

**Summary of  
RUHS Track Meeting  
January 8, 2020**

**Introduction of Board Members:**

Co-President:	Allison, Janice		Treasurer:	Stenson, Ana	
Co-President:	Allison, David		Secretary:	Baltes, Beate	
Vice President:	Will, Cindy				
Hurdles Coach:	Brian Lindquist		Coach:	Kelley	

**Requests:**

- **Please make sure to check the <http://runruhs.com/> Website for updates and information – the schedule is also posted**
- Other forms of communication are being discussed/investigated, such as “Band” or Facebook communication; please follow Coach Bob Leetch on Facebook and/or Instagram for really cool pictures and videos
- All athletes have to be signed in at these two sites
  - <https://redondounion.8to18.com/accounts/login> for athletic clearance
  - <http://runruhs.com/parent-email-sign-up-2/>

**General Recommendation:** Please support the team so that the coaches can focus on coaching. That requires that you volunteer. Athletes will have to double their volunteer hours if we don’t have enough parents.

- Fundraiser for the Bucket Hat: Please see our Website to order
- January 15: Spike Night at Roadrunners (more info on the Website)
- Uniforms will be available soon, please check the Website for details. The cross-country uniforms can be used. The athletes can run without the uniform until the end of February.
- Practice is between Monday and Saturday, also during vacations and school-free days. Please make sure to get information from Coach Bob on where to meet and when.
- Track Meet Schedule is on the Website.
  - If athletes miss school, please remind them to speak to their teachers ahead of time
  - All athletes need to be on the bus. If you have to pick up your son/daughter for an emergency, please make sure to contact the coaches and provide the coaches with the “alternative transportation form”
  - We are hosting five (5) days of track meets and need parents to volunteer.

Feb 1: All Comer’s Meet: Please sign up to volunteer. The invitation for the sign-up will be sent via email and posted on the Website.