

Time	Track Events	Type Event
7:30	Girls Varsity 4x1600	Distance
	Boys Varsity 4x1600	Distance
	Girls Frosh/ Soph 4x200	Sprint
	Boys Frosh/ Soph 4x200	Sprint
	Girls Varsity 4x200	Sprint
	Boys Varsity 4x200	Sprint
	Girls Frosh/ Soph 4x800	Distance
	Boys Frosh/ Soph 4x800	Distance
	Girls Varsity 4x800	Distance
	Boys Varsity 4x800	Distance
	Girls Frosh/ Soph 4 x100	Sprint
	Boys Frosh/ Soph 4 x100	Sprint
	Girls Varsity 4x100	Sprint
	Boys Varsity 4x100	Sprint
	Girls Frosh/ Soph Sprint Med (1-1-2-4)	Sprint
	Boys Frosh/ Soph Sprint Med (2-2-4-8)	Sprint
	Girls Varsity Sprint Med (1-1-2-4)	Sprint
	Boys Varsity sprint med(2-2-4-8)	Sprint
	Girls Varsity 1600m	Distance
	Boys Varsity 1600m	Distance
	Girls Varsity 100 Hurdles	Sprint
	Boys Varsity 110 Hurdles	Sprint
	Girls Varsity 100 on track #1	Sprint
	Girls Frosh/ Soph 100 on track #2	Sprint
	Boys Varsity 100 on track #1	Sprint
	Boys Frosh/ Soph 100 on track #2	Sprint
	Girls Frosh/ Soph DMR (12-4-8-16)	Distance
	Boys Frosh/ Soph DMR (12-4-8-16)	Distance
	Girls Varsity DMR (12-4-8-16)	Distance
	Boys Varsity DMR (12-4-8-16)	Distance
	Girls Frosh/ Soph 4 x 400	Sprint
	Boys Frosh/ Soph 4 x 400	Sprint
	Girls Varsity 4 x 400	Sprint
4:30	Boys Varsity 4 x 400	Sprint
5:00	Team Awards	