## LOUIS ZAMPERINI INVITATIONAL



**Events and Order:** 

5000m - 9:30am

4x800

8x200

1600

1000m

**SMR-800** 

**DMR** 

**Pole Vault** 

Disc

Medals: top 3 overall in each event, per division, except 1600 & 5000.

**Entries: EPI Sports Deadline: Thursday** 2/25/16 by 11 PM.

Entry Fee: \$175 - Team Due: Monday 2/22/16 Checks: THS Track

Mail: Kyle Irvine THS Track and Field 2200 W. Carson St. Torrance 90501

## **DIRECTIONS TO FIELD:**

Traveling north or south on 405 Freeway take Crenshaw offramp south to Carson Street. Turn left and continue to Plaza del Amo (1st signal). Turn right on Plaza Del Amo and continue past the back of the school to Arlington Street. Turn right on Arlington, go to the first street past the railroad tracks (Lincoln St.) and turn right on to Lincoln. Proceed on Lincoln to the athletic field, which is across from Torrance Elementary School.

Contact: **Kyle Irvine** 310-283-1878 - cell Isa4522@startmail.com

## Louis Zamperini Invitational

**Where**: Zamperini Stadium 2125 Lincoln Ave. Torrance, Ca.

**Directions**: www.thstf.com/directions

Format: Early season low key meet to honor the legacy of Louis Zamperini. All relays except the

Zamperini 5000, 1600, 1000 and field events

Date: Saturday - February 27, 2016

**Start Time**: 9:30 am - 5000m

Field Events - 10am - PV, SP, DISC, HJ, LJ

4x800 follows 5000m

**Levels**: Varsity & F/S - Boys & Girls

**Events**: Zamperini 5000m, 4x800, 8x200, 1600m (two races), 1000m SMR (3, 3, 6, 4), DMR, SMR (1, 1, 2, 4), PV (5 alive), SP, DISC, HJ, LJ

Medals: top 3 overall in all events, exception 1600m & 5000m top 3 each race

Website: www.thstf.com

**Order of Events: Running** 

5000m - **9:30am** 4x800 - **follows** 

8x200 1600m SMR 1000m

SMR - 800

DMR

Field: 10am

Pole Vault - F/S - G, V/G, F/S - B, V/B

Shot - V/B, F/S - B, F/S - G, V/G

Disc – VG, F/S - G, F/S - B, V/B H.J. – OPEN – 3'8" starting height

L.J. – Boys– PIT #1 (Varsity, F/S)

Girls – PIT #2 (Varsity, F/S)

## Approximate:

| Event # 1 | 9:30am  | 5000m – Boys & Girls | <b>Pole Vault</b> | 5/ALIVE |         | Opening HT |
|-----------|---------|----------------------|-------------------|---------|---------|------------|
| Event # 2 |         | 5000m - Girls        | Event # 27        | F/S G   | 9:30am  | 5'5"       |
| Event # 3 | 10:00am | 4x800 - F/S B        | Event # 28        | VG      |         | 7'         |
| Event # 4 | 10:20am | 4x800 - F/S G        | Event #29         | F/S B   |         | 8'         |
| Event # 5 | 10:40am | 4x800 - VG           | Event #30         | VB      |         | 10'        |
| Event # 6 | 11:00am | 4x800 - VB           |                   |         |         |            |
| Event # 7 | 11:15am | 8x200 - F/S B        | High Jump         | OPEN    |         | Opening HT |
| Event #8  | 11:25am | 8x200 - F/S G        | Event # 31        | F/S G   | 10:00am | 3' 8"      |
| Event # 9 | 11:35am | 8x200 - VG           | Event # 32        | VG      |         |            |
| Event #10 | 11:45pm | 8x200 - VB           | Event # 33        | F/S B   |         |            |
| Event #11 | 11:50pm | 1600m - Boys         | Event # 34        | VB      |         |            |
| Event #12 | 12:00pm | 1600m - Girls        |                   |         |         |            |
| Event #13 | 12:10pm | SMR - F/S B          | Long Jump         |         |         | Two Pits   |
| Event #14 | 12:15pm | SMR - F/S G          | Event # 35        | VB      | 10:00am | # 1        |
| Event #15 | 12:20pm | SMR - VG             | Event # 36        | F/S B   | 12:00pm | # 1        |
| Event #16 | 12:25pm | SMR - VB             | Event # 37        | VG      | 10:00am | # 2        |
| Event #17 | 12:30pm | 1000m - Boys         | Event # 38        | F/S G   | 12:00pm | # 2        |
| Event #18 | 12:40pm | 1000m - Girls        |                   |         |         |            |
| Event #19 | 12:50pm | SMR(800) - B         | <b>Shot Put</b>   |         |         |            |
| Event #20 | 1:00pm  | SMR(800) - G         | Event # 39        | V/B     | 10:00am |            |
| Event #21 | 1:10pm  | SMR(800)- VG         | Event # 40        | F/S B   |         |            |
| Event #22 | 1:15pm  | SMR(800)- VB         | Event # 41        | F/S G   |         |            |
| Event #23 | 1:25pm  | DMR - F/S B          | Event # 42        | VG      |         |            |
| Event #24 | 1:40pm  | DMR - F/S G          |                   |         |         |            |
| Event #25 | 1:50pm  | DMR -VG              | Discus            |         |         |            |
| Event #26 | 2:00pm  | DMR - VB             | Event # 43        | VG      | 10:00am |            |
|           |         |                      | Event # 44        | F/S G   |         |            |
|           |         |                      | Event # 45        | F/S B   |         |            |
|           |         |                      | Event # 46        | V/B     |         |            |