

Bishop Amat Relays

Order of Events

	Heats
7:30 Girls Frosh/ Soph Varsity 4x1600	1
Boys Frosh/ Soph Varsity 4x1600	1
Girls Frosh/ Soph 4x200	2
Boys Frosh/ Soph 4x200	3
Girls Varsity 4x200	2
Boys Varsity 4x200	2
Girls Frosh/ Soph 4x800	1
Boys Frosh/ Soph 4x800	1
Boys Varsity 4x800	1
Girls Varsity 4x800	1
Girls Frosh/ Soph 4 x100	2
Boys Frosh/ Soph 4 x100	2
Girls Varsity 4x100	2
Boys Varsity 4x100	2
Girls Frosh/ Soph Sprint Med (1-1-2-4)	2
Girls Varsity Sprint Med (1-1-2-4)	2
Boys Frosh/ Soph Sprint Med (2-2-4-8)	2
Boys Varsity sprint med(2-2-4-8)	2
Girls Varsity 1600m	1
Boys Varsity 1600m	2
Girls FS 100 Hurdles	4
Girls Varsity 100 Hurdles	5
Boys Frosh Soph 110 Hurdles	3
Boys Varsity 110 Hurdles	5
Girls Frosh/ Soph 100m Heat #8	1
Girls Varsity 100 on track #1	6
Girls Frosh/ Soph 100 (Hts #1-7) on track #2	
Boys Frosh Soph 100 Heat #8	1
Boys Varsity 100 on track #1	8
Boys Frosh/ Soph 100 (hts 1-7) on track #2	
Girls Frosh/ Soph DMR (12-4-8-16)	1
Boys Frosh/ Soph DMR (12-4-8-16)	1
Girls Varsity DMR (12-4-8-16)	1
Boys Varsity DMR (12-4-8-16)	1
Girls Frosh/ Soph 4 x 400	2
Boys Frosh/ Soph 4 x 400	4
Girls Varsity 4 x 400	2
Boys Varsity 4 x 400	2
4:30 Team Awards	