

Brea Relays Time Schedule (we will run ahead if possible—but will not run more than 30 minutes ahead of schedule)

RUNNING EVENTS

8:20am	100/110 Hurdles
9:00am	400m
9:45am	100m
10:20am	1600m
11:00am	4 x 200m relay
12:00	4 x 100m Throwers Relay (must compete in one of the throwing events)
12:20	4 x 100m Relay
1:00pm	Distance Medley
	Coaches Relay
2:10pm	Sprint Medley (1-1-2-4)
2:50pm	4 x 800 Relay
3:55pm	Shuttle Hurdle Relay
4:30pm	4 x 400 Relay

FIELD EVENTS (3 athletes per event)

LONG JUMP

8:00am -10:00am	Boys Frosh/Soph
10am-12:00	Boys Varsity
12:00-2:00pm	Girls Varsity
2:00pm-4:00pm	Girls Frosh/Soph

DISCUS

8:00am-10:00am	Boys FS
10:00am-12:00	Boys Varsity
12:00-2:00pm	Girls Varsity
2:00pm-4:00pm	Girls FS

TRIPLE JUMP

8:00am-10:00am	Girls Varsity
10:00am-12:00	Girls Frosh/Soph
12:00-2:00pm	Boys Varsity
2:00pm-4:00pm	Boys Frosh/Soph

SHOT PUT

8:00am-10:00am	Girls Varsity
10:00am-12:00	Girls F/S
12:00-2:00pm	Boys Varsity
2:00pm-4:00pm	Boys F/S

HIGH JUMP

8:00am-10:00am	Girls Frosh/Soph
10:00am-12:00	Girls Varsity
12:00-2:00pm	Boys Frosh/Soph
2:00pm-4:00pm	Boys Varsity

POLE VAULT

8:00am-10:00am	Boys FS
	Girls FS TO FOLLOW Boys FS
	Girls VAR to Follow Girls FS
	Boys VAR to Follow Girls VAR