

Event 1 Boys 4x100 Meter Relay Frosh/Soph - 3:00 PM

School	Seed	Finals
Section 1 Timed Finals		
3 Palos Verdes	49.00	
1) Andrew Garcia 9	2) Will Scolinos 9	
3) Grant Sampson 9	4) Connor Helm 10	
4 Redondo	46.61	
1) Ryan Patrick 9	2) Antony Nasrollahy 9	
3) Christopher Ward 9	4) Michael O'Neill 9	
5 Mira Costa	45.80	
1) Andrew Booras 10	2) chris fong 9	
3) Brandon Mills 9	4) Americo Sam 9	
6 Peninsula	45.85	
1) Michael Nishida 9	2) Issaac Kuo 10	
3) John Bae 9	4) Ryan Sawelson 10	
7 Leuzinger	46.77	
1) Eric Childress 10	2) Diontay Welch 10	
3) Michael McMillan 10	4) Rodney Martin 10	

Event 2 Girls 4x100 Meter Relay Frosh/Soph 3:00 PM

School	Seed	Finals
Section 1 Timed Finals		
3 Redondo	54.51	
1) Leah Langford 10	2) Sadie Kimbro 10	
3) Randie Vlahakis 10	4) Paige Metcalfe 10	
4 Palos Verdes	52.78	
1) Taylor Gilbertson 9	2) Maile Ryant 9	
3) Khalia Taylor 9	4) Nicole Wilkinson 9	
5 Peninsula	51.90	
1) Rachel Ford 10	2) Vanessa Mercurio 10	
3) Anna Riedl 9	4) Kaitlann Aube 9	
6 Mira Costa	52.50	
1) Natasha Vega 9	2) Mandy McKeegan 9	
3) Allyssa Lloja 10	4) Savannah Sartini 9	
7 West Torrance	53.00	
1) Tiffany Nguyen 9	2) Kayla Hearn 9	
3) Dani Lee 10	4) Ayumi Yuki 9	

Event 3 Girls 4x100 Meter Relay Varsity 3:00 PM

School	Seed	Finals
Section 1 Timed Finals		
4 Palos Verdes	51.00	
1) Kelly Wong 12	2) Candace Johnson 9	
3) Amy Letwin 12	4) Megan Wooley 10	
5 Redondo	49.24	
1) Kayla Patterson 11	2) Ruby Davis 12	
3) Haley Miller 11	4) Shelby Bassman 10	
6 Mira Costa	49.97	
1) Taylor Foland 10	2) Kirby Benson 10	
3) Camille Mills 9	4) Ashlee Dotson 11	
7 Peninsula	51.30	
1) Kaylyn Taylor 10	2) Caitlin Evans 11	
3) Erin Sledge 11	4) Bria Solomon 11	

Event 4 Boys 4x100 Meter Relay Varsity 3:00 PM

School	Seed	Finals
Section 1 Timed Finals		
3 Palos Verdes	47.50	
1) Daniel Doke 12	2) Ql'Marth Ghaemi 12	
3) Alex Farrow 11	4) George Nursal 12	
4 West Torrance	44.00	
1) Nicky Roos 11	2) Brian Bristo 11	
3) Connor Holubets 11	4) David LaPorte 11	
5 Peninsula	42.60	
1) Gregory Francis Wang 12	2) Okuoma Idah 11	
3) Victor Woo 12	4) Brailon Dylan Brown 12	
6 Redondo	43.91	
1) Sean Towns 12	2) Daryl Thomas 12	
3) Casey Cook 11	4) Christian Bassman 12	
7 Leuzinger	44.03	
1) Jahari Benson 12	2) Lorenzo Patton 10	
3) Courtney Crockett 11	4) Taevion Morris 12	

Event 5 Boys 1600 Meter Run Frosh/Soph

Name	Year School	Seed	relim Time
12 Advance: Top 3 Each Heat plus Next 6 Best Times			
Heat 1 Prelims			
1 William Tait	9 Redondo	4:32.94	
2 Miles Irish	9 Palos Verdes	4:37.30	
3 Tewodros Kassa	10 West Torranc	4:37.60	
4 Lucas Robinson	9 Palos Verdes	4:45.00	
5 Hayden Hinsch	10 Peninsula	4:47.00	
6 Alexander Mendoza	9 Peninsula	4:52.00	
7 Tomohiro Yamaya	9 Redondo	4:52.00	
8 Takehiro Yamaya	9 Redondo	4:59.00	
9 Nicholas Wells	9 Redondo	5:01.83	
10 Nicholas Amorelli	9 Redondo	5:06.41	
11 Tarik Snyder	9 Palos Verdes	5:07.30	
12 Aaron Kan	9 Peninsula	5:10.00	
13 Grant Lapovich	10 West Torranc	5:15.00	
14 Ben Brothers	9 Palos Verdes	5:16.50	
15 Drew Paulson	9 Palos Verdes	5:23.50	
Heat 2 Prelims			
1 Michael Nakahara	10 West Torranc	4:37.00	
2 Niko Pappas	9 Mira Costa	4:37.00	
3 Dustin Herold	9 Redondo	4:39.42	
4 Justin MacDonald	10 Mira Costa	4:45.00	
5 Tyler shalvarjian	10 Mira Costa	4:50.00	
6 Oscar Chacon	9 Peninsula	4:51.00	
7 J.C Ohmstede	9 Mira Costa	4:56.70	
8 Ryan Beall	10 Palos Verdes	4:57.60	
9 Nicholas Meyers	10 Peninsula	5:02.00	
10 Michael Goldberg	10 Mira Costa	5:03.50	
11 Arthur Fontana	10 Redondo	5:08.12	
12 Robert Mushaney	10 Redondo	5:08.97	

13 Sagar Mittal	9 West Torranc	5:15.00
14 Luke Letwin	9 Palos Verdes	5:16.30
15 Ian Jones	9 Palos Verdes	5:30.60
16 Alejandro Pena	9 Leuzinger	6:48.00

Event 6 Girls 1600 Meter Run Frosh/Soph

Name	Year School	Seed	relim Time
12 Advance: Top 3 Each Heat plus Next 6 Best Times			
Heat 1 Prelims			
1 Olivia Quan	10 Peninsula	5:20.00	
2 Hannah Griffie	9 West Torranc	5:31.00	
3 Jackie Rodriguez	10 West Torranc	5:33.00	
4 Yvette Sandoval	10 Mira Costa	5:37.00	
5 Mady Decker	9 Palos Verdes	5:37.90	
6 Lauren Inouye	10 Mira Costa	5:42.00	
7 Kellie Jeong	11 Mira Costa	5:44.00	
8 Roxy Laveaga	9 West Torranc	5:45.00	
9 Makenzie Jordan	10 Peninsula	5:45.28	
10 Vera Gold	9 Redondo	5:59.39	
11 Lara Jolicoeur	9 Redondo	5:59.54	
12 Bridget Boyle	9 Redondo	6:10.11	
13 Jessica Bradford	9 Redondo	6:12.11	
14 Rebecca Hutchison	9 West Torranc	6:16.00	
15 Isabella Hsu	9 Redondo	6:18.11	
16 Raya Kumar	9 Peninsula	6:26.00	
17 Siena Hsu	9 Redondo	6:28.00	
Heat 2 Prelims			
1 Abby Hong	9 Mira Costa	5:21.00	
2 Michelle Kagei	10 Palos Verdes	5:25.10	
3 Sarah Locke-Henderson	10 Mira Costa	5:34.00	
4 Alyssa Desmond	10 West Torranc	5:35.00	
5 Angela Sloss	10 West Torranc	5:38.00	
6 Mikela Bettes	9 Redondo	5:39.78	
7 Michelle Cohen	10 Palos Verdes	5:44.10	
8 Susie Hong	9 West Torranc	5:44.45	
9 Elizabeth Stantley	10 Palos Verdes	5:45.50	
10 Skylar Thiel	9 Palos Verdes	5:52.70	
11 Ruth Barry	10 Redondo	5:59.74	
12 Kathrine Duan	10 West Torranc	6:06.00	
13 Jenna Marshall	9 Redondo	6:12.87	
14 Emma Carley	9 West Torranc	6:15.00	
15 Aya Ibayashi	9 West Torranc	6:23.00	
16 Fatima Khan	9 Peninsula	6:23.00	
17 Linda Iseli	9 Peninsula	6:30.75	

Event 7 Girls 1600 Meter Run Varsity

Name	Year School	Seed	relim Time
12 Advance: Top 3 Each Heat plus Next 6 Best Times			
Heat 1 Prelims			
1 Lyndsey Mull	11 Redondo	4:53.49	
2 Cara Ulizio	10 Redondo	5:01.37	
3 Rebecca Mehra	11 Palos Verdes	5:02.00	

4 Shannon Hagedorn	12 Mira Costa	5:13.00
5 Jenna Tong	11 Mira Costa	5:13.00
6 Anique Villegas	11 Redondo	5:15.53
7 Vivien Cherrette	11 Mira Costa	5:26.00
8 Kate Morgan	11 Peninsula	5:58.00
9 Amy Kim	11 Peninsula	5:58.00
10 Keri Manger	11 Palos Verdes	6:11.50
11 Nohemi Lazaro	12 Leuzinger	6:25.00

Heat 2 Prelims

1 Erica Capellino	12 Palos Verdes	4:54.30
2 Aryn Foland	12 Mira Costa	5:01.00
3 Rachel Bush	11 Redondo	5:04.00
4 Laura O'Neill	11 Redondo	5:06.11
5 Kelli Sugimoto	11 Mira Costa	5:14.00
6 Savannah Pio	12 Mira Costa	5:15.00
7 alison levy	12 West Torranc	5:28.66
8 Pamela Sherman	12 Redondo	5:55.00
9 Lisa Inoue	11 Redondo	6:01.22
10 Caitlin Parke	12 Palos Verdes	6:02.10
11 Eunice Gwon	11 Peninsula	6:30.75
12 Moonui Choi	11 Peninsula	6:52.82

Event 8 Boys 1600 Meter Run Varsity

12 Advance: Top 3 Each Heat plus Next 6 Best Times

Monday 5/2/2011 - 2:30 PM

Name Year School Seed relim Time

Heat 1 Prelims

1 Justin Unno	11 Palos Verdes	4:18.68
2 Brett Douville	12 Mira Costa	4:25.00
3 Reo Miranda-Lavertu	11 Peninsula	4:26.78
4 Stephen Sansom	10 Peninsula	4:33.00
5 Andrew Palosaari	11 Peninsula	4:34.60
6 Brennan Megeff	10 Peninsula	4:41.00
7 Alex Guzman	11 Redondo	4:42.01
8 Daniel Ramos	12 Mira Costa	4:45.00
9 Connor Parker	10 Palos Verdes	4:45.70
10 Matt Cooper	12 Palos Verdes	4:50.20
11 Andrew Lopez	11 Redondo	4:51.02
12 Robin Janotta	11 Mira Costa	5:00.00
13 Julian Anthony	11 West Torranc	5:18.00

Heat 2 Prelims

1 Evan Malone	10 Redondo	4:19.23
2 Dezhan Bland	12 Redondo	4:22.50
3 Garrett Klatter	10 Redondo	4:28.28
4 Adam Perez	11 Mira Costa	4:30.00
5 Miles Blum	11 West Torranc	4:35.00
6 Aaron Christopher Smith	12 Peninsula	4:36.00
7 Gabriel Michaels	11 Peninsula	4:43.00
8 zach adler	11 Mira Costa	4:45.00
9 Nick Steinke	12 Redondo	4:46.71
10 Pablo Diaz	11 Mira Costa	4:49.00
11 Taylor Uyama	12 West Torranc	4:55.00
12 Nate Parke	10 Palos Verdes	4:57.50

Event 9 Boys 110 Meter Hurdles Frosh/Soph

9 Advance: Top 2 Each Heat plus Next 5 Best Times

Name Year School Seed relim Time

Heat 1 Prelims

1 Jay Fall	10 Peninsula	20.20
2 Garrett Rule	10 Palos Verdes	21.00
3 Justin Sanny	10 Redondo	19.14
4 Sam Bodin	9 Redondo	17.50
5 Ryan Keliher	9 Redondo	19.74
6 Jun Lee	10 West Torranc	19.80
7 Jacob Nicoello	9 Peninsula	21.07
8 Andrew Marinas	10 West Torranc	20.04
9 David Hilton	9 Mira Costa	19.10

Heat 2 Prelims

1 Rodney Martin	10 Leuzinger	19.80
2 Andrew Booras	10 Mira Costa	18.60
3 Edwin Jacobson	9 Peninsula	19.67
4 Zach Johnson	9 Mira Costa	18.70
5 Kenno Hayashi	9 Peninsula	21.00
6 Marcio Arakaki	10 West Torranc	19.57
7 Griffen Kabus	9 Mira Costa	19.80
8 Joshua Kuntz	9 Peninsula	20.90

Event 10 Boys 110 Meter Hurdles Varsity

9 Advance: Top 2 Each Heat plus Next 5 Best Times

Name Year School Seed relim Time

Heat 1 Prelims

1 Scott McFarland	11 Peninsula	18.00
2 Brendan Weaver	10 Palos Verdes	15.35
3 Mohamad Hamdan	11 Peninsula	18.50
4 Tommy Lastrapa	11 Mira Costa	16.10
5 kyle hubbard	11 Mira Costa	15.30
6 david salvay	11 Peninsula	17.45
7 Ben McLaughlin	11 Redondo	16.12
8 ryan hornstra	12 Mira Costa	15.90
9 corbin gates	11 Mira Costa	15.70

Heat 2 Prelims

1 Walter Woo	12 Peninsula	17.41
2 Emmett Werner-Longo	11 Redondo	15.90
3 Ramsey Zein	11 Mira Costa	16.90
4 Gregory Francis Wang	12 Peninsula	15.59
5 Matt Hubbard	11 Palos Verdes	20.00
6 Alex Farrow	11 Palos Verdes	18.00
7 Jonathan Devase	12 Redondo	18.50
8 Matt Gysel	11 Palos Verdes	18.50
9 Anthony Ezeakunne	12 West Torranc	14.80

Event 11 Girls 100 Meter Hurdles Frosh/Soph

9 Advance: Top 2 Each Heat plus Next 5 Best Times

Name Year School Seed relim Time

Heat 1 Prelims

2 Leslie Daniela Gonzalez Prui	10 Peninsula	20.00
3 Franshesica Dutra	9 Mira Costa	20.10
4 Lauren Futami	9 Peninsula	18.92
5 Erika Woo	10 Peninsula	18.55
6 Sadie Kimbro	10 Redondo	17.40
7 Jillene Ma	10 Peninsula	18.60

Heat 2 Prelims

2 Allison Grande	10 Mira Costa	18.70
3 Maile Davis	9 Palos Verdes	18.20
4 Ellen Suh	10 Peninsula	21.00
5 Anna Gurevich	10 Peninsula	18.50
6 Allie Campbell	10 Mira Costa	20.20
7 Nico Unverzagt	9 West Torranc	20.30

Event 12 Girls 100 Meter Hurdles Varsity

9 Advance: Top 2 Each Heat plus Next 5 Best Times

Name Year School Seed relim Time

Heat 1 Prelims

1 Michele Ashley Charles	12 Peninsula	16.75
2 Carly Montan	11 Mira Costa	18.10
3 Aundrea Yancy	12 Redondo	15.31
4 Megan Mills	11 Mira Costa	19.50
5 Alex Stills	12 Mira Costa	17.50
6 Kaylyn J. Kim	11 Peninsula	21.99
7 Michelle Mendoza	12 West Torranc	18.70
8 Caitlin Evans	11 Peninsula	18.50
9 Shontalene Trudeau	11 West Torranc	18.69

Heat 2 Prelims

1 Nina Farentinos	11 West Torranc	18.51
2 Julie Tra	11 Palos Verdes	19.10
3 Acacia Moore	11 Mira Costa	15.90
4 Erin Burgos	11 Peninsula	18.00
5 Jenicie Thomas	11 Redondo	17.91
6 Christy Poropat	12 Palos Verdes	15.90
7 Maggie Ginoza	11 Mira Costa	18.80
8 Annika Curren	11 Palos Verdes	18.50

Event 13 Boys 400 Meter Run Frosh/Soph

9 Advance: Top 2 Each Heat plus Next 5 Best Times

Monday 5/2/2011 - 2:30 PM

Name Year School Seed relim Time

Heat 1 Prelims

1 Anthony Alvarado	9 Palos Verdes	59.00
2 Joshua Block	9 Mira Costa	58.00
3 Taiki Kusakabe	9 Peninsula	56.50
4 Ryota Kimura	9 Peninsula	55.13
5 Sam Pond	10 Palos Verdes	56.50
6 Isaiah Madison	10 Redondo	54.62

7 Sebastian Love	9 Mira Costa	57.50
8 Christopher Ward	9 Redondo	55.20
9 Derek Hirata	10 Peninsula	58.86
Heat 2 Prelims		
1 Michael O'Neill	9 Redondo	55.31
2 Ahmad Kabbani	9 Redondo	54.97
3 Christopher Low	10 Peninsula	58.00
4 Tanner Warner	9 Mira Costa	58.70
5 Chris Morton	9 Palos Verdes	59.00
6 pj osconovich	9 Mira Costa	55.90
7 Antony Nasrollahy	9 Redondo	54.80
8 Haruki Tojo	9 Peninsula	57.22
9 Nick Miller	9 Mira Costa	57.30

Event 14 Girls 400 Meter Run Frosh/Soph
 9 Advance: Top 2 Each Heat plus Next 3 Best Times
 Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed relim Time
Heat 1 Prelims		
2 Kaela Hornstra	9 Mira Costa	1:04.22
3 Noelle Carriger	9 West Torranc	1:04.29
4 Ayumi Yuki	9 West Torranc	1:01.50
5 Natalie Sisto	9 Redondo	1:10.30
6 Deborah Weltman	10 Peninsula	1:08.10
7 Nicole Oster	9 Mira Costa	1:10.00
8 Sierra Kaufman	10 Redondo	1:08.66

Heat 2 Prelims		
2 Sarah Finch	10 Redondo	1:09.10
3 Ellen Suh	10 Peninsula	1:12.00
4 Anna Riedl	9 Peninsula	1:05.03
5 Lara Jolicoeur	9 Redondo	1:07.80
6 Avery Durko	10 Palos Verdes	1:04.00
7 Mandy McKeegan	9 Mira Costa	1:02.44
8 Allie Welzel	9 Mira Costa	1:09.00

Heat 3 Prelims		
2 Roxanne Matta	10 Palos Verdes	1:07.00
3 Paige Metcalfe	10 Redondo	1:05.84
4 Nicole Fischer	9 Mira Costa	1:09.00
5 Taylor Gilbertson	9 Palos Verdes	1:03.00
6 Tiffany Wu	9 Peninsula	1:09.00
7 Tanis Dabney	10 Palos Verdes	1:03.00
8 Rebecca Zhang	9 Peninsula	1:15.00

Event 15 Girls 400 Meter Run Varsity
 9 Advance: Top 2 Each Heat plus Next 5 Best Times
 Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed relim Time
Heat 1 Prelims		
2 Charlotte Barnett	11 Mira Costa	1:01.00
3 Keiko Hector	12 Palos Verdes	59.28
4 Irene Hilton	11 Mira Costa	1:05.00
5 Paige Fitzpatrick	12 Palos Verdes	1:07.00

6 Claire Barnett	11 Mira Costa	1:02.50
7 Megan Wooley	10 Palos Verdes	1:00.89
8 Kayla Patterson	11 Redondo	1:01.49
Heat 2 Prelims		
2 Amy Letwin	12 Palos Verdes	1:01.09
3 Erin South	9 Redondo	1:00.40
4 Olivia Loveland	12 Redondo	1:01.11
5 Taylor Foland	10 Mira Costa	1:00.50
6 Madalyn Fleming	11 West Torranc	1:04.80
7 Jessica Baker	11 Redondo	1:03.80

Event 16 Boys 400 Meter Run Varsity
 9 Advance: Top 2 Each Heat plus Next 3 Best Times
 Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed relim Time
Heat 1 Prelims		
2 Daniel Doke	12 Palos Verdes	54.50
3 Andrew Romo	11 Peninsula	52.49
4 Wesley Aster	12 Palos Verdes	58.00
5 Max Jones	12 Mira Costa	54.40
6 Derrick Duran	11 Redondo	50.80
7 Tyler Lacombe	11 Peninsula	58.50
8 Kristopher Martin	11 Redondo	53.00

Heat 2 Prelims		
2 Brandon Vientos	11 West Torranc	53.00
3 Jeremy Abraham Gold	12 Peninsula	58.00
4 Daryl Thomas	12 Redondo	52.00
5 Jeff Peterson	12 Mira Costa	55.00
6 Jared Korotzer	9 Peninsula	58.60
7 Jideofor Chikeruba	12 Redondo	54.01
8 Brendan Weaver	10 Palos Verdes	51.40

Heat 3 Prelims		
2 Eric Emdee	11 Redondo	56.08
3 Ben Kartub	11 Mira Costa	55.60
4 dylan gates	11 Mira Costa	52.00
5 George Nursal	12 Palos Verdes	54.00
6 Austin Nuchols	10 West Torranc	51.50
7 Joseph Ong	11 Peninsula	53.50

Event 17 Boys 100 Meter Dash Frosh/Soph
 9 Advance: Top 1 Each Heat plus Next 6 Best Times
 Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed relim Time
Heat 1 Prelims		
2 Ryan Sawelson	10 Peninsula	10.89
3 Grant Sampson	9 Palos Verdes	11.80
4 Andrew Garcia	9 Palos Verdes	12.00
5 David Price	10 Leuzinger	12.40
6 Arys Forbin	10 Redondo	11.80
7 Connor Helm	10 Palos Verdes	12.40
8 John Bae	9 Peninsula	11.67

Heat 2 Prelims		
1 Jordan Alejo	9 Redondo	12.10
2 Brandon Mills	9 Mira Costa	11.80
3 Ryan Patrick	9 Redondo	11.41
4 Rodney Martin	10 Leuzinger	12.50
5 Eric Childress	10 Leuzinger	12.80
6 Diontay Welch	10 Leuzinger	11.70
7 Michael Nishida	9 Peninsula	11.65
8 Will Scolinos	9 Palos Verdes	12.30

Heat 3 Prelims		
1 Kyle Abjelina	10 Peninsula	11.80
2 Ben Oda	9 Peninsula	11.70
3 Issaac Kuo	10 Peninsula	11.55
4 Tanner Warner	9 Mira Costa	12.60
5 Brian Joe	9 Mira Costa	12.80
6 Americo Sam	9 Mira Costa	11.50
7 Matt Beuder	9 Mira Costa	12.10
8 Michael McMillan	10 Leuzinger	12.10

Event 18 Girls 100 Meter Dash Frosh/Soph
 9 Advance: Top 3 Each Heat plus Next 0 Best Times
 Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed relim Time
Heat 1 Prelims		
1 Leah Langford	10 Redondo	13.43
2 Tiffany Nguyen	9 West Torranc	12.79
3 Ravelle Matthews	10 Peninsula	13.42
4 Rachel Ford	10 Peninsula	13.22
5 Laura Feigleman	10 Mira Costa	14.00
6 Khalia Taylor	9 Palos Verdes	13.20
7 Alexis Sears	10 Peninsula	14.00

Heat 2 Prelims		
1 Vanessa Mercurio	10 Peninsula	13.01
2 Dani Lee	10 West Torranc	14.19
3 Roxanne Matta	10 Palos Verdes	13.90
4 Nicole Wilkinson	9 Palos Verdes	13.40
5 Savannah Sartini	9 Mira Costa	13.30
6 Allyssa Lloja	10 Mira Costa	13.50
7 Ayumi Yuki	9 West Torranc	12.90

Heat 3 Prelims		
1 Maile Ryant	9 Palos Verdes	13.00
2 Randie Vlahakis	10 Redondo	12.91
3 Roybn Corruth	10 Mira Costa	13.80
4 Kristine Kivuls	10 Palos Verdes	13.40
5 Kayla Hearn	9 West Torranc	14.20
6 Emiko Kranz	10 West Torranc	14.26
7 Natasha Vega	9 Mira Costa	13.80
8 Deborah Weltman	10 Peninsula	13.40

Event 19 Girls 100 Meter Dash Varsity

9 Advance: Top 2 Each Heat plus Next 5 Best Times

Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed	relim Time
Heat 1 Prelims			
1 Ashlee Dotson	11 Mira Costa	12.75	
2 Ruby Davis	12 Redondo	12.10	
3 Haley Miller	11 Redondo	12.87	
4 Kaylyn Taylor	10 Peninsula	12.60	
5 Bria Solomon	11 Peninsula	12.83	
6 Paige Fitzpatrick	12 Palos Verdes	14.00	
7 Erin Sledge	11 Peninsula	13.20	
8 Kirby Benson	10 Mira Costa	13.10	

Heat 2 Prelims

1 Monier Mahidashti	11 Redondo	13.62	
2 Camille Mills	9 Mira Costa	12.40	
3 Shelby Bassman	10 Redondo	12.31	
4 Candace Johnson	9 Palos Verdes	12.82	
5 Marcela Desir	9 Redondo	12.88	
6 Kelly Wong	12 Palos Verdes	12.80	
7 Liz Alvarez	11 Mira Costa	13.00	
8 Simonisa Selmon	12 Leuzinger	13.81	

Event 20 Boys 100 Meter Dash Varsity

9 Advance: Top 2 Each Heat plus Next 5 Best Times

Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed	relim Time
Heat 1 Prelims			
1 Victor Woo	12 Peninsula	10.88	
2 Taevion Morris	12 Leuzinger	11.00	
3 Brian Bristo	11 West Torranc	11.30	
4 Brailon Dylan Brown	12 Peninsula	10.51	
5 ari adler	12 Mira Costa	11.30	
6 Joe McMahon	12 Mira Costa	11.60	
7 Jahari Benson	12 Leuzinger	11.50	
8 Sean O'Connell	11 Mira Costa	12.10	
9 Marco Palumbo	11 Mira Costa	11.90	

Heat 2 Prelims

1 Kevin Yeung	12 Peninsula	11.31	
2 Thomas Webster	11 Peninsula	11.07	
3 Clayton Chute	11 Mira Costa	11.80	
4 Courtney Crockett	11 Leuzinger	11.30	
5 Casey Cook	11 Redondo	11.71	
6 Okuoma Idah	11 Peninsula	10.84	
7 Christian Bassman	12 Redondo	10.71	
8 Lorenzo Patton	10 Leuzinger	11.20	

Event 21 Boys 800 Meter Run Frosh/Soph

9 Advance: Top 2 Each Heat plus Next 5 Best Times

Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed	relim Time
Heat 1 Prelims			
1 Dustin Herold	9 Redondo	2:05.45	
2 Sergey Ganous	10 Redondo	2:08.75	
3 Niko Pappas	9 Mira Costa	2:09.00	
4 Waseem Radi	9 Redondo	2:10.02	
5 Oscar Chacon	9 Peninsula	2:11.00	
6 Ryan Beall	10 Palos Verdes	2:11.70	
7 J.C Ohmstede	9 Mira Costa	2:11.90	
8 Ryan Patrick	10 Palos Verdes	2:14.10	
9 Aaron Kan	9 Peninsula	2:15.00	
10 Blake Gilmartin	9 West Torranc	2:20.00	
11 ryan zein	9 Mira Costa	2:23.00	
12 RJ Fazio	9 Palos Verdes	2:36.00	
13 Thomas Demoner	9 Palos Verdes	2:47.10	

Heat 2 Prelims

1 Dagmay Demsas	10 Redondo	2:06.10	
2 Hayden Hinsch	10 Peninsula	2:06.50	
3 Nicholas Meyers	10 Peninsula	2:10.00	
4 Robbie Faustino	10 Peninsula	2:10.00	
5 Takehiro Yamaya	9 Redondo	2:11.13	
6 Nicholas Wells	9 Redondo	2:11.43	
7 Brendan Froom	10 Palos Verdes	2:11.99	
8 Paul Bodin	9 Redondo	2:13.11	
9 Nick Miller	9 Mira Costa	2:16.00	
10 brandon chen	10 Mira Costa	2:19.00	
11 ben rosenthal	10 Mira Costa	2:24.00	
12 Ryan Cosgrove	9 Palos Verdes	2:27.00	

Event 22 Girls 800 Meter Run Frosh/Soph

9 Advance: Top 2 Each Heat plus Next 5 Best Times

Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed	relim Time
Heat 1 Prelims			
1 Abby Hong	9 Mira Costa	2:28.00	
2 Olivia Quan	10 Peninsula	2:30.44	
3 Yvette Sandoval	10 Mira Costa	2:32.00	
4 Susie Hong	9 West Torranc	2:33.00	
5 Jade Francis	9 Redondo	2:33.29	
6 Makenzie Jordan	10 Peninsula	2:38.00	
7 Mya Gelber	9 Redondo	2:40.11	
8 Monica Merkens	9 Mira Costa	2:45.00	
9 Angelina Verduzco	9 Redondo	2:45.22	
10 Megan Kane	9 West Torranc	2:48.00	
11 Allie Welzel	9 Mira Costa	2:49.00	
12 Fatima Khan	9 Peninsula	2:52.00	
13 Zoe Caron	9 Palos Verdes	2:59.60	

Heat 2 Prelims

1 Angela Sloss	10 West Torranc	2:28.50
2 Hannah Griffie	9 West Torranc	2:29.41
3 Mady Decker	9 Palos Verdes	2:32.90
4 Mikela Bettes	9 Redondo	2:32.93
5 Alyssa Desmond	10 West Torranc	2:36.00
6 Cynthia Pham	10 Mira Costa	2:36.00
7 Ruth Barry	10 Redondo	2:42.94
8 Lauren Inouye	10 Mira Costa	2:43.00
9 Amanda Zendeahas	10 Mira Costa	2:46.00
10 Linda Iseli	9 Peninsula	2:47.00
11 Raya Kumar	9 Peninsula	2:49.00
12 Siena Hsu	9 Redondo	2:51.00
13 Alyssa Govindan	10 Palos Verdes	3:02.90
14 Nicole Flores	10 Palos Verdes	3:30.80

Event 23 Girls 800 Meter Run Varsity

9 Advance: Top 2 Each Heat plus Next 5 Best Times

Name	Year School	Seed	relim Time
Heat 1 Prelims			
1 Erica Capellino	12 Palos Verdes	2:14.38	
2 Cara Ulizio	10 Redondo	2:19.37	
3 Kylie Butler	10 Palos Verdes	2:20.79	
4 Sierra Ponthiier	9 Palos Verdes	2:22.20	
5 Jenna Tong	11 Mira Costa	2:24.00	
6 Aryn Foland	12 Mira Costa	2:28.00	
7 Vivien Cherrette	11 Mira Costa	2:29.00	
8 Christine Inouye	11 Mira Costa	2:37.00	
9 Kate Morgan	11 Peninsula	2:38.00	
10 Amy Kim	11 Peninsula	2:41.00	
11 Kelsie Martel	11 Mira Costa	2:45.00	
12 Eunice Gwon	11 Peninsula	2:54.00	
13 Laura A. Quinn	11 Peninsula	2:54.82	

Heat 2 Prelims

1 Lyndsey Mull	11 Redondo	2:17.80
2 Kayla Ferron	10 Redondo	2:18.46
3 Brenna Sopp	11 Redondo	2:21.50
4 Olivia Loveland	12 Redondo	2:21.99
5 Sara Keller	11 Palos Verdes	2:26.30
6 Alexis Thibodeau	10 Redondo	2:26.80
7 Danielle Hazeltine	11 Redondo	2:29.77
8 Nohemi Lazaro	12 Leuzinger	2:35.21
9 Gabby Armato	11 Mira Costa	2:38.00
10 alison levy	12 West Torranc	2:40.00
11 Moonui Choi	11 Peninsula	2:52.00
12 Ranya Snyder	11 Palos Verdes	2:52.60
13 Rebecca T. Moody	11 Peninsula	2:55.00
14 Chloe Thangavelu	11 Palos Verdes	3:03.80

Event 24 Boys 800 Meter Run Varsity
 9 Advance: Top 2 Each Heat plus Next 5 Best Times
 Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed relim Time
Heat 1 Prelims		
1 Dezhan Bland	12 Redondo	1:55.75
2 Justin Unno	11 Palos Verdes	1:58.40
3 Nick Herold	12 Redondo	1:58.89
4 Drew Griffie	12 West Torranc	2:01.00
5 dylan gates	11 Mira Costa	2:01.00
6 Mark Sidor	11 Palos Verdes	2:03.80
7 Jordan Washington	10 Redondo	2:04.62
8 Sammy Nunan	11 Mira Costa	2:06.00
9 Jared Sweatman	11 Redondo	2:06.52
10 Andrew Hazeltine	11 Redondo	2:07.91
11 Miles Dawson	11 West Torranc	2:08.00
12 steven montoya	12 Mira Costa	2:14.00
13 Andrew Dunn	11 Peninsula	2:20.00

Name	Year School	Seed relim Time
Heat 2 Prelims		
1 Evan Malone	10 Redondo	1:56.80
2 Brett Douville	12 Mira Costa	1:58.00
3 Garrett Klatter	10 Redondo	2:00.01
4 Aaron Christopher Smith	12 Peninsula	2:00.70
5 Daniel Reiger	11 Palos Verdes	2:02.50
6 Stephen Sansom	10 Peninsula	2:03.00
7 Max Jones	12 Mira Costa	2:05.00
8 Cameron Corrao	11 West Torranc	2:05.23
9 Hector Echavarria	11 Redondo	2:07.11
10 Hunter Phillips	11 Palos Verdes	2:07.50
11 Tim Barrow	12 Mira Costa	2:09.00
12 Andrew Faust	11 West Torranc	2:11.00
13 Julian Anthony	11 West Torranc	2:24.00

Event 25 Boys 300 Meter Hurdles Frosh/Soph
 9 Advance: Top 2 Each Heat plus Next 5 Best Times

Name	Year School	Seed relim Time
Heat 1 Prelims		
1 robert mc mahon	9 Mira Costa	50.00
2 Joshua Kuntz	9 Peninsula	51.91
3 Sam Bodin	9 Redondo	47.86
4 Frank Wells	10 Peninsula	50.10
5 Zach Johnson	9 Mira Costa	49.80
6 Andrew Marinas	10 West Torranc	47.90
7 Andrew Booras	10 Mira Costa	46.20
8 Garrett Rule	10 Palos Verdes	51.80
9 Griffen Kabus	9 Mira Costa	49.50
Heat 2 Prelims		
1 Edwin Jacobson	9 Peninsula	47.19
2 Jacob Nicoletto	9 Peninsula	52.00
3 Marcio Arakaki	10 West Torranc	46.50
4 Sam Pond	10 Palos Verdes	49.10
5 Kenno Hayashi	9 Peninsula	49.90

6 matt stern 9 Mira Costa 50.00
 7 David Hilton 9 Mira Costa 49.00
 8 Ryan Keliher 9 Redondo 50.88
 9 Justin Sanny 10 Redondo 50.82

Event 26 Boys 300 Meter Hurdles Varsity
 9 Advance: Top 1 Each Heat plus Next 6 Best Times
 Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed relim Time
Heat 1 Prelims		
2 Emmett Werner-Longo	11 Redondo	44.10
3 Walter Woo	12 Peninsula	42.33
4 kyle hubbard	11 Mira Costa	40.28
5 Matt Gysel	11 Palos Verdes	46.50
6 Tommy Lastrape	11 Mira Costa	44.50
7 Jonathan Devase	12 Redondo	49.90
8 Anthony Ezeakunne	12 West Torranc	41.99

Name	Year School	Seed relim Time
Heat 2 Prelims		
2 christian ritche	11 Mira Costa	44.60
3 Brendan Weaver	10 Palos Verdes	40.90
4 Ben McLaughlin	11 Redondo	43.50
5 Jonathan Michael Ford	12 Peninsula	41.77
6 david salvay	11 Peninsula	42.70
7 Matt Hubbard	11 Palos Verdes	50.00
8 Alex Farrow	11 Palos Verdes	46.50

Name	Year School	Seed relim Time
Heat 3 Prelims		
2 Scott McFarland	11 Peninsula	45.70
3 ryan hornstra	12 Mira Costa	42.80
4 Gregory Francis Wang	12 Peninsula	41.06
5 corbin gates	11 Mira Costa	42.80
6 Ramsey Zein	11 Mira Costa	46.50
7 Francisco Barron	12 Leuzinger	41.10

Event 27 Girls 300 Meter Hurdles Frosh/Soph
 9 Advance: Top 2 Each Heat plus Next 5 Best Times

Name	Year School	Seed relim Time
Heat 1 Prelims		
2 Erika Woo	10 Peninsula	53.00
3 Maile Davis	9 Palos Verdes	51.16
4 Lauren Futami	9 Peninsula	55.90
5 Paige Metcalfe	10 Redondo	53.84
6 Ellen Suh	10 Peninsula	58.00
7 Nico Unverzagt	9 West Torranc	55.00
8 Anna Gurevich	10 Peninsula	52.35
Heat 2 Prelims		
2 Franshesica Dutra	9 Mira Costa	54.00
3 Allie Campbell	10 Mira Costa	52.60
4 Sarah Finch	10 Redondo	56.99
5 Allison Grande	10 Mira Costa	52.50
6 Sadie Kimbro	10 Redondo	51.11
7 Leslie Daniela Gonzalez Prui	10 Peninsula	57.00
8 Jillene Ma	10 Peninsula	54.13

Event 28 Girls 300 Meter Hurdles Varsity
 9 Advance: Top 2 Each Heat plus Next 5 Best Times

Name	Year School	Seed relim Time
Heat 1 Prelims		
1 Michele Ashley Charles	12 Peninsula	51.60
2 Maggie Ginoza	11 Mira Costa	52.80
3 Samantha Bejerano	11 West Torranc	54.56
4 Keiko Hector	12 Palos Verdes	46.00
5 Annika Curren	11 Palos Verdes	53.80
6 Kayla Patterson	11 Redondo	50.01
7 Nina Farentinos	11 West Torranc	49.60
8 Carly Montan	11 Mira Costa	57.50
Heat 2 Prelims		
1 Acacia Moore	11 Mira Costa	48.52
2 Alex Stills	12 Mira Costa	50.50
3 Caitlin Evans	11 Peninsula	53.56
4 Jenicie Thomas	11 Redondo	50.60
5 Megan Mills	11 Mira Costa	55.00
6 Olivia Loveland	12 Redondo	48.75
7 Julie Tra	11 Palos Verdes	55.50
8 Michelle Mendoza	12 West Torranc	53.00

Event 29 Boys 200 Meter Dash Frosh/Soph
 9 Advance: Top 1 Each Heat plus Next 6 Best Times
 Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed relim Time
Heat 1 Prelims		
2 David Price	10 Leuzinger	24.30
3 Ryan Sawelson	10 Peninsula	23.36
4 Tanner Warner	9 Mira Costa	24.80
5 Matt Beuder	9 Mira Costa	24.50
6 Diontay Welch	10 Leuzinger	24.20
7 John Bae	9 Peninsula	24.50
8 Arys Forbin	10 Redondo	25.31
Heat 2 Prelims		
2 Jordan Alejo	9 Redondo	26.11
3 Ryan Patrick	9 Redondo	24.71
4 Michael Nishida	9 Peninsula	24.55
5 Andrew Garcia	9 Palos Verdes	24.50
6 chris fong	9 Mira Costa	23.90
7 Ryota Kimura	9 Peninsula	24.40
8 Michael McMillan	10 Leuzinger	24.20
Heat 3 Prelims		
2 Issaac Kuo	10 Peninsula	24.41
3 Andy Chen	9 Redondo	26.47
4 Americo Sam	9 Mira Costa	24.00
5 Connor Helm	10 Palos Verdes	24.60
6 Grant Sampson	9 Palos Verdes	24.00
7 Sebastian Love	9 Mira Costa	24.60
8 Will Scolinos	9 Palos Verdes	24.50

Event 30 Girls 200 Meter Dash Frosh/Soph
9 Advance: Top 1 Each Heat plus Next 6 Best Times

Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed	relim Time
Heat 1 Prelims			
2 Vanessa Mercurio	10 Peninsula	26.87	
3 Allyssa Lloja	10 Mira Costa	28.90	
4 Avery Durko	10 Palos Verdes	28.00	
5 Taylor Gilbertson	9 Palos Verdes	28.10	
6 Kaela Hornstra	9 Mira Costa	28.50	
7 Tiffany Nguyen	9 West Torranc	27.59	
8 Roxanne Matta	10 Palos Verdes	29.00	
Heat 2 Prelims			
2 Rachel Ford	10 Peninsula	27.10	
3 Roybn Corruith	10 Mira Costa	29.20	
4 Tanis Dabney	10 Palos Verdes	28.50	
5 Noelle Carriger	9 West Torranc	28.00	
6 Mandy McKeegan	9 Mira Costa	28.09	
7 Ravelle Matthews	10 Peninsula	28.90	
8 Khalia Taylor	9 Palos Verdes	27.40	
Heat 3 Prelims			
2 Sydney Smith	10 Peninsula	27.20	
3 Anna Riedl	9 Peninsula	27.10	
4 Kayla Hearn	9 West Torranc	28.00	
5 Randie Vlahakis	10 Redondo	28.67	
6 Sabrina Chin	9 Redondo	29.62	
7 Leah Langford	10 Redondo	28.81	
8 Savannah Sartini	9 Mira Costa	28.00	

Event 31 Girls 200 Meter Dash Varsity
9 Advance: Top 2 Each Heat plus Next 5 Best Times 2:30 PM

Name	Year School	Seed	relim Time
Heat 1 Prelims			
1 Ruby Davis	12 Redondo	26.05	
2 Marcela Desir	9 Redondo	27.45	
3 Liz Alvarez	11 Mira Costa	26.90	
4 Paige Fitzpatrick	12 Palos Verdes	28.50	
5 Ashlee Dotson	11 Mira Costa	25.17	
6 Camille Mills	9 Mira Costa	26.80	
7 Kirah Storey	11 Redondo	29.34	
8 Shelby Bassman	10 Redondo	26.15	
9 Analis Black	11 West Torranc	27.50	
Heat 2 Prelims			
1 Kaylyn Taylor	10 Peninsula	25.50	
2 Bria Solomon	11 Peninsula	25.80	
3 Kelly Wong	12 Palos Verdes	26.95	
4 Candace Johnson	9 Palos Verdes	26.30	
5 Kirby Benson	10 Mira Costa	28.16	
6 Monier Mahidashti	11 Redondo	29.96	
7 Amy Letwin	12 Palos Verdes	26.30	
8 Taylor Foland	10 Mira Costa	27.00	
9 Erin Sledge	11 Peninsula	27.61	

Event 32 Boys 200 Meter Dash Varsity
9 Advance: Top 1 Each Heat plus Next 6 Best Times

Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed	relim Time
Heat 1 Prelims			
2 Courtney Crockett	11 Leuzinger	22.80	
3 Daniel Doke	12 Palos Verdes	24.00	
4 Thomas Webster	11 Peninsula	23.50	
5 Clayton Chute	11 Mira Costa	23.90	
6 Brailon Dylan Brown	12 Peninsula	22.08	
7 Jahari Benson	12 Leuzinger	22.90	
8 dylan gates	11 Mira Costa	23.60	
Heat 2 Prelims			
1 George Nursal	12 Palos Verdes	24.00	
2 Joe McMahon	12 Mira Costa	23.00	
3 Taevion Morris	12 Leuzinger	23.80	
4 Christian Bassman	12 Redondo	22.51	
5 Joseph Ong	11 Peninsula	23.68	
6 Casey Cook	11 Redondo	25.78	
7 Okuoma Idah	11 Peninsula	22.69	
8 Andrew Romo	11 Peninsula	23.49	
Heat 3 Prelims			
1 Marco Palumbo	11 Mira Costa	24.50	
2 David LaPorte	11 West Torranc	24.14	
3 Lorenzo Patton	10 Leuzinger	23.80	
4 Devon Williams	12 Redondo	23.75	
5 ari adler	12 Mira Costa	23.40	
6 Victor Woo	12 Peninsula	22.64	
7 Derrick Duran	11 Redondo	22.61	
8 Daryl Thomas	12 Redondo	23.40	

Event 33 Boys 3200 Meter Run Frosh/Soph
Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed	Finals
Section 1 Timed Finals			
1 Miles Irish	9 Palos Verdes	9:54.50	
2 William Tait	9 Redondo	10:05.11	
3 Michael Nakahara	10 West Torranc	10:07.00	
4 Tewodros Kassa	10 West Torranc	10:13.00	
5 Tyler shalvarjian	10 Mira Costa	10:23.00	
6 Lucas Robinson	9 Palos Verdes	10:23.88	
7 Niko Pappas	9 Mira Costa	10:26.00	
8 Tomohiro Yamaya	9 Redondo	10:27.11	
9 Arthur Fontana	10 Redondo	10:30.00	
10 Justin MacDonald	10 Mira Costa	10:30.00	
11 J.C Ohmstede	9 Mira Costa	10:35.00	
12 Michael Goldberg	10 Mira Costa	10:40.00	
13 Alexander Mendoza	9 Peninsula	10:41.00	
14 Sam Dupas	10 Palos Verdes	10:44.35	
15 Hayden Hinsch	10 Peninsula	10:50.00	
16 Micheal Hashimoto	9 Peninsula	10:59.00	

17 Kevin Nguyen	9 Peninsula	11:00.00
18 Spencer Lubs	9 West Torranc	11:00.00
19 Samuel Quon	10 Peninsula	11:01.00
20 Grant Lapovich	10 West Torranc	11:04.00
21 Sagar Mittal	9 West Torranc	11:08.00
22 Terren Krietzman	10 Palos Verdes	11:28.90
23 Christian Botz-Zapp	9 Palos Verdes	11:55.10
24 Justin Johnson	9 Palos Verdes	12:50.30

Event 34 Girls 3200 Meter Run Frosh/Soph
Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed	Finals
Section 1 Timed Finals			
1 Jackie Rodriguez	10 West Torranc	11:34.00	
2 Sarah Locke-Henderson	10 Mira Costa	11:47.00	
3 Abby Hong	9 Mira Costa	12:07.00	
4 Michelle Kagei	10 Palos Verdes	12:07.00	
5 Lauren Inouye	10 Mira Costa	12:25.00	
6 Kellie Jeong	11 Mira Costa	12:28.00	
7 Vera Gold	9 Redondo	12:32.00	
8 Jessica Bradford	9 Redondo	12:42.00	
9 Susie Hong	9 West Torranc	12:53.00	
10 Roxy Laveaga	9 West Torranc	12:54.00	
11 Michelle Cohen	10 Palos Verdes	13:02.90	
12 Olivia Quan	10 Peninsula	13:16.88	
13 Amanda Miles	10 Mira Costa	13:18.00	
14 Makenzie Jordan	10 Peninsula	13:20.00	
15 Kirsten Brondial	10 Palos Verdes	13:20.10	
16 Alexandria Hansen	9 Redondo	13:23.86	
17 Skylar Thiel	9 Palos Verdes	13:30.00	
18 Linda Iseli	9 Peninsula	14:09.00	
19 Fatima Khan	9 Peninsula	14:25.00	
20 Raya Kumar	9 Peninsula	14:26.00	

Event 35 Girls 3200 Meter Run Varsity
Thursday 5/5/2011 - 3:00 PM

Name	Year School	Seed	Finals
Section 1 Timed Finals			
1 Rebecca Mehra	11 Palos Verdes	10:30.22	
2 Rachel Bush	11 Redondo	10:47.63	
3 Kelli Sugimoto	11 Mira Costa	10:53.00	
4 Aryn Foland	12 Mira Costa	10:53.00	
5 Laura O'Neill	11 Redondo	10:54.49	
6 Kelly Ryan	12 Redondo	10:59.01	
7 Shannon Hagedorn	12 Mira Costa	11:04.00	
8 Lyndsey Mull	11 Redondo	11:04.11	
9 Kayla Ferron	10 Redondo	11:05.01	
10 Savannah Pio	12 Mira Costa	11:09.00	
11 Lauren Gagnon	10 Palos Verdes	11:33.64	
12 Vivien Cherrette	11 Mira Costa	11:46.00	
13 Paige Kelty	11 West Torranc	12:00.00	

14	alison levy	12 West Torranc	12:02.00
15	Megan Davis	11 West Torranc	12:25.00
16	Amy Kim	11 Peninsula	12:46.00
17	Kate Morgan	11 Peninsula	12:51.00
18	Kimberly Webber	11 Palos Verdes	12:56.60
19	Moonui Choi	11 Peninsula	14:47.00
20	Eunice Gwon	11 Peninsula	14:48.00

Event 36 Boys 3200 Meter Run Varsity
Thursday 5/5/2011 - 3:00 PM

Name	Year School	Seed	Finals
Section 1 Timed Finals			
1	Jonah Diaz	11 Palos Verdes	9:11.78
2	Reo Miranda-Lavertu	11 Peninsula	9:32.00
3	Tyler Caracoza	11 Redondo	9:41.32
4	Tomas Snur	11 Palos Verdes	9:43.23
5	Adam Perez	11 Mira Costa	9:45.00
6	Miles Blum	11 West Torranc	9:49.00
7	Ryland Dreibelbis	10 Palos Verdes	9:52.75
8	Mark Sidor	11 Palos Verdes	9:53.56
9	Daniel Reiger	11 Palos Verdes	9:55.50
10	zach adler	11 Mira Costa	9:56.00
11	Alec Dunton	11 Palos Verdes	9:56.22
12	Aaron Christopher Smith	12 Peninsula	9:57.00
13	Andrew Palosaari	11 Peninsula	10:04.00
14	Brennan Megeff	10 Peninsula	10:11.00
15	Alex Guzman	11 Redondo	10:11.45
16	Zachary Diaz	10 Palos Verdes	10:12.56
17	Pablo Diaz	11 Mira Costa	10:13.00
18	Gabriel Michaels	11 Peninsula	10:14.00
19	Alexander Helton Megeff	12 Peninsula	10:20.00
20	Daniel Ramos	12 Mira Costa	10:23.00
21	Tyler Norden	12 Mira Costa	10:32.00
22	Tim Barrow	12 Mira Costa	10:45.00
23	Taylor Uyama	12 West Torranc	10:51.00

Event 37 Boys 4x400 Meter Relay Frosh/Soph
Thursday 5/5/2011 - 3:00 PM

School	Seed	Finals
Section 1 Timed Finals		
4 Peninsula	3:45.00	
1) Edwin Jacobson 9	2) Issaac Kuo 10	
3) Ryota Kimura 9	4) Stephen Sansom 10	
5 Redondo	3:40.99	
1) Dagmay Demsas 10	2) Dustin Herold 9	
3) Isaiah Madison 10	4) Sergey Ganous 10	
6 Mira Costa	3:43.00	
1) Niko Pappas 9	2) chris fong 9	
3) pj osconovich 9	4) Americo Sam 9	
7 Palos Verdes	3:50.00	
1) Sam Pond 10	2) Ryan Beall 10	
3) Brendan Froom 10	4) Max Sverdllov 9	

Event 38 Girls 4x400 Meter Relay Frosh/Soph
Thursday 5/5/2011 - 3:00 PM

School	Seed	Finals
Section 1 Timed Finals		
3 Redondo	4:28.12	
1) Mikela Bettes 9	2) Lara Jolicoeur 9	
3) Sierra Kaufman 10	4) Paige Metcalfe 10	
4 Mira Costa	4:17.00	
1) Kaela Hornstra 9	2) Savannah Sartini 9	
3))	4) Mandy McKeegan 9	
5 West Torrance	4:08.00	
1) Angela Sloss 10	2) Hannah Griffie 9	
3) Ayumi Yuki 9	4) Tiffany Nguyen 9	
6 Palos Verdes	4:16.00	
1) Avery Durko 10	2) Tanis Dabney 10	
3) Taylor Gilbertson 9	4) Sierra Ponthiier 9	
7 Peninsula	4:26.00	
1) Anna Riedl 9	2) Anna Gurevich 10	
3) Erika Woo 10	4) Vanessa Mercurio 10	

Event 39 Girls 4x400 Meter Relay Varsity - 3:00 PM

School	Seed	Finals
Section 1 Timed Finals		
4 Redondo	4:07.11	
1) Erin South 9	2) Kayla Ferron 10	
3) Brenna Sopp 11	4) Kayla Patterson 11	
5 Palos Verdes	4:00.00	
1) Keiko Hector 12	2) Rebecca Mehra 11	
3) Erica Capellino 12	4) Amy Letwin 12	
6 Mira Costa	4:04.00	
1) Claire Barnett 11	2) Taylor Foland 10	
3) Ashlee Dotson 11	4) Charlotte Barnett 11	

Event 40 Boys 4x400 Meter Relay Varsity
Thursday 5/5/2011 - 3:00 PM

School	Seed	Finals
Section 1 Timed Finals		
3 Redondo	4:24.80	
1) Christian Bassman 12	2) Derrick Duran 11	
3) Evan Malone 10	4) Dezhan Bland 12	
4 West Torrance	3:34.00	
1) Cameron Corrao 11	2) Drew Griffie 12	
3) David LaPorte 11	4) Austin Nuchols 10	
5 Mira Costa	3:26.00	
1) Brett Douville 12	2) dylan gates 11	
3) kyle hubbard 11	4) corbin gates 11	
6 Peninsula	3:29.56	
1) Gregory Francis Wang 12	2) Victor Woo 12	
3) Andrew Romo 11	4) Brailon Dylan Brown 12	
7 Palos Verdes	3:37.00	
1) Daniel Doke 12	2) Alex Farrow 11	
3) Matt Gysel 11	4) George Nursal 12	

Event 41 Boys Shot Put Varsity
Thursday 5/5/2011 - 3:00 PM

Name	Year School	Seed	Mark	Finals
Flight 1 Finals				
1 Gustavo Rodriguez	11 Redondo		30-00.00	
2 Brian Jeon	12 Peninsula		31-00.00	
3 Roddye Matthews	12 Leuzinger		31-05.00	
4 Albert Lim	12 Peninsula		31-06.00	
5 Emmett Monahan	11 Peninsula		32-00.00	
6 Cole Martin	11 Peninsula		32-00.00	
7 Carter Beck	12 Peninsula		34-00.00	
8 Beau Bastasch	12 Palos Verdes		34-00.00	
9 Christopher Wardour	11 West Torranc		36-02.00	
10 Anthony Rizzo	11 West Torranc		36-03.00	
11 Jae Lee	11 Peninsula		36-05.00	
12 Matt Bell	11 Palos Verdes		37-00.00	
13 Cameron Woo	11 West Torranc		37-02.00	
14 Michael Plymell	12 Palos Verdes		37-02.00	
15 Tevin Posey	12 Leuzinger		38-00.00	
16 Ho Jae Chung	12 Palos Verdes		38-09.00	
17 Lofti Ben-Amor	12 Redondo		42-11.00	
18 Samuel Ben-Amor	11 Redondo		43-00.00	
19 Taylor Bongiovanni	12 Redondo		47-00.00	
20 J.R. Tavai	12 Mira Costa		53-00.00	

Event 42 Girls Shot Put Varsity
Thursday 5/5/2011 - 3:00 PM

Name	Year School	Seed	Mark	Finals
Flight 1 Finals				
1 Maryam Rao	11 Peninsula		20-00.00	
2 Stephanie Eng	11 Peninsula		20-10.00	
3 Nicole Hebert	12 Palos Verdes		23-00.00	
4 Katie Ricci	12 Palos Verdes		24-10.00	
5 Kiera Griffen	11 West Torranc		27-00.00	
6 Jacqlin Canlas	11 Peninsula		29-11.00	
7 Leah Nunn	11 Mira Costa		30-00.00	
8 Aubree Graham	11 West Torranc		30-00.00	
9 Brittany Collins	11 Mira Costa		31-05.00	
10 Ashley Afremow	12 West Torranc		32-00.00	
11 Yovanna Iniguez	11 Mira Costa		32-05.00	
12 Nadia Basich	12 Redondo		32-06.00	
13 Aundrea Yancy	12 Redondo		32-06.00	
14 Shontalene Trudeau	11 West Torranc		35-05.00	
15 Mia Ogundipe-Tillman	12 Peninsula		37-02.00	

Event 43 Boys Shot Put Frosh/Soph
Thursday 5/5/2011 - 3:00 PM

Name	Year School	Seed	Mark	Finals
Flight 1 Finals				
1 eli seamann	9 Mira Costa		29-00.00	
2 Nick Perry	9 Leuzinger		29-00.00	
3 Jay Fall	10 Peninsula		32-00.00	

4	Mathew Gerlach	10 Peninsula	32-06.00
5	Jimmy Lim	10 Peninsula	34-00.00
6	Daniel Niko	9 Redondo	34-00.00
7	Matt Missetich	10 Palos Verdes	34-08.00
8	Peter Klarwein	10 Palos Verdes	35-00.00
9	Brandon Mills	9 Mira Costa	36-00.00
10	Dylan Refeld	9 Palos Verdes	38-00.00
11	Julian Dimacale	10 Peninsula	38-06.00
12	Joseph McAdoo	10 Peninsula	39-09.00
13	Austin McGibbon	10 Palos Verdes	40-06.00
14	Will Ricci	10 Palos Verdes	42-05.00
15	Mitchel Charles	9 Peninsula	48-02.00

Event 44 Girls Shot Put Frosh/Soph
Thursday 5/5/2011 - 3:00 PM

Name	Year School	Seed Mark	Finals
Flight 1 Finals			
1	Samantha Boyapalli	10 Peninsula	19-03.50
2	PV Estrada	9 Palos Verdes	19-06.00
3	Melody Assef	10 Peninsula	21-05.00
4	De'arra Smith	9 Leuzinger	21-09.00
5	Taylor Klarwein	10 Palos Verdes	22-00.00
6	Madison Colli	9 Palos Verdes	23-00.00
7	Chloe Solandt	10 Palos Verdes	23-07.00
8	Bianka Bocarski	10 Peninsula	23-09.50
9	Kendal Benson	9 Mira Costa	25-08.00
10	Zafirah Abdulrahoof	10 Peninsula	26-05.00
11	Paige Mueller	9 Palos Verdes	26-07.00
12	Chelsea Tatum	9 Mira Costa	31-02.00

Event 45 Boys Discus Throw Varsity
Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed Mark	Finals
Flight 1 Finals			
1	Matt Bell	11 Palos Verdes	80-00
2	Michael Plymell	12 Palos Verdes	88-00
3	Albert Lim	12 Peninsula	95-10
4	Michael Dulay-Ortega	11 Redondo	96-00
5	Emmett Monahan	11 Peninsula	96-08
6	David Kendall	12 Redondo	97-00
7	Beau Bastasch	12 Palos Verdes	100-00
8	Cameron Woo	11 West Torranc	103-06
9	Anthony Rizzo	11 West Torranc	105-07
10	Jae Lee	11 Peninsula	108-00
11	Jack Lee	11 Peninsula	108-05.50
12	Lofti Ben-Amor	12 Redondo	112-00
13	Carter Beck	12 Peninsula	113-03.50
14	Ho Jae Chung	12 Palos Verdes	119-00
15	Christopher Wardour	11 West Torranc	126-01
16	Taylor Bongiovanni	12 Redondo	136-05
17	J.R. Tavai	12 Mira Costa	148-00

Event 46 Girls Discus Throw Varsity
Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed Mark	Finals
Flight 1 Finals			
1	Stephanie Eng	11 Peninsula	60-00
2	Nicole Hebert	12 Palos Verdes	75-02
3	Leah Nunn	11 Mira Costa	80-00
4	Katie Ricci	12 Palos Verdes	80-00
5	Yovanna Iniguez	11 Mira Costa	87-05
6	Aubree Graham	11 West Torranc	90-00
7	Jacqlin Canlas	11 Peninsula	90-09
8	Shontalene Trudeau	11 West Torranc	94-00
9	Kiera Griffen	11 West Torranc	95-05
10	Brittany Collins	11 Mira Costa	99-00
11	Ashley Afremow	12 West Torranc	100-00
12	Mia Ogundipe-Tillman	12 Peninsula	130-00

Event 47 Boys Discus Throw Frosh/Soph
Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed Mark	Finals
Flight 1 Finals			
1	Tyler Fukunga	10 Peninsula	59-00
2	eli seamann	9 Mira Costa	60-00
3	Matt Mattera	10 Palos Verdes	65-00
4	Peter Klarwein	10 Palos Verdes	67-00
5	Julian Dimacale	10 Peninsula	71-08
6	Jimmy Lim	10 Peninsula	75-00
7	Austin McGibbon	10 Palos Verdes	80-00
8	Daniel Niko	9 Redondo	80-00
9	Jay Fall	10 Peninsula	80-05
10	Dylan Refeld	9 Palos Verdes	90-00
11	Will Ricci	10 Palos Verdes	96-04
12	Brandon Mills	9 Mira Costa	98-00
13	Mitchel Charles	9 Peninsula	100-01

Event 48 Girls Discus Throw Frosh/Soph
Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed Mark	Finals
Flight 1 Finals			
1	PV Gonzalez	9 Palos Verdes	45-00
2	Taylor Klarwein	10 Palos Verdes	50-00
3	Melody Assef	10 Peninsula	51-02
4	Bianka Bocarski	10 Peninsula	51-08
5	Zafirah Abdulrahoof	10 Peninsula	60-04
6	Madison Colli	9 Palos Verdes	70-00
7	Kendal Benson	9 Mira Costa	73-05
8	Chelsea Tatum	9 Mira Costa	74-00
9	Paige Mueller	9 Palos Verdes	80-00
10	Chloe Solandt	10 Palos Verdes	80-08

Event 49 Boys Pole Vault Varsity
Thursday 5/5/2011 - 3:00 PM

Name	Year School	Seed Mark	Finals
Flight 1 Finals			
1	Calvin Mader	11 West Torranc	9-00.00
2	Daniel Keroles	12 Palos Verdes	9-06.00
3	William Song	11 Peninsula	10-00.00
4	Stephen Qu	11 Peninsula	10-00.00
5	Cristopher Sue	11 Peninsula	10-00.00
6	Brandon Kobayashi	11 Peninsula	10-00.00
7	Andrew Murphy	11 Palos Verdes	10-06.00
8	Greg Sonnen	11 Peninsula	10-06.00
9	Daniel Shweiri	11 West Torranc	10-06.00
10	Eric Vandenberg	11 Mira Costa	11-00.00
11	Greg Fong	11 Mira Costa	11-00.00
12	Steven Jung	11 Palos Verdes	11-00.00
13	Tyler Hext	11 Mira Costa	11-06.00
14	Josh Meadows	11 West Torranc	11-06.00
15	christian ritchie	11 Mira Costa	12-00.00
16	Jason Tarrango	12 Redondo	12-06.00
17	Jhonathon Ruiz	12 Redondo	12-06.00
18	Andreas Miguel	11 Peninsula	12-07.00
19	Max Niebergall	11 Redondo	13-06.00
20	Ryan Morrow	12 Mira Costa	14-09.00

Event 50 Girls Pole Vault Varsity
Thursday 5/5/2011 - 3:00 PM

Name	Year School	Seed Mark	Finals
Flight 1 Finals			
1	Tasneem Islam	12 Peninsula	6-06.00
2	Jean Liu	12 Peninsula	6-06.00
3	Rebecca Lee	11 West Torranc	7-06.00
4	Brooke Bessen	11 Palos Verdes	8-00.00
5	Courtney Daly	11 Palos Verdes	8-06.00
6	Jacqueline Yu-Ling Lin	12 Peninsula	9-00.00
7	Alexandra Oetzell	12 Redondo	9-00.00
8	Melanie Wells	12 Redondo	9-00.00
9	Jasmine Freeman	11 Redondo	10-09.00
10	Robyn Morioka	12 West Torranc	12-07.00

Event 51 Boys Pole Vault Frosh/Soph
Thursday 5/5/2011 - 3:00 PM

Name	Year School	Seed Mark	Finals
Flight 1 Finals			
1	Connor O'Bryan	9 West Torranc	7-06.00
2	Michael Evans	9 West Torranc	7-06.00
3	Darren Lim	9 Peninsula	8-00.00
4	Drew Paulson	9 Palos Verdes	8-00.00
5	Elliot Kang	9 Peninsula	8-00.00
6	Jack Nelson	10 Palos Verdes	8-00.00
7	Francesco Merola	10 Peninsula	8-06.00

8 Jason Chang	9 Peninsula	8-07.00
9 Justin Palmer	10 Palos Verdes	9-00.00
10 Ryan Kelihier	9 Redondo	9-06.00
11 Nicos Villarel-styles	9 Mira Costa	10-00.00
12 Kevin White	10 Redondo	10-00.00
13 Sam Bodin	9 Redondo	10-00.00
14 Alan Williams	10 Peninsula	10-01.00
15 reed scale	10 Mira Costa	11-06.00
16 Sean Griffin	10 Mira Costa	13-01.00

Event 52 Girls Pole Vault Frosh/Soph
Thursday 5/5/2011 - 3:00 PM

Name	Year School	Seed Mark	Finals
Flight 1 Finals			
1 Tiffany Chung	9 Peninsula	6-00.00	
2 Rachel Klose	9 Peninsula	6-00.00	
3 Julie Lee	9 Peninsula	6-06.00	
4 Lisa Wong	9 Palos Verdes	6-06.00	
5 Christina Schnorf	9 Palos Verdes	6-06.00	
6 mackenzie emerson	10 Mira Costa	7-00.00	
7 Aleen Gordon	10 Palos Verdes	7-06.00	
8 hannah james	10 Mira Costa	7-06.00	
9 Madilyn Seymour	9 Palos Verdes	7-06.00	
10 Delaney Kerkoff	9 Peninsula	8-00.00	
11 chanel haifley	10 Mira Costa	8-00.00	
12 Rebecca Hext	10 Mira Costa	8-00.00	
13 Erika Woo	10 Peninsula	8-06.00	
14 Randie Vlahakis	10 Redondo	9-00.00	
15 Katie Parkinson	10 Redondo	9-06.00	
16 Megan Burns	10 Mira Costa	9-06.00	

Event 53 Boys High Jump Varsity
Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed Mark	Finals
Flight 1 Finals			
1 George Nursal	12 Palos Verdes	5-06.00	
2 Jason Huang	12 Palos Verdes	5-08.00	
3 Travion Jones	12 Leuzinger	5-08.00	
4 Connor Holubets	11 West Torranc	5-10.00	
5 Jonathan Michael Ford	12 Peninsula	6-00.00	
6 Q'Marth Ghaemi	12 Palos Verdes	6-00.00	
7 Rueben Lindsey	11 Peninsula	6-00.00	
8 Daniel Golubovic	11 Mira Costa	6-00.00	
9 Brendan Weaver	10 Palos Verdes	6-02.00	

Event 54 Girls High Jump Varsity
Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed Mark	Finals
Flight 1 Finals			
1 Gabrielle O'Hara	11 Peninsula	4-04.00	
2 Michele Ashley Charles	12 Peninsula	4-10.00	
3 Mika Davis	11 Palos Verdes	4-10.00	

4 Ama Konadu Celestine Amoafa	12 Peninsula	4-10.00
5 Aundrea Yancy	12 Redondo	5-02.00
6 Keiko Hector	12 Palos Verdes	5-02.00

Event 55 Boys High Jump Frosh/Soph
Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed Mark	Finals
Flight 1 Finals			
1 Austin Fairchild	9 Palos Verdes	4-04.00	
2 Max Sverdllov	9 Palos Verdes	4-06.00	
3 Jacob Diamond	9 Palos Verdes	4-08.00	
4 Tim Esposito	9 Palos Verdes	4-08.00	
5 Grant Uba	10 Peninsula	5-00.00	
6 Christopher De La Fuente	10 Peninsula	5-00.00	
7 Yoon Sung Choi	10 Peninsula	5-00.00	
8 Robin Wonder	9 Peninsula	5-02.00	
9 Jay Fall	10 Peninsula	5-02.00	
10 David McAdoo	10 Peninsula	5-06.00	

Event 56 Girls High Jump Frosh/Soph
Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed Mark	Finals
Flight 1 Finals			
1 angelina vollucci	10 Mira Costa	3-10.00	
2 Sofia Rendon	9 Palos Verdes	4-00.00	
3 Bryce Bark	9 Palos Verdes	4-00.00	
4 Clara Botzong	9 Palos Verdes	4-00.00	
5 Austin Zukerman	10 Palos Verdes	4-00.00	
6 Yu Morimoto	9 Peninsula	4-01.00	
7 Melissa Sato	10 Peninsula	4-01.00	
8 helena dugard	9 Mira Costa	4-02.00	
9 Miolani Grenier	9 Peninsula	4-02.00	
10 Tara Hower	9 Peninsula	4-04.00	
11 Anna Gurevich	10 Peninsula	4-06.00	
12 Maile Davis	9 Palos Verdes	4-06.00	
13 Delaney Kerkoff	9 Peninsula	4-06.00	
14 Charissa Iluore	10 Peninsula	4-06.00	
15 Jillene Ma	10 Peninsula	4-06.00	
16 Randie Vlahakis	10 Redondo	4-06.00	
17 Kaitlann Aube	9 Peninsula	4-08.00	
18 Allison Bartak	9 Mira Costa	4-09.00	

Event 57 Boys Long Jump Varsity
Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed Mark	Finals
Flight 1 Finals			
1 Zade Zahlan	10 Palos Verdes	13-00.00	
2 Farhaad Khan	9 Palos Verdes	14-00.00	
3 Jason Huang	12 Palos Verdes	17-02.00	
4 Takahiro Ide	11 Redondo	17-06.00	
5 Travion Jones	12 Leuzinger	18-01.00	
6 Connor Holubets	11 West Torranc	18-06.00	

7 Perry BJ Nguyen	12 Peninsula	18-11.00
8 Jacob Robinett	11 Palos Verdes	19-00.00
9 Cameron Ritchie	12 Mira Costa	19-01.00
10 Kevin Kumagai	11 Mira Costa	19-01.00
11 Devon Williams	12 Redondo	19-05.00
12 Sean Towns	12 Redondo	19-06.00
13 Q'Marth Ghaemi	12 Palos Verdes	19-08.00
14 Veit Tran	12 Mira Costa	19-09.00
15 Gregory Francis Wang	12 Peninsula	19-09.50
16 Jay Akarim	11 Mira Costa	19-10.00
17 Jonathan Michael Ford	12 Peninsula	19-10.00
18 Lorenzo Patton	10 Leuzinger	20-09.00
19 Rueben Lindsey	11 Peninsula	20-10.00
20 kyle hubbard	11 Mira Costa	20-10.00
21 Nicky Roos	11 West Torranc	21-00.00
22 Mahmoud Hassanyyn	12 Redondo	21-00.00
23 Okuoma Idah	11 Peninsula	22-04.00

Event 58 Girls Long Jump Varsity
Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed Mark	Finals
Flight 1 Finals			
1 Crystal Gianvecchio	11 Peninsula	13-03.00	
2 Simonisa Selmon	12 Leuzinger	13-08.00	
3 sabrina yates	11 Mira Costa	14-01.00	
4 Maggie Ginoza	11 Mira Costa	14-04.00	
5 Dezray Worrell-Perry	12 Peninsula	14-07.00	
6 Crystal Dilworth	11 Leuzinger	14-10.00	
7 Carol Lam	11 Peninsula	14-11.00	
8 Mika Davis	11 Palos Verdes	15-10.00	
9 Monier Mahidashti	11 Redondo	15-10.00	
10 Kirby Benson	10 Mira Costa	16-00.00	
11 Ruby Davis	12 Redondo	16-00.00	
12 Michele Ashley Charles	12 Peninsula	16-00.00	
13 Christy Propat	12 Palos Verdes	16-06.00	
14 Madalyn Fleming	11 West Torranc	16-08.00	
15 Haley Miller	11 Redondo	16-10.00	
16 Kayla Mallet	12 West Torranc	17-04.00	

Event 59 Boys Long Jump Frosh/Soph
Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed Mark	Finals
Flight 1 Finals			
1 Chasen Volkel	10 Palos Verdes	14-00.00	
2 Coleman Opsata	9 West Torranc	15-00.00	
3 mc lane brown	9 Mira Costa	15-08.00	
4 Jordan Alejo	9 Redondo	15-10.00	
5 Ricardo Viscarra	10 Peninsula	16-01.00	
6 Eric Childress	10 Leuzinger	16-02.00	
7 Max Sverdllov	9 Palos Verdes	16-05.00	
8 Austin Yu	10 Palos Verdes	16-08.00	
9 Christopher De La Fuente	10 Peninsula	16-08.50	

10	Tim Esposito	9 Palos Verdes	16-10.00
11	Michael O'Neill	9 Redondo	16-10.00
12	Kevin White	10 Redondo	17-00.00
13	David Price	10 Leuzinger	17-00.00
14	Jacob Diamond	9 Palos Verdes	17-00.00
15	akira isaac	9 Mira Costa	17-04.00
16	Andrew Baeza	9 Peninsula	17-11.00
17	Cory Ng	10 Peninsula	18-01.00
18	Rodney Martin	10 Leuzinger	18-02.00
19	Brian Zukotynski	10 Mira Costa	18-02.00
20	Grant Uba	10 Peninsula	18-02.50
21	chris fong	9 Mira Costa	18-06.00
22	David McAdoo	10 Peninsula	18-09.00

Event 60 Girls Long Jump Frosh/Soph
Monday 5/2/2011 - 2:30 PM

Name	Year School	Seed Mark	Finals
Flight 1 Finals			
1	Catherine Sun	9 West Torranc	11-08.00
2	Sandra Long	9 West Torranc	12-00.00
3	Austin Zukerman	10 Palos Verdes	12-05.00
4	Sarah Finch	10 Redondo	12-06.00
5	Momoko Yaguchi	9 Peninsula	12-09.00
6	Dani Lee	10 West Torranc	13-00.00
7	Emiko Kranz	10 West Torranc	13-05.00
8	Clara Botzong	9 Palos Verdes	13-06.00
9	Maile Davis	9 Palos Verdes	13-06.00
10	Nicole Wilkinson	9 Palos Verdes	13-08.00
11	Natalie Sisto	9 Redondo	13-09.00
12	Avry Hughes	10 Peninsula	13-11.75
13	Leah Langford	10 Redondo	14-00.00
14	Kaitlann Aube	9 Peninsula	14-08.00
15	Tiffany Shows	9 West Torranc	15-04.00
16	Delaney Kerkoff	9 Peninsula	15-04.00
17	Maile Ryant	9 Palos Verdes	15-06.00
18	Charissa Iluore	10 Peninsula	16-00.00

Event 61 Boys Triple Jump Varsity
Thursday 5/5/2011 - 3:00 PM

Name	Year School	Seed Mark	Finals
Flight 1 Finals			
1	Takahiro Ide	11 Redondo	34-04.00
2	Jason Huang	12 Palos Verdes	36-00.00
3	Jacob Robinett	11 Palos Verdes	37-00.00
4	isuru wickramarachchi	12 Mira Costa	37-00.00
5	Cameron Ritchie	12 Mira Costa	38-00.00
6	Nathan Chong	12 Mira Costa	38-08.00
7	Perry BJ Nguyen	12 Peninsula	38-11.50
8	Jay Akarim	11 Mira Costa	39-04.00
9	Devon Williams	12 Redondo	39-05.00
10	Sean Towns	12 Redondo	39-06.00
11	Rueben Lindsey	11 Peninsula	39-10.00

12	Veit Tran	12 Mira Costa	40-02.00
13	Connor Holubets	11 West Torranc	40-02.00
14	Nicky Roos	11 West Torranc	41-00.00
15	Jonathan Michael Ford	12 Peninsula	41-10.00
16	Mahmoud Hassanyn	12 Redondo	43-09.00

Event 62 Girls Triple Jump Varsity

Thursday 5/5/2011 - 3:00 PM

Name	Year School	Seed Mark	Finals
Flight 1 Finals			
1	Crystal Gianvecchio	11 Peninsula	26-05.00
2	Simonisa Selmon	12 Leuzinger	27-02.00
3	sabrina yates	11 Mira Costa	29-00.00
4	Maggie Ginoza	11 Mira Costa	29-06.00
5	Crystal Dilworth	11 Leuzinger	29-06.00
6	Carol Lam	11 Peninsula	29-08.50
7	Dezray Worrell-Perry	12 Peninsula	30-05.00
8	Christy Poropat	12 Palos Verdes	33-00.00
9	Monier Mahidashti	11 Redondo	33-10.00
10	Madalyn Fleming	11 West Torranc	33-11.00
11	Mika Davis	11 Palos Verdes	34-00.00
12	Aundrea Yancy	12 Redondo	35-01.00
13	Haley Miller	11 Redondo	35-07.00
14	Michele Ashley Charles	12 Peninsula	35-09.00
15	Kayla Mallet	12 West Torranc	39-11.00

Event 63 Boys Triple Jump Frosh/Soph

Thursday 5/5/2011 - 3:00 PM

Name	Year School	Seed Mark	Finals
Flight 1 Finals			
1	Jack Nelson	10 Palos Verdes	29-00.00
2	mc lane brown	9 Mira Costa	30-00.00
3	James Slevin	10 Palos Verdes	31-05.00
4	Jordan Alejo	9 Redondo	32-05.00
5	Michael O'Neill	9 Redondo	32-10.00
6	Kevin White	10 Redondo	33-03.00
7	Tim Esposito	9 Palos Verdes	34-04.00
8	Cory Ng	10 Peninsula	34-09.00
9	Ricardo Viscarra	10 Peninsula	34-11.00
10	David Price	10 Leuzinger	35-02.00
11	akira isaac	9 Mira Costa	35-07.00
12	Ryan Lee	9 Peninsula	35-11.00
13	Jacob Diamond	9 Palos Verdes	36-00.00
14	Brian Zukotynski	10 Mira Costa	36-00.00
15	Austin Yu	10 Palos Verdes	36-06.00
16	David McAdoo	10 Peninsula	38-02.00
17	Andrew Baeza	9 Peninsula	38-06.50
18	Grant Uba	10 Peninsula	40-09.50

Event 64 Girls Triple Jump Frosh/Soph
Thursday 5/5/2011 - 3:00 PM

Name	Year School	Seed Mark	Finals
Flight 1 Finals			
1	Sarah Finch	10 Redondo	22-00.00
2	Natalie Sisto	9 Redondo	24-00.00
3	Arina Sato	10 Peninsula	25-03.00
4	PV Babamoto	9 Palos Verdes	26-00.00
5	Catherine Sun	9 West Torranc	26-00.00
6	Sandra Long	9 West Torranc	26-09.00
7	Kaitlann Aube	9 Peninsula	27-00.00
8	Avry Hughes	10 Peninsula	27-08.00
9	Bryce Bark	9 Palos Verdes	28-00.00
10	Sofia Rendon	9 Palos Verdes	28-06.00
11	Emiko Kranz	10 West Torranc	28-08.00
12	Dani Lee	10 West Torranc	29-00.00
13	Leah Langford	10 Redondo	30-01.00
14	Nicole Wilkinson	9 Palos Verdes	31-00.00
15	Tiffany Shows	9 West Torranc	31-03.00
16	Delaney Kerkoff	9 Peninsula	32-06.50
17	Maile Ryant	9 Palos Verdes	33-00.00
18	Charissa Iluore	10 Peninsula	33-09.50