	South Torran	
2	Robinett, Jacob	Palos Verdes	
3	Miyashiro, Dustin	North Torran	
4	Nursal, George	Palos Verdes	
5	Fukumoto, Jason	South Torran	
6	william, kevin	South Torran	
7	Paiz, Ian	Bishop Mntgm	
8	Kaplan, Max	South Torran	
9	Tanaka, Spencer	Torrance	
10	Hokama, Brandon	North Torran	
11	Ide, Takahiro	Redondo	
12	Canada, Jon	Torrance	
13	Humphrey, Robin	Bishop Mntgm	
14	Numa, Alex	Bishop Mntgm	
15	Takeushi, Michael	South Torran	
16	Huang, Jason	Palos Verdes	
17	Matsumura, Mason	South Torran	
18	Okuno, Hirofumi	South Torran	
19	Nozaki, Aaron	South Torran	
20	Nassour, Chris	South Torran	

Event 6 Men Triple Jump Champ Varsity

	Name	School	Seed Mark
1	Miyashiro, Dustin	North Torran	
2	Chong, Nathan	Mira Costa	
3	Takafumi, Okuno	South Torran	
4	Ide, Takahiro	Redondo	
5	Kaplan, Max	South Torran	
6	Robinett, Jacob	Palos Verdes	

Event 9 Men Shot Put Champ Varsity

	Name	School	Seed Mark
1	Chung, Ho Jae	Palos Verdes	
2	Plummer, Nichloas	El Segundo	
3	Barbosa, Joseph	El Segundo	
4	friedien, patrick	Bishop Mntgm	
5	Monahan, Emmett	Peninsula	
6	Rizzo, Anthony	West Torranc	
7	Ramirez, Justin	El Segundo	

8	Bonilla, Nick	El Segundo
9	Auelua, Theotis	North Torran
10	Clarke, Joshua	El Segundo
11	Beck, Carter	Peninsula
12	Rivera, Cristian	El Segundo
13	Hernandez, Daniel	El Segundo
14	Woo, Cameron	West Torranc
15	Bell, Matt	Palos Verdes
16	Wardour, Christopher	West Torranc
17	Martin, Cole	Peninsula
18	Lim, Albert	Peninsula
19	Jeon, Brian	Peninsula

Event 10 Men High Jump Champ Varsity

	Name	School	Seed Mark
1	Williams, Devon	Redondo	
2	McLaughlin, Ben	Redondo	

Event 21 Women 1600 Meter Run Varsity

	Name	School	Seed Time
1	Fletes, Jennifer	Warren	
2	Sato, Devin	Torrance	
3	Inouye, Christine	Mira Costa	
4	Sherman, Pamela	Redondo	
5	Tran, Tricia	North Torran	
6	Inoue, Lisa	Redondo	
7	Webber, Kimberly	Palos Verdes	
8	Parke, Caitlin	Palos Verdes	
9	Kim, Amy	Peninsula	
10	Morgan, Kate	Peninsula	
11	Evans, Danielle	South Torran	
12	McBride, Zoe	Santa Monica	
13	mendoza, gabby	Venice	
14	Ofsanko, Caylin	South Torran	
15	Llosa, Montsy	Santa Monica	
16	Manger, Keri	Palos Verdes	
17	Guitierrez, Lianne	Warren	
18	Moody, Rebecca T.	Peninsula	
19	Gwon, Eunice	Peninsula	
20	Harris, Cassie	North Torran	
21	Choi, Moonui	Peninsula	
22	Ozawa, Hare	North Torran	
23	Kovacs, Sarah	Santa Monica	

Event 22 Men 1600 Meter Run Varsity

	Name	School	Seed Time
1	Guzman, Alex	Redondo	
2	Matsumoto, Brandon	South Torran	
3	Luevano, Terrence	Venice	
4	Aguilar, Kris	San Pedro	
5	Capron, Andrew	Santa Monica	
6	Lopez, Andrew	Redondo	
7	Singh, Babandeeep	Culver City	
8	Ramirez, Daniel	San Pedro	
9	Zavala, Phillip	San Pedro	

Event 22 ...(Men 1600 Meter Run Varsity)

	Name	School	Seed Time
10	Cooper, Matt	Palos Verdes	

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11	Yabuta, Garrin	Peninsula
12	Cripps, Kyle	West Torrance
13	Blunt, Ira	Palisades
14	Calderon, Andrew	Santa Monica
15	Major, Brian	South Torrance
16	martinez, raul	Venice
17	Miranda-Lavertu, Niko	Peninsula
18	Park, Steven	South Torrance
19	Eure, Anthony	Carson
20	Kim, Jonathan Wonwook	Peninsula
21	Van Biezen, Austin	El Segundo
22	Johnson, Tyler	South Torrance
23	Back, Charles	Culver City
24	Becker, Alexander	Peninsula
25	Gamez, Kenny	Carson
26	Asai, Jeffrey	Culver City
27	Baldovino, Benny	Culver City
28	Leon, Fabian	Santa Monica
29	Shabsovich, David	Santa Monica
30	Ramirez, David	Santa Monica
31	Sardo, Nicholas	Santa Monica
32	Sanders, Matthew	North Torrance
33	Balogh, Harrison	Santa Monica
34	Bourne, Dylan	Culver City
35	Hernandez, Alejandro	Bishop Mntgm
36	Dunn, Andrew	Peninsula
37	Woo, Terrance	North Torrance
38	Hadley, Michael	Bishop Mntgm
39	Yamanaka, Marcus	North Torrance
40	Palmer, Glenn	North Torrance
41	Song, Steven	Bishop Mntgm
42	Blair, Andrew	Bishop Mntgm

Event 26 Men 110 Meter Hurdles Varsity
Name School Seed Time

1	Hamdan, Mohamad	Peninsula
2	Devase, Jonathan	Redondo

Event 29 Women 100 Meter Hurdles Varsity
Name School Seed Time

1	Shaffer-Del Valle, Emilia	Santa Monica
2	Pourhabib, Charity	Bishop Mntgm
3	Goluya, Christine	Torrance
4	Naghibi, Sahar	Bishop Mntgm
5	Davis, Lauren	South Torrance

Event 32 Women 400 Meter Run Varsity
Name School Seed Time

1	Yost, Krista	Bishop Mntgm
2	Galarza, Brianna	South Torrance

Event 35 Men 400 Meter Run Varsity
Name School Seed Time

1	fowler, aaron	Lawndale
2	Doke, Daniel	Palos Verdes
3	Cochrane, Dominic	South Torrance
4	Jones, Max	Mira Costa
5	miller, bret	Bishop Mntgm

6	Chikeruba, Jideofor	Redondo
7	Ong, Joseph	Peninsula
8	Sweatman, Jared	Redondo
9	Emdee, Eric	Redondo
10	McMurray, James	Carson
11	Peterson, Jeff	Mira Costa
12	Kartub, Ben	Mira Costa
13	Bantich, Colin	El Segundo
14	Gold, Jeremy Abraham	Peninsula
15	Lacombe, Tyler	Peninsula

Event 38 Women 100 Meter Dash Varsity
Name School Seed Time

1	Goldberg, Samantha	Redondo
2	Mills, Camille	Mira Costa
3	Storey, Kirah	Redondo
4	Arguello, Nazarena	El Segundo
5	Mahidashti, Monier	Redondo
6	Black, Analis	West Torrance
7	Mungoma, Delight	Bishop Mntgm
8	Wilson, Krystal	Vistamar
9	Hill, Taylor	South Torrance
10	Gutierrez, Andrea	El Segundo
11	Estrada, Isabel	Redondo

Event 41 Men 100 Meter Dash Varsity
Name School Seed Time

1	Maxwell, Byron	San Pedro
2	gray jr., eric	Lawndale
3	Harris, Tracey	Carson
4	Sico, John	South Torrance
5	Dick, Mitchell	Santa Monica
6	Escallon, Maurice	Marshall -la
7	Zaheem, Bilal	El Segundo
8	Lawler, Cameron	Redondo
9	evans, deon	Lawndale
10	Richardson, Darren	Santa Monica
11	Ong, Luke	Peninsula
12	Uhomakiki, Joshua	El Segundo
13	miller, bret	Bishop Mntgm
14	Yeung, Kevin	Peninsula
15	London, Spencer	Bishop Mntgm
16	reeves, jahad	Fairfax
17	Granone, Garrett	Torrance
18	Huynh, Peter	Marshall -la
19	Rameriz, Eric	South Torrance
20	Chute, Clayton	Mira Costa
21	Beauzil, Yves	Bishop Mntgm
22	Fader, Todd	Mira Costa
23	Cook, Casey	Redondo
24	Castro, Daniel	El Segundo
25	O'Connell, Sean	Mira Costa

Event 41 ...(Men 100 Meter Dash Varsity)
Name School Seed Time

26	Rascon-Lahr, Myles	North Torrance
27	Giovatti, Steve	Mira Costa

Event 43 Women 800 Meter Run Champ Varsity
Name School Seed Time

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1	Kim, Amy	Peninsula		8	Ludena, Nicole	South Torran	
2	Morgan, Kate	Peninsula		Event 51 Men 300 Meter Hurdles Varsity			
3	Currin, Annie	Vistamar		Name School Seed Time			
4	Farahdel, Doreen	Santa Monica		1	Harris, Michael	Torrance	
5	Martel, Kelsie	Mira Costa		2	McFarland, Scott	Peninsula	
6	Ofsanko, Caylin	South Torran		3	Marchand, Omar	Torrance	
7	Cain, Lilly	Santa Monica		4	Zein, Ramsey	Mira Costa	
8	Llosa, Montsy	Santa Monica		5	Farrow, Alex	Palos Verdes	
9	Choi, Moonui	Peninsula		6	Gysel, Matt	Palos Verdes	
10	Gwon, Eunice	Peninsula		7	Hamdan, Mohamad	Peninsula	
11	Harris, Cassie	North Torran		8	Snowiss, Jeff	South Torran	
12	Kovacs, Sarah	Santa Monica		9	Numa, Alex	Bishop Mntgm	
Event 45 Men 800 Meter Run Varsity				10	Rogers, Eli	South Torran	
	Name	School	Seed Time	11	Hubbard, Matt	Palos Verdes	
1	Nunan, Sammy	Mira Costa		12	Devase, Jonathan	Redondo	
2	Jones, Max	Mira Costa		Event 54 Women 200 Meter Dash Varsity			
3	Lipton, Josh	Venice		Name School Seed Time			
4	White, Tywon	Carson		1	Villasor, Christy	Torrance	
5	Faust, Andrew	West Torranc		2	Goldberg, Samantha	Redondo	
6	Sweatman, Jared	Redondo		3	Benson, Kirby	Mira Costa	
7	Wong, Nick	Palisades		4	Mills, Camille	Mira Costa	
8	Chikeruba, Jideofor	Redondo		5	Pourhabib, Charity	Bishop Mntgm	
9	Phillips, Hunter	Palos Verdes		6	Gutierrez, Andrea	El Segundo	
10	Capron, Andrew	Santa Monica		7	Fitzpatrick, Paige	Palos Verdes	
11	Ramillano, Michael	Torrance		8	Ramos, Ashley	Marshall -la	
12	Gonzalez, Eduardo	San Pedro		9	Dibs, Barbara	Marshall -la	
13	Echavarria, Hector	Redondo		10	Storey, Kirah	Redondo	
14	Calderon, Andrew	Santa Monica		11	Mahidashti, Monier	Redondo	
15	Toomalati, James	Carson		12	Mungoma, Delight	Bishop Mntgm	
16	Aguilar, Kris	San Pedro		13	Sun, Nikki	West Torranc	
17	Hazeltine, Andrew	Redondo		14	Hill, Taylor	South Torran	
18	Velasquez, Christian	San Pedro		15	Galarza, Brianna	South Torran	
19	Yatar, Vincent	Torrance		Event 57 Men 200 Meter Dash Varsity			
20	Guh, Kevin	Santa Monica		Name School Seed Time			
21	Dawson, Miles	West Torranc		1	Reid, Marshall	Torrance	
22	Assar, Arash	Santa Monica		2	Thompson, Micheal	North Torran	
23	Legagnoux, Tai	Santa Monica		3	Rodriguez, Eric	South Torran	
24	Back, Charles	Culver City		4	Duran, Derrick	Redondo	
25	martinez, raul	Venice		5	burrows, christian	Fairfax	
26	Gelber, Austin	Palisades		6	Bantich, Colin	El Segundo	
27	Oliva, Francisco	San Pedro		7	russell, kenny	Fairfax	
28	Asai, Jeffrey	Culver City		8	Zaheem, Bilal	El Segundo	
29	Dill, Ryan	Torrance		9	evans, deon	Lawndale	
30	Martin, Michael	Torrance		Event 57 ...(Men 200 Meter Dash Varsity)			
31	Lee, Andrew	South Torran		Name School Seed Time			
32	Baldovino, Benny	Culver City		10	Williams, Devon	Redondo	
33	Sanders, Matthew	North Torran		11	Lawler, Cameron	Redondo	
34	Anthony, Julian	West Torranc		12	Romo, Andrew	Peninsula	
35	Malone, Evan	Redondo		13	Webster, Thomas	Peninsula	
Event 48 Women 300 Meter Hurdles Varsity				14	Reid, Michael	Torrance	
	Name	School	Seed Time	15	Walton, Erik	Redondo	
1	Guererro, Jessica	Torrance		16	Sico, John	South Torran	
2	heisey, rebecca	South Torran		17	Chute, Clayton	Mira Costa	
3	Ginoza, Maggie	Mira Costa		18	gates, dylan	Mira Costa	
4	Davis, Lauren	South Torran		19	reeves, jahad	Fairfax	
5	Goluya, Christine	Torrance					
6	Pourhabib, Charity	Bishop Mntgm					
7	Naghibi, Sahar	Bishop Mntgm					

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20	Uhomakiki, Joshua	El Segundo
21	fowler, aaron	Lawndale
22	Doke, Daniel	Palos Verdes
23	Castro, Daniel	El Segundo
24	Fader, Todd	Mira Costa
25	Nursal, George	Palos Verdes
26	miller, bret	Bishop Mntgm
27	Ong, Joseph	Peninsula
28	Quintanilla, Christian	Marshall -la
29	Ong, Luke	Peninsula
30	Yeung, Kevin	Peninsula
31	Barajas, Roger	Marshall -la
32	Clarke, Joshua	El Segundo
33	Takeushi, Michael	South Torran
34	Matsumura, Mason	South Torran
35	Beauzil, Yves	Bishop Mntgm
36	London, Spencer	Bishop Mntgm
37	Numa, Alex	Bishop Mntgm
38	Allagoa, William	Redondo
39	Cook, Casey	Redondo

8	Hutt, Hayley	Palisades
9	Yaguchi, Momoko	Peninsula
10	Wilkinson, Nicole	Palos Verdes
11	Botzong, PV	Palos Verdes
12	Ly, Linda	South Torran
13	Zegarra, Antonella	Bishop Mntgm
14	Finch, Sarah	Redondo
15	Sisto, Natalie	Redondo
16	Snowden, Tyler	Bishop Mntgm
17	Navarro, Gerone	West Torranc
18	Sato, Arina	Peninsula
19	Benjeloune, Nadia	Peninsula
20	Arai, Marina	Peninsula
21	Sato, Melissa	Peninsula

Event 58 Women 3200 Meter Run Champ Varsity

	Name	School	Seed Time
1	McBride, Zoe	Santa Monica	
2	Tran, Tricia	North Torran	
3	Sandoval, Karina	Santa Monica	
4	Cain, Lilly	Santa Monica	
5	Llosa, Montsy	Santa Monica	
6	Choi, Moonui	Peninsula	
7	Gwon, Eunice	Peninsula	

Event 104 Boys Long Jump Champ F/S

	Name	School	Seed Mark
1	Rose, Troy	Narbonne	
2	Baker, Quintin	Beverly Hill	
3	Adkins, Weston	West Torranc	
4	Patrick, Ryan	Redondo	
5	Opsata, Coleman	West Torranc	
6	Li, Allen	Peninsula	
7	Santos, Aaron	Peninsula	
8	Mills, Robert	Narbonne	
9	Rall, Chase	South Torran	
10	clayton, brandon	Bishop Mntgm	
11	Song, David (Han Byul)	South Torran	
12	calderon, emmanuel	Bishop Mntgm	
13	Satow, Tyler	South Torran	
14	gajite, jonathan	Bishop Mntgm	

Event 59 Men 3200 Meter Run Champ Varsity

	Name	School	Seed Time
1	Guizar, Mike	South Torran	
2	Velasquez, Christian	San Pedro	
3	Kim, Jonathan Wonwook	Peninsula	
4	Yabuta, Garrin	Peninsula	
5	Blunt, Ira	Palisades	
6	Johnson, Tyler	South Torran	
7	Chavez, Christian	El Segundo	
8	Barrow, Tim	Mira Costa	
9	Zavala, Phillip	San Pedro	
10	Ramirez, Daniel	San Pedro	
11	Major, Brian	South Torran	
12	Cripps, Kyle	West Torranc	
13	Leon, Fabian	Santa Monica	
14	Woo, Terrance	North Torran	
15	Palmer, Glenn	North Torran	
16	Yamanaka, Marcus	North Torran	
17	Ramirez, David	Santa Monica	

Event 105 Boys Shot Put Champ F/S

	Name	School	Seed Mark
1	nunez, julio	Bishop Mntgm	
2	vigil, john	Bishop Mntgm	
3	romero, michael	Bishop Mntgm	
4	Kaskanian, Meher	North Torran	
5	Bisnecks, Alex	North Torran	
6	Hughley, Kevin	North Torran	

Event 105...(Boys Shot Put Champ F/S)

	Name	School	Seed Mark
7	Gayap, Regin	Torrance	
8	Shingarez, Daniel	Beverly Hill	

Event 108 Boys High Jump Champ F/S

	Name	School	Seed Mark
1	Lindquist, Cameron	Redondo	
2	Diamond, Jacob	Palos Verdes	
3	Li, Allen	Peninsula	
4	Esposito, Tim	Palos Verdes	

Event 103 Girls Long Jump Champ F/S

	Name	School	Seed Mark
1	Shivley, Saige	Torrance	
2	Howard, Whitney	Torrance	
3	Lee, Dani	West Torranc	
4	Davis, Maile	Palos Verdes	
5	Chalmers, Petra	Santa Monica	
6	Bato, Agathe	Torrance	
7	Kranz, Emiko	West Torranc	

Event 109 Girls High Jump Champ F/S

	Name	School	Seed Mark
1	Sato, Arina	Peninsula	
2	Morimoto, Yu	Peninsula	
3	Holt, Talula	Beverly Hill	

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4	Hower, Tara	Peninsula
5	Haughton, Cherokee	Beverly Hill
6	Bangura, Zhaklya	Beverly Hill
7	Brooks, Mya	North Torran
8	Zukerman, Austin	Palos Verdes
9	Botzong, PV	Palos Verdes
10	Sato, Melissa	Peninsula
11	Amilifitano, Amanda	South Torran
12	Aglipay, Kaela	Peninsula

Event 110 Boys Discus Throw Champ F/S
Name School Seed Mark

1	Gayap, Regin	Torrance
2	McGibbon, Austin	Palos Verdes
3	Hughley, Kevin	North Torran
4	Bisnecks, Alex	North Torran
5	Kaskanian, Meher	North Torran
6	Weaver, Brendan	Palos Verdes
7	Sabels, Josh	West Torrance
8	Saade, Christopher	Beverly Hill

Event 119 Boys 1600 Meter Run Champ F/S
Name School Seed Time

1	Kabbani, Ahmad	Redondo
2	Alexander, David	Redondo
3	Kan, Aaron	Peninsula
4	Lubs, Spencer	West Torrance
5	Falestich, Nicolai	Santa Monica
6	Fanselow, Ian	Santa Monica
7	Fontana, Arthur	Redondo
8	Habib, Jahangir	Santa Monica
9	Colbert, Timothy	El Segundo
10	Lapovich, Grant	West Torrance
11	Letwin, Luke	Palos Verdes
12	Rodgers, Zach	Redondo
13	Mittal, Sagar	West Torrance
14	Bellis, Sicoya	Santa Monica
15	Hashimoto, Micheal	Peninsula
16	Reston, Michael	Beverly Hill
17	Wolfe, Aaron	Beverly Hill
18	Matsumoto, Jay	South Torran
19	Quon, Samuel	Peninsula
20	Miller, Paul	Santa Monica
21	Nemzer, Isaac	Santa Monica
22	Cortez, Kevin	Culver City
23	Liu, Kevin	Culver City
24	Nunes, Daniel	Redondo
25	Tirumala, Shreyas	South Torran
26	Kyosuke, Kataoka	North Torran
27	Jiang, Matt	South Torran
28	Botz-Zapp, Christian	Palos Verdes
29	Marcia, Leonel	El Segundo
30	Gilmartin, Blake	West Torrance
31	Schermerhorn, Evan	Redondo
32	Bowen, Spencer	El Segundo
33	Lopez, Alain	North Torran
34	Iyob, Abu	Vistamar
35	Arias, John	North Torran
36	Sakai, Jordan	North Torran
37	Gallardo, Esias	Redondo
38	Malik, Ryan	North Torran

39	Demoner, Thomas	Palos Verdes
40	Ronkowski, Francis	Redondo
41	Kim, Peter	Palos Verdes
42	Pollock, Elliot	Santa Monica
43	Diaz, Brandon	Narbonne

Event 120 Girls 1600 Meter Run Champ F/S
Name School Seed Time

1	Strong, Alexia	West Torrance
2	Horton, Anna	South Torran
3	Eddowes, Danika	South Torran
4	Bradford, Jessica	Redondo
5	Boyle, Bridget	Redondo
6	Verduzco, Angelina	Redondo
7	Miles, Amanda	Mira Costa
8	Rodriguez, Tayler	Culver City
9	Carley, Emma	West Torrance
10	Hutchison, Rebecca	West Torrance
11	Marshall, Jenna	Redondo
12	Gelber, Mya	Redondo
13	Hsu, Isabella	Redondo
14	Khan, Fatima	Peninsula
15	Kim, Logan	Culver City
16	Kumar, Raya	Peninsula
17	Iseli, Linda	Peninsula
18	Hansen, Alexandria	Redondo
19	Watanabe, Hirari	Culver City

Event 122 Boys 110 Meter Hurdles Champ F/S
Name School Seed Time

1	Fall, Jay	Peninsula
2	Sanny, Justin	Redondo
3	Hayata, Brandon	Redondo
4	Arakaki, Marcio	West Torrance
5	Kuntz, Joshua	Peninsula

Event 122 ...(Boys 110 Meter Hurdles Champ F/S)
Name School Seed Time

6	Keliher, Ryan	Redondo
7	Rule, Garrett	Palos Verdes
8	Nicoletto, Jacob	Peninsula
9	Hayashi, Kenno	Peninsula
10	Wells, Frank	Peninsula
11	DeLeon, Jorge	Peninsula
12	Marinas, Andrew	West Torrance

Event 124 Girls 100 Meter Hurdles Champ F/S
Name School Seed Time

1	Futami, Lauren	Peninsula
2	Gonzalez Pruitt, Leslie Da	Peninsula
3	Unverzagt, Nico	West Torrance
4	Smith, Sierra	Bishop Mntgm
5	Suh, Ellen	Peninsula
6	Campbell, Allie	Mira Costa
7	Smith, Courtney	South Torran
8	Dutra, Franshesica	Mira Costa

Event 126 Boys 400 Meter Dash Champ F/S
Name School Seed Time

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1	Doster, Darius	Narbonne
2	O'Neill, Michael	Redondo
3	White, Kevin	Redondo
4	osconovich, pj	Mira Costa
5	Kim, Preston	Santa Monica
6	Newman, Tyler	Palisades
7	Kuo, Issaac	Peninsula
8	Cephas, Marston	Santa Monica
9	Castro, Mario	El Segundo
10	Qualls, Kevin	El Segundo
11	Mills, Robert	Narbonne
12	Young, Skyler	Santa Monica
13	Tojo, Haruki	Peninsula
14	Pond, Sam	Palos Verdes
15	Love, Sebastian	Mira Costa
16	DeMel, Srimal	South Torran
17	Rivas, Miguel	Peninsula
18	Block, Joshua	Mira Costa
19	Kim, Justin	North Torran
20	Young, TJ	North Torran
21	Hirata, Derek	Peninsula
22	Rodd, Jordan	Beverly Hill
23	gonzalez, anthony	Lawndale
24	Mobisher, Ramtin	Beverly Hill
25	Castellanos, Brandon	North Torran
26	clayton, brandon	Bishop Mntgm
27	Hughley, Kevin	North Torran
28	Matsudo, Kenny	North Torran
29	Simpson, Ryan	North Torran
30	Llorens, Patrick	North Torran
31	Portillo, Elmer	Vistamar
32	Jernigan, Grayson	Vistamar

Event 127 Girls 400 Meter Dash Champ F/S

Name	School	Seed Time
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1	Panza, Mikaela	Palisades
2	Hutt, Hayley	Palisades
3	Chamndany, Shikera	Palisades
4	Vazina, Holly	El Segundo
5	Garza, Hannah	El Segundo
6	Smith, Sydney	Peninsula
7	Riedl, Anna	Peninsula
8	Cooper, Kennedi	Carson
9	Metcalfe, Paige	Redondo
10	Gratz, Carmen	Beverly Hill
11	O, Breanna	Narbonne
12	Latif, Amani	El Segundo
13	Lloja, Allyssa	Mira Costa
14	Chalmers, Petra	Santa Monica
15	Perez, Carmen	Beverly Hill
16	Oster, Nicole	Mira Costa
17	Matthews, Ravelle	Peninsula
18	Weltman, Deborah	Peninsula
19	Gantner, Zoe	Redondo
20	Chin, Sabrina	Redondo
21	Matta, Roxanne	Palos Verdes
22	Kaufman, Sierra	Redondo
23	Gamboa, Ariana	El Segundo
24	Wu, Tiffany	Peninsula
25	Mehranbod, Claudia-Rose	Redondo
26	Kane, Megan	West Torranc

27	Howard, Whitney	Torrance
28	Sisto, Natalie	Redondo
29	Suh, Ellen	Peninsula
30	khar, kristen	South Torran
31	Jimenez, Ashley	Vistamar
32	Cane, Maddie	Vistamar

Event 130 Boys 100 Meter Dash Champ F/S

Name	School	Seed Time
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1	lewis jr., jason	Fairfax
2	fong, chris	Mira Costa
3	Rose, Troy	Narbonne
4	Hakimianpour, Omeed	Beverly Hill
5	Lee, Paul	North Torran
6	Lee, Micheal	North Torran
7	Bae, John	Peninsula
8	De La Torre, Erik	Bishop Mntgm
9	Oda, Ben	Peninsula
10	Roh, Joesph	North Torran
11	reese, ilyea	Mira Costa
12	Morris, Willam	North Torran
13	Forbin, Arys	Redondo
14	Patrick, Ryan	Redondo
15	Loredo, Gefen	Beverly Hill
16	haggood, braxton	Bishop Mntgm
17	Mills, Brandon	Mira Costa
18	Odusanya, David	Peninsula

Event 130 ...(Boys 100 Meter Dash Champ F/S)

Name	School	Seed Time
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19	Abjelina, Kyle	Peninsula
20	herring, myles	Lawndale
21	Garcia, Andrew	Palos Verdes
22	Low, Christopher	Peninsula
23	Logan, Justin	Beverly Hill
24	Banuilos, Chris	West Torranc
25	Sampson, PV	Palos Verdes
26	Scolinos, Will	Palos Verdes
27	Maldonado, Pedro	Bishop Mntgm
28	bailey, greg	Lawndale
29	Choi, Joseph	South Torran
30	Warner, Tanner	Mira Costa
31	Kusakabe, Taiki	Peninsula
32	Hoffman, Christian	South Torran
33	Alejo, Jordan	Redondo

Event 131 Girls 100 Meter Dash Invite F/S

Name	School	Seed Time
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1	Smith, Sydney	Peninsula
2	Loggins, Taylor	Bishop Mntgm
3	Wilkinson, Nicole	Palos Verdes
4	McCowan, Jordan	Palisades
5	Chalmers, Petra	Santa Monica
6	Aube, Kaitlann	Peninsula
7	Langford, Leah	Redondo
8	McMillian, Imani	Bishop Mntgm
9	Tyler, Shakura	Warren
10	Quesada, Brianna	Warren
11	Glusac, Katie	El Segundo
12	Thomas, Ariel	Warren
13	bennett, london	Bishop Mntgm

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Alternate List

14	Tate, Adreese	Santa Monica
15	Saldin, Tamiko	El Segundo
16	keaton, quinci	Bishop Mntgm
17	Vega, Natasha	Mira Costa
18	Fischer, Nicole	Mira Costa
19	Corruth, Roybn	Mira Costa
20	allohn, dela	Bishop Mntgm
21	Orseth, Kelsey	El Segundo
22	maxey, milan	Bishop Mntgm
23	Lazaro, Gina	Torrance
24	Bailey, Messiah	Santa Monica
25	Jones, Justice	Beverly Hill
26	Agaba, Fasiat	Beverly Hill
27	Holt, Talula	Beverly Hill
28	Meraz, Dory	Santa Monica
29	Furtado, Melissa	South Torran
30	Feigleman, Laura	Mira Costa
31	Sears, Alexis	Peninsula
32	Canister, Aiyana	South Torran
33	Griffin, Kayla	Warren
34	Nabeshima, Marine	South Torran
35	Jones, Joanna	Torrance
36	Nicles, Anna	South Torran
37	Hearn, Kayla	West Torranc
38	Uechi, Emiko	Torrance
39	Lopez, Jessica	Torrance
40	Ochoa, Araceli	Warren
41	Gutierrez, Vanessa	South Torran
42	Abiedu, Ani	Vistamar
43	Tobin, malissa	South Torran
44	Brooks, Nia	Vistamar

Event 134 Boys 800 Meter Run Champ F/S

Name	School	Seed Time
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1	Ohmstede, J.C	Mira Costa
2	Heyl, Robert	Culver City
3	Defroe, Johnny	Carson
4	Panaligan, Bryan	Carson
5	Cineus, Jamill	Beverly Hill
6	Mushaney, Robert	Redondo
7	Schrivier, Kyle	Palisades
8	Parra, Oscar	Venice
9	Gilmartin, Blake	West Torranc
10	Alexander, David	Redondo
11	Kyosuke, Kataoka	North Torran
12	Cortez, Kevin	Culver City
13	Amaya, Christia	Palisades
14	Ben-Dayan, Nadav	Vistamar
15	Brothers, Ben	Palos Verdes
16	Sakai, Jordan	North Torran
17	Nicks, Samuel	Redondo
18	Arias, John	North Torran
19	Nunes, Daniel	Redondo
20	Hanson, Aric	Redondo
21	Matsumoto, Jay	South Torran
22	gonzalez, anthony	Lawndale
23	Pallegedara, Kosala	West Torranc
24	Eddowes, Andres	South Torran
25	Jiang, Matt	South Torran
26	Iyob, Abu	Vistamar
27	Lapovich, Grant	West Torranc
28	Mittal, Sagar	West Torranc

29	Flores, Collin	Palos Verdes
30	Park, Brian	Torrance
31	Sturm, Obin	Santa Monica

Event 135 Girls 800 Meter Run Champ F/S

Name	School	Seed Time
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1	Almeida, Cali	South Torran
2	Polhill, Lucy	Palisades
3	Leventen, Cameron	Santa Monica
4	Marcus, Colleen	El Segundo
5	Griffith, Tara	Santa Monica
6	Gold, Vera	Redondo
7	Saavedra, Kira	Warren
8	Deflugt, Rajana	Carson
9	Merkens, Monica	Mira Costa
10	Lamori, Jennifer	Santa Monica
11	Byrne, Riley	Santa Monica

Event 135...(Girls 800 Meter Run Champ F/S)

Name	School	Seed Time
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12	Welzel, Allie	Mira Costa
13	Zendeas, Amanda	Mira Costa
14	Ast, Laurel	Peninsula
15	Marshall, McKenna	Palos Verdes
16	Gelber, Mya	Redondo
17	Marshall, Jenna	Redondo
18	Weltman, Deborah	Peninsula
19	Iseli, Linda	Peninsula
20	Perez, Brisa	West Torranc
21	Kane, Megan	West Torranc
22	D'Andrea, Quinn	Santa Monica
23	Kohanzadeh, Hannah	Santa Monica
24	Maeda, Nicole	Mira Costa
25	Kumar, Raya	Peninsula
26	Lee, DeEun	Beverly Hill
27	Bradford, Jessica	Redondo
28	Kim, Logan	Culver City
29	Cane, Maddie	Vistamar
30	Caron, Zoe	Palos Verdes
31	Gantner, Zoe	Redondo
32	Rodriguez, Tayler	Culver City
33	Santy, Eva	South Torran
34	Denyer, Poppy	Santa Monica
35	Khan, Fatima	Peninsula
36	Asilnejad, Brenda	Santa Monica
37	Carey, Sydney	Redondo
38	Arinze, Somtoya	Redondo
39	Torres, Crystal	Warren
40	Wyatt, Melandie	North Torran
41	Canning, Kia	Santa Monica
42	Hanson, Alex	Mira Costa
43	Ortiz, Adriana	Mira Costa
44	Kiekhofer, Phoebe	Santa Monica
45	Hansen, Alexandria	Redondo
46	Rothman, Marissa	Beverly Hill
47	Ibayashi, Aya	West Torranc
48	Jimenez, Ashley	Vistamar
49	Watanabe, Hirari	Culver City

Event 137 Girls 300 Meter Hurdles Champ F/S

Name	School	Seed Time
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Alternate List

1	Dutko, Natasha	South Torran
2	Power, Kalea	Palisades
3	Campbell, Allie	Mira Costa
4	Unverzagt, Nico	West Torranc
5	Snowden, Tyler	Bishop Mntgm
6	Campos, Melissa	Warren
7	Taylor, Kamara	Carson
8	Ma, Jillene	Peninsula
9	Gadsby-Connick, Isabel	Santa Monica
10	Sarmiento, Katrina	Bishop Mntgm
11	Futami, Lauren	Peninsula
12	Finch, Sarah	Redondo
13	Bitten, Tina	South Torran
14	Dutra, Franshesica	Mira Costa
15	Gonzalez Pruitt, Leslie Da	Peninsula
16	Smith, Courtney	South Torran
17	Bocq, Pilar	Beverly Hill
18	Hashemi, Leili	Beverly Hill
19	Suh, Ellen	Peninsula
20	Abraham, Danielle	Bishop Mntgm
21	Smith, Sierra	Bishop Mntgm
22	brittnum, E'Aren	Bishop Mntgm

Event 139 Boys 300 Meter Hurdles Champ F/S

	Name	School	Seed Time
1	Hayashi, Kenno	Peninsula	
2	Garza, Joshua	North Torran	
3	Johnson, Zach	Mira Costa	
4	Sanny, Justin	Redondo	
5	Hayata, Brandon	Redondo	
6	Nakamoto, Spencer	South Torran	
7	Rule, Garrett	Palos Verdes	
8	Kuntz, Joshua	Peninsula	
9	Nicolello, Jacob	Peninsula	
10	Wells, Frank	Peninsula	
11	Cuenca, Juan	Narbonne	
12	DeLeon, Jorge	Peninsula	
13	Marinas, Andrew	West Torranc	
14	Carlson, PV	Palos Verdes	
15	Lee, Jun	West Torranc	
16	Keliher, Ryan	Redondo	
17	Sands, Nicolas	Beverly Hill	
18	Lavian, Daniel	Beverly Hill	
19	Moradzadeh, Andrew	Beverly Hill	

Event 142 Boys 200 Meter Dash Champ F/S

	Name	School	Seed Time
1	parker, bijon	Fairfax	
2	Garcia, Andrew	Palos Verdes	
3	Scolinos, Will	Palos Verdes	
4	Bae, John	Peninsula	
5	Hakimianpour, Omeed	Beverly Hill	
6	Morgan, Robert	Narbonne	
7	Helm, Connor	Palos Verdes	
8	Kimura, Ryota	Peninsula	
9	Patrick, Ryan	Redondo	
10	Kim, Preston	Santa Monica	
11	reese, ilyea	Mira Costa	
12	Caldwell, Jake	Santa Monica	
13	Ingram, Will	Palisades	
14	Washington, Nathan	Santa Monica	

15	Cephas, Marston	Santa Monica
16	Johnson, DaMonta	Torrance
17	lewis jr., jason	Fairfax
18	herring, myles	Lawndale
19	bailey, greg	Lawndale
20	Heard, John	Torrance
21	Banuilos, Chris	West Torranc
22	Toobi, Jeffrey	Beverly Hill

Event 142 ... (Boys 200 Meter Dash Champ F/S)

	Name	School	Seed Time
23	Mills, Brandon	Mira Costa	
24	Doster, Darrius	Narbonne	
25	Sinclair, Justin	Palisades	
26	Nishida, Michael	Peninsula	
27	Kuo, Issaac	Peninsula	
28	Young, TJ	North Torran	
29	Batalla, Elias	Santa Monica	
30	Matsudo, Kenny	North Torran	
31	Forbin, Arys	Redondo	
32	Llorens, Patrick	North Torran	
33	Oda, Ben	Peninsula	
34	Simpson, Ryan	North Torran	
35	clayton, brandon	Bishop Mntgm	
36	Odusanya, David	Peninsula	
37	Low, Christopher	Peninsula	
38	Choi, Joseph	South Torran	
39	Oregel, Anthony	South Torran	
40	Logan, Justin	Beverly Hill	
41	Roh, Joesph	North Torran	
42	Alejo, Jordan	Redondo	
43	Bornino, Jonathan	South Torran	
44	DeMel, Srimal	South Torran	
45	haggood, braxton	Bishop Mntgm	
46	Chen, Andy	Redondo	
47	Miller, Kamal	Torrance	
48	Hoffman, Christian	South Torran	
49	Ellis, Clayton	Bishop Mntgm	

Event 143 Girls 200 Meter Dash Champ F/S

	Name	School	Seed Time
1	Johnson, Imani	Carson	
2	Taylor, Kamara	Carson	
3	Barden, Ashley	El Segundo	
4	Gamboa, Ariana	El Segundo	
5	Cooper, Kennedi	Carson	
6	DeYoung, Taylor	Santa Monica	
7	Araque, Amanda	El Segundo	
8	Nauden, Taylor	Narbonne	
9	Cochrane, Brianna	El Segundo	
10	Rust, Elena	Beverly Hill	
11	Cortez, Charlene	Warren	
12	Carriger, Noelle	West Torranc	
13	Ford, Nicole	San Pedro	
14	Kivuls, Kristine	Palos Verdes	
15	Sartini, Savannah	Mira Costa	
16	Vazquez, Elsa	Warren	
17	McKeegan, Mandy	Mira Costa	
18	Tyler, Shakura	Warren	
19	Chalmers, Petra	Santa Monica	
20	Thomas, Ariel	Warren	
21	Durko, Avery	Palos Verdes	

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22	Wilkinson, Nicole	Palos Verdes			
23	Barnes, Kiera	Narbonne			
24	Powell, Nicole	Bishop Mntgm	11	Matsumoto, Jay	South Torran
25	O, Maya	Narbonne	12	Tirumala, Shreyas	South Torran
26	Vlahakis, Randie	Redondo	13	Jiang, Matt	South Torran
27	Latif, Amani	El Segundo	14	Moran, Bryan	South Torran
28	Effle, Kaitlin	Warren	15	Kobayashi, Ryan	Palos Verdes
29	Langford, Leah	Redondo	16	Ronkowski, Francis	Redondo
30	francis, angela	Bishop Mntgm	17	Malik, Ryan	North Torran
31	Matthews, Ravelle	Peninsula	18	Deng, Eriq	Redondo
32	Hearn, Kayla	West Torranc	19	Cortez, Jose	Narbonne
33	Agaba, Fasiat	Beverly Hill	20	Diaz, Brandon	Narbonne
34	sackley, shannon	Mira Costa			
35	Fischer, Nicole	Mira Costa			
36	Uy, Angelica	West Torranc			
37	allohn, dela	Bishop Mntgm			
38	Corruth, Roybn	Mira Costa			
39	Matta, Roxanne	Palos Verdes			
40	Loggins, Taylor	Bishop Mntgm			
41	Patterson, Sarah	Beverly Hill			
42	Navarro, Gerone	West Torranc			
43	Canister, Aiyana	South Torran			
44	Nicles, Anna	South Torran			
45	McMillian, Imani	Bishop Mntgm			
46	Lazaro, Gina	Torrance			
47	Jones, Joanna	Torrance			
48	Uechi, Emiko	Torrance			
49	Lopez, Jessica	Torrance			
50	Tobin, malissa	South Torran			
51	Abiedu, Ani	Vistamar			
52	khar, kristen	South Torran			

Event 145 Girls 3200 Meter Run F/S

	Name	School	Seed Time
1	Kiekhofer, Rachel	Santa Monica	
2	Eddowes, Danika	South Torran	
3	Griffith, Tara	Santa Monica	
4	Ast, Laurel	Peninsula	
5	Rawn, Kylie	Palisades	
6	D'Andrea, Quinn	Santa Monica	
7	Iseli, Linda	Peninsula	
8	Khan, Fatima	Peninsula	
9	Lytle, Brianna	North Torran	
10	Kumar, Raya	Peninsula	
11	Thordarson, Kirstin	Peninsula	
12	Balasbas, Kirra	North Torran	

Event 146 Boys 3200 Meter Run F/S

	Name	School	Seed Time
1	Johnson, Justin	Palos Verdes	
2	Sakai, Jordan	North Torran	
3	Forsythe, Conor	El Segundo	
4	Kan, Aaron	Peninsula	
5	Ben-Dayam, Nadav	Vistamar	
6	Paulson, Drew	Palos Verdes	
7	Liu, Kevin	Culver City	
8	Jones, Ian	Palos Verdes	
9	Iyob, Abu	Vistamar	
10	Fazio, RJ	Palos Verdes	

Event 146 ...(Boys 3200 Meter Run F/S)

	Name	School	Seed Time
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