

HEAT SHEETS



Event 1 Boys 4x100 Meter Relay Frosh/Soph

Saturday 4/13/2013 - 10:30 AM

Stadium: 43.40 2011 Peninsula

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

- 3 Inglewood
- 4 Washington
- 5 Mira Costa
- 6 Mayfair

Event 2 Girls 4x100 Meter Relay Frosh/Soph

Saturday 4/13/2013 - 10:35 AM

Stadium: 49.84 2013 Redondo Union

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

- 2 Edgewood
- 3 Palos Verdes
- 4 Mira Costa
- 5 Inglewood
- 6 Mayfair

Event 3 Girls 4x100 Meter Relay Varsity

Saturday 4/13/2013 - 10:40 AM

Stadium: 49.84 2013 Redondo Union

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

- 2 Inglewood
- 3 Mira Costa
- 4 Redondo Union
- 5 Brea Olinda
- 6 Mayfair
- 7 Santee

Event 4 Boys 4x100 Meter Relay Varsity

Saturday 4/13/2013 - 10:45 AM

Stadium: 43.40 2011 Peninsula

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

- 1 Santee
- 2 Inglewood
- 3 El Modena
- 4 Chaminade
- 5 Washington
- 6 Mira Costa
- 7 Redondo Union

Event 5 Boys 1600 Meter Run Frosh/Soph

Saturday 4/13/2013 - 10:50 AM

Stadium: 4:19.40 2009 Schmidt, C.

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

- 1 Usiel, Ulloa 9 Santee
- 2 Osterhout, Bram 10 Mira Costa
- 3 Lopez, Luis 10 Mayfair
- 4 Booth, Wesley 9 Palos Verdes
- 5 Morgan, Houston 9 Palos Verdes
- 6 Sonnenblick, Matt 9 Chadwick
- 7 Thomson, Nic 9 Chadwick
- 8 Villegas, Brennen 9 Mayfair
- 9 Tanous, James 10 Palos Verdes
- 10 Butler, Hayden 10 Palos Verdes
- 11 Joo, Eric 11 New Covenant
- 12 Chu, Jonathan 9 New Covenant
- 13 Chavez, Luis 10 Edgewood
- 14 Pennell, Rommell 10 Washington

Section 2 of 2 Finals

- 1 Earl, Everett 9 El Modena
- 2 DeDio, Chris 10 Brea Olinda
- 3 Cortes, Jesus 9 Santee
- 4 Martinez, Justin 10 Santee
- 5 Sipple, Jeff 10 Brea Olinda
- 6 Chavez, Jonathan 10 El Modena
- 7 Villella, Adam 9 El Modena
- 8 Franklin, Robert 9 Palos Verdes
- 9 Hunt, Brendan 9 Mira Costa
- 10 Dehaan, Louis 9 Pacifica Chr
- 11 Garrett, Ty 9 Mira Costa
- 12 Munoz, Jonathan 10 Santee
- 13 Willams, Ethan 9 Mira Costa
- 14 Hodges, David 10 Mira Costa
- 15 Sanz, Adrian 10 Palos Verdes
- 16 VasquezRodriguez, Che 10 Mayfair
- 17 Boyac, Anthony 9 Pacifica Chr



Event 6 Girls 1600 Meter Run Frosh/Soph

Saturday 4/13/2013 - 11:10 AM

Stadium: 4:54.30 2011 Capellino

Table with columns: Lane, Name, Yr, School, Seed Time. Section 1 of 1 Finals. Rows 1-20 listing runners and schools.

Event 8 Boys 1600 Meter Run Varsity

Saturday 4/13/2013 - 11:30 AM

Stadium: 4:19.40 2009 Schmidt, C.

Table with columns: Lane, Name, Yr, School, Seed Time. Section 1 of 2 Finals. Rows 1-20 listing runners and schools.

Event 7 Girls 1600 Meter Run Varsity

Saturday 4/13/2013 - 11:20 AM

Stadium: 4:54.30 2011 Capellino

Table with columns: Lane, Name, Yr, School, Seed Time. Section 1 of 1 Finals. Rows 1-24 listing runners and schools.

Section 2 of 2 Finals

Table with columns: Lane, Name, Yr, School, Seed Time. Rows 1-19 listing runners and schools.

HEAT SHEETS



Event 9 Girls 100 Meter Hurdles Frosh/Soph

Saturday 4/13/2013 - 11:55 AM

Stadium: 15.10 2010 Wellbaum

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Draffen, Regina	10	Mayfair	
2	Quinn, Kristin	9	Mira Costa	
3	Johnson, Charlie	10	Mira Costa	
4	Gonzalez, Idalis	10	Downey -ss	
5	Al-Uqdah, Yasmine	10	Mira Costa	
6	Schwerdtfeger, Kristyn	10	Palos Verdes	
7	Nunan, Mari	9	Mira Costa	
8	Courteau, Duval	9	Chadwick	

Event 10 Girls 100 Meter Hurdles Varsity

Saturday 4/13/2013 - 12:00 PM

Stadium: 15.10 2010 Wellbaum

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

3	Odlum, Ariel	11	Chadwick	
4	Kimbrow, Sadie	12	Redondo Union	
5	Oster, Nicole	11	Mira Costa	
6	Chambers, Ayana		Mayfair	

Section 2 of 2 Finals

1	Campbell, Allie	12	Mira Costa	
2	Lioloa, Julianna	11	Mira Costa	
3	Glover, Tsunami	12	Inglewood	
4	Petersen, Kaylin	12	Brea Olinda	
5	Hamlin, Kristen	10	Redondo Union	
6	Davis, Maile	11	Palos Verdes	
7	Johnson, Candace	11	Palos Verdes	
8	Hernandez, Antonette	12	Brea Olinda	

Event 11 Boys 110 Meter Hurdles Frosh/Soph

Saturday 4/13/2013 - 12:15 PM

Stadium: 14.60 2012 Weaver

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

3	Cervantes, Micheal	9	Mira Costa	
4	Jones, Maurice	10	Washington	
5	Frank-Love, Fabien	9	Mira Costa	
6	Villalobos Juardo, Marcelino	10	Edgewood	

Event 12 Boys 110 Meter Hurdles Varsity

Saturday 4/13/2013 - 12:20 PM

Stadium: 14.60 2012 Weaver

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

3	Hayata, Brandon	11	Redondo Union	
4	Lindquist, Cameron	11	Redondo Union	
5	Hilton, David	11	Mira Costa	

Section 2 of 2 Finals

1	Ganous, Sergey	12	Redondo Union	
2	Booras, Andrew	12	Mira Costa	
3	Inman, Tyler	11	Brea Olinda	
4	Weaver, Brendan	12	Palos Verdes	
5	Brown, Jordan	12	Brea Olinda	
6	Johnson, Zack	11	Mira Costa	
7	McMahon, Robert	11	Mira Costa	

Event 13 Boys 400 Meter Dash Frosh/Soph

Saturday 4/13/2013 - 12:40 PM

Stadium: 49.27 2013 Moniz

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

2	Kim, Daniel	10	New Covenant	
3	Browning, Ryan	9	Chadwick	
4	Trinh, Andrew	10	Chadwick	
5	Liu, Michael	9	Chadwick	
6	Kim, Christopher	10	New Covenant	
7	Chong, JaeHoon	11	New Covenant	

Section 2 of 2 Finals

1	Sanchez, Diego	10	Santee	
2	Muhammad, Karim	10	Washington	
3	Martinez, Alex	10	Brea Olinda	
4	Campbell, Greg	10	Chaminade	
5	Rosas, Gerardo	10	Santee	
6	Hall, Nathaniel	9	Inglewood	
7	Power, Mac	10	Mira Costa	
8	Casarubbias, Christian	10	Santee	

Event 14 Girls 400 Meter Dash Frosh/Soph

Saturday 4/13/2013 - 12:47 PM

Stadium: 58.90 2011 Hector

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

2	Romero, Nadia	10	Edgewood	
3	Courteau, Duval	9	Chadwick	
4	Marshall, Kaelin	9	Mira Costa	
5	Goy, Laura	9	Chadwick	
6	Stephens, LaTisha	9	Inglewood	
7	Ousman, Rewa	9	Brea Olinda	

Section 2 of 2 Finals

1	Johnson, Amber	9	Inglewood	
2	Perez, Shannon	9	Mira Costa	
3	Aljandali, Alexis	9	Cabrillo (Lb)	
4	Sonko, Kamilah	9	Mira Costa	
5	Martinson, Madeline	10	Brea Olinda	
6	Stritzinger, Emma	10	Palos Verdes	
7	Clark, Alexa	9	Mira Costa	
8	Winding, Avashae	10	Inglewood	



Event 15 Girls 400 Meter Dash Varsity

Saturday 4/13/2013 - 12:55 PM

Stadium: 58.90 2011 Hector

Lane	Name	Yr	School	Seed	Time
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Section 1 of 3 Finals

3	Ouye, Kelly	11	Chadwick		
4	Davis, Maile	11	Palos Verdes		
5	Earl, Eeryana	12	Mayfair		
6	Jeon, Patty	11	Chadwick		

Section 2 of 3 Finals

1	Raudales, Veronica	11	Santee		
2	Castaneda, Joselyn	9	Santee		
3	Collins, Kyra	10	Mira Costa		
4	Grate, Jamilah	12	Inglewood		
5	Elrington, Myan	9	Mira Costa		
6	Hauser, Aisha	11	Inglewood		
7	Hardy, Je'ni	12	Washington		
8	Speroni, Samantha	12	Chadwick		

Section 3 of 3 Finals

1	Petersen, Kaylin	12	Brea Olinda		
2	Wooley, Megan	12	Palos Verdes		
3	Franks, Doshawn		Palisades		
4	South, Erin	12	Redondo Union		
5	Stephens, Ashley		Palisades		
6	Gishwiller, Kaitlin	12	Brea Olinda		
7	Goss, Trinity	12	Mira Costa		
8	Snyder, Heidi	10	Mayfair		

Event 16 Boys 400 Meter Dash Varsity

Saturday 4/13/2013 - 1:08 PM

Stadium: 49.27 2013 Moniz

Lane	Name	Yr	School	Seed	Time
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Section 1 of 3 Finals

1	Morton, Chris	12	Palos Verdes		
2	Johnson, Marcus	12	Washington		
3	Bereal, Daniel	11	Mayfair		
4	Ramos, Joe	11	Redondo Union		
5	Thompson, Austin	12	Mayfair		
6	Brooklier, Nick	12	Pacifica Chr		
7	Inman, Tyler	11	Brea Olinda		
8	Brown, Jordan	12	Brea Olinda		

Section 2 of 3 Finals

1	Sledge, Zachary	11	Palos Verdes		
2	Brown-Gaines, Martin	11	Inglewood		
3	Moutra, Jack	11	Washington		
4	Onusconich, P.J.	11	Mira Costa		
5	Estrada, Julio	12	Santee		
6	Grate, Kamani	12	Inglewood		
7	Ojeda, Christian	12	Brea Olinda		
8	Angle, Cody	12	Palos Verdes		

Section 3 of 3 Finals

1	Bradley, Justin	11	El Modena		
2	Nobis, Austin	10	Bishop Gorma		
3	Weaver, Brendan	12	Palos Verdes		
4	Franks, Dosh		Palisades		
5	Kelley, Kyle	11	Bishop Gorma		
6	Randle, Juman	11	Inglewood		
7	Anderson, Carter	11	Mira Costa		
8	Parker, Justin	11	Mayfair		

Event 17 Boys 100 Meter Dash Frosh/Soph

Saturday 4/13/2013 - 1:20 PM

Stadium: 10.90 2009 Laetsch

Stadium: 10.90 2010 Adler

Stadium: 10.90 2011 Johnson

Stadium: 10.90 2011 Idah, O

Lane	Name	Yr	School	Seed	Time
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Section 1 of 4 Finals

2	Grate, Xavier	9	Inglewood		
3	Kim, Christopher	10	New Covenant		
4	Browning, Ryan	9	Chadwick		
5	Del Muro, Omar	9	Edgewood		
6	Urbina, Bryan	10	Edgewood		
7	Espinoza, Joe	9	Edgewood		

Section 2 of 4 Finals

1	Choi, Samuel	10	New Covenant		
2	Alesio, Harry	9	Pacifica Chr		
3	Nettles, Tavien	9	Inglewood		
4	Fennell, Norman	10	Washington		
5	Ridgell, Malik	10	Washington		
6	Lokus, Sion	10	Pacifica Chr		
7	Saito, Micheal	9	Pacifica Chr		
8	Liu, Michael	9	Chadwick		

Section 3 of 4 Finals

1	Jones, Maurice	10	Washington		
2	Verbrugge, Ben	10	Mira Costa		
3	Choi, Anthony	10	Mira Costa		
4	Weaver, Kevin	10	Palos Verdes		
5	Wade, Adrian	10	Washington		
6	Foster, Alec	10	Chadwick		
7	Livingston, Arturus	9	Inglewood		
8	Richland, Ben	10	Palos Verdes		

Section 4 of 4 Finals

1	Searcy, Tre	10	Mira Costa		
2	Wong, Evan	9	Mira Costa		
3	Seigel, Joshua	9	El Modena		
4	Peterson, Randy	10	Brea Olinda		
5	Potts, Xzavion	10	Washington		
6	Berry, Charles	10	Cabrillo (Lb		
7	Wilson, Robert	9	Cabrillo (Lb		
8	Coley, Justin	11	Cabrillo (Lb		



Event 18 Girls 100 Meter Dash Frosh/Soph

Saturday 4/13/2013 - 1:34 PM

Stadium: 12.30 2010 Dotson

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

2	Poitras, Yolande	10	Chadwick	
3	Contreras, Dafne	9	Edgewood	
4	Diaz, Laura	9	Edgewood	
5	Martinez, Alexandria	10	Edgewood	
6	Mendoza, Angelica	9	Edgewood	
7	Maramonte, Francesca	9	Chadwick	

Section 2 of 3 Finals

1	Jensen, Skye	10	Edgewood	
2	Castlemen, Danielle	10	Pacifica Chr	
3	Doty, Tara	9	Chadwick	
4	Francis, Brooke	10	Inglewood	
5	Burgess, Reavyn	9	Inglewood	
6	Carranza, Andrea		Edgewood	
7	May, Tahesha	10	Pacifica Chr	
8	Lim, Hyobin	10	New Covenant	

Section 3 of 3 Finals

1	Alexander, Kira	10	Cabrillo (Lb)	
2	Faubert, Alexa	9	Mira Costa	
3	Tyler, Emage	10	Inglewood	
4	Dorsey, Jordon	10	Mira Costa	
5	Porter, Derrianah	10	Cabrillo (Lb)	
6	Coulter-Martinez, PV	9	Palos Verdes	
7	Sigler, India	10	Inglewood	
8	Brown, Ally	9	Edgewood	

Event 19 Girls 100 Meter Dash Varsity

Saturday 4/13/2013 - 1:45 PM

Stadium: 12.30 2010 Dotson

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Chavez, Marlene	10	Santee	
2	Morrow, Tamia	9	Cabrillo (Lb)	
3	Jackson, Taylor	11	Chadwick	
4	Brown, Donnisha	12	Santee	
5	Lloyd, Ai'jeia	11	Inglewood	
6	Lake, Kendal		Palisades	
7	Burgess, Rememberance	11	Inglewood	

Section 2 of 3 Finals

1	Harvey, Tatiana	12	Mayfair	
2	Morrison, Jasmyne	12	Mira Costa	
3	Estrella, Michelle	11	Mira Costa	
4	Anderson, Averie	11	Mira Costa	
5	Montgomery, Tairyn	9	Redondo Union	
6	Flores, Ariel	11	Brea Olinda	
7	Beaudoin, De'Chelle	12	Inglewood	
8	Nolen, Emily	11	Brea Olinda	

Section 3 of 3 Finals

1	Glover, Tsunami	12	Inglewood	
2	Chiodo, Anastasia	10	Redondo Union	
3	Janneck, Jennifer	12	Brea Olinda	
4	Bassman, Shelby	12	Redondo Union	
5	Mills, Camille	11	Mira Costa	
6	Markley, Kimi	11	Mira Costa	
7	Hamlin, Kristen	10	Redondo Union	
8	Vega, Natasha	11	Mira Costa	

Event 20 Boys 100 Meter Dash Varsity

Saturday 4/13/2013 - 1:56 PM

Stadium: 10.90 2009 Laetsch

Stadium: 10.90 2010 Adler

Stadium: 10.90 2011 Johnson

Stadium: 10.90 2011 Idah, O

Lane	Name	Yr	School	Seed Time
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Section 1 of 4 Finals

1	Bell, Moorsey	11	Edgewood	
2	Garcia, James	10	Edgewood	
3	Gomez, Ramon	12	Chadwick	
4	Jackson, Chauntaze	12	Inglewood	
5	Hardge, Shawn	11	Santee	
6	Guillen, Omar	11	Edgewood	
7	Welch, James	11	Inglewood	
8	Jones, Larry	11	Inglewood	

Section 2 of 4 Finals

1	Bello, Kevin	10	Edgewood	
2	Capper, Keanu	11	Redondo Union	
3	Stallings, Andre	12	Inglewood	
4	Moore, Tyler	11	Palos Verdes	
5	Choice, Jerromy	12	Washington	
6	Sam, Americo	11	Mira Costa	
7	Bartlett, Cameron	11	Chadwick	
8	Fortuna, Luiz	12	Mira Costa	

Section 3 of 4 Finals

1	Lee, Sean	11	Redondo Union	
2	Sudduth, Stephon	11	Redondo Union	
3	Martin, Robby	12	El Modena	
4	Pandy, Zendon	11	Washington	
5	Washington, Tareaun	11	Santee	
6	Ramos, Joe	11	Redondo Union	
7	Helm, Connor	12	Palos Verdes	
8	Frank-Love, Sebastian	11	Mira Costa	

Section 4 of 4 Finals

1	Stevenson, Lamont	11	Inglewood	
2	Lawson-Gayle, Rapheal	12	Mira Costa	
3	Franks, Dosh		Palisades	
4	Newby, Terrell	12	Chaminade	
5	Velazquez, Joesph	11	El Modena	
6	Viquez, Ryan	11	El Modena	
7	Reyes, Eddie	11	Inglewood	
8	Belcher, Devon	11	Alta Loma	



HEAT SHEETS

Event 21 Boys 800 Sprint Medley Frosh/Soph

Saturday 4/13/2013 - 2:10 PM

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
4	Mayfair		
5	Inglewood		

Event 22 Girls 800 Sprint Medley Frosh/Soph

Saturday 4/13/2013 - 2:16 PM

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Inglewood		
4	Palos Verdes		
5	Mayfair		

Event 23 Girls 800 Sprint Medley Varsity

Saturday 4/13/2013 - 2:23 PM

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Inglewood		
4	Palos Verdes		
5	Mayfair		
6	Chadwick		

Event 24 Boys 800 Sprint Medley Varsity

Saturday 4/13/2013 - 2:29 PM

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	Mayfair		
3	El Modena		
4	Palos Verdes		
5	Chaminade		
6	Chadwick		
7	Inglewood		

Event 25 Boys 800 Meter Run Frosh/Soph

Saturday 4/13/2013 - 2:35 PM

Stadium: 1:57.50 2012 Gates, C
Stadium: 1:57.50

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Garcia, Anthony	10	El Modena	
2	Trinh, Andrew	10	Chadwick	
3	McCartney, Timmy	10	Pacifica Chr	
4	Usiel, Ulloa	9	Santee	
5	Garrett, Ty	9	Mira Costa	
6	Munoz, Jonathan	10	Santee	
7	Lopez, Luis	10	Mayfair	
8	Welzel, Max	9	Mira Costa	
9	Henebry, Connor	10	Palos Verdes	
10	Hodges, David	10	Mira Costa	
11	Hunt, Brendan	9	Mira Costa	
12	McKenzie, Issac	9	Mayfair	
13	Schmale, Matt	9	Palos Verdes	
14	Villegas, Brennen	9	Mayfair	
15	Osterhout, Bram	10	Mira Costa	

Event 26 Girls 800 Meter Run Frosh/Soph

Saturday 4/13/2013 - 2:42 PM

Stadium: 2:12.30 2009 Curtis

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	McRae, Abby	10	Pacifica Chr	
2	Lovekin, Emily	9	Mira Costa	
3	Slome, Sabine	10	Palos Verdes	
4	Clark, Alexa	9	Mira Costa	
5	Perez, Shannon	9	Mira Costa	
6	Gonzalez, Angelina	10	Santee	
7	Escobedo, Evelin	10	Mayfair	
8	Bernabe, Monica	10	Santee	
9	Harlan, Jasmyn	10	Palos Verdes	
10	Demetrio, Clarissa	10	Santee	
11	Batchelor, Hannah	9	Brea Olinda	
12	Chen, Simone	10	Mira Costa	
13	Waller, Lindsey	10	Chadwick	
14	Kirkpatrick, Nic	10	Palos Verdes	
15	Montgomery, Sarah	9	Mira Costa	
16	Donato, Frances	10	Edgewood	
17	Garcia, Brenda	9	Edgewood	
18	Bronchick, Kylie	9	Chadwick	
19	Contreras, Jackie	10	Edgewood	
20	Bravo, Ashley	10	Edgewood	
21	Uriarte, Mariby	10	Mayfair	
22	Rouse, Heidi	9	Mayfair	

HEAT SHEETS



Event 27 Girls 800 Meter Run Varsity

Saturday 4/13/2013 - 2:50 PM

Stadium: 2:12.30 2009

Curtis

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Damian, Ambar	12	Santee	
2	Spicer, Lauren	11	Brea Olinda	
3	Pham, Cynthia	12	Mira Costa	
4	Ouye, Kelly	11	Chadwick	
5	Merkens, Monica	12	Mira Costa	
6	Cabusora, Samantha	12	Mayfair	
7	Calfas, Megan	11	Chadwick	
8	Cortes, Evelin	12	Santee	
9	Jeon, Patty	11	Chadwick	
10	Hocking, Franny	11	Chadwick	
11	Colli, Madison	11	Palos Verdes	
12	Mueller, Paige	11	Palos Verdes	
13	Scott, Lauren	11	Chadwick	
14	Vallesl, Crystal	12	Brea Olinda	
15	Wang, Susan	11	Chadwick	
16	Flores, Nicole	12	Palos Verdes	

Section 2 of 2 Finals

1	Hong, Abby	11	Mira Costa	
2	Lautanen, Emma	10	Mira Costa	
3	Salazar, Chloe	12	Pacifica Chr	
4	Gonzalez, Gabi	12	Downey -ss	
5	Webber, Cassidy	10	Palos Verdes	
6	Johnson, Alexis	9	Mira Costa	
7	Thiel, Skylar	11	Palos Verdes	
8	Ramirez, Cathryne	12	El Modena	
9	Ouye, Lauren	12	Chadwick	
10	Garcia, Adriana	12	Mayfair	
11	Tofler, Leora	10	Mira Costa	
12	Mora, Lillia	11	Mira Costa	
13	Cuevas, Maricruz	12	Mayfair	

Event 28 Boys 800 Meter Run Varsity

Saturday 4/13/2013 - 3:00 PM

Stadium: 1:57.50 2012

Gates, C

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Randle, Juman	11	Inglewood	
2	Pappas, Niko	11	Mira Costa	
3	Ohmstede, JC	11	Mira Costa	
4	Bradley, Justin	11	El Modena	
5	Delano, Evan	12	Pacifica Chr	
6	Johnson, Danny	11	El Modena	
7	Robinson, Lucas	11	Palos Verdes	
8	Beall, Ryan	12	Palos Verdes	
9	Parker, Connor	12	Palos Verdes	
10	Grate, Kamani	12	Inglewood	
11	Meneses, Raul	12	Santee	
12	MacDonald, Justin	12	Mira Costa	

Section 2 of 3 Finals

1	Dontrell, Davis	11	Santee	
2	Hamilton, Evan	12	Chadwick	
3	Morales, Ever	11	Santee	
4	Martinez, Chris	11	Bishop Gorma	
5	Cox, Henry	10	Chadwick	
6	Valle, Juan	10	Chadwick	
7	Freeman, Matthew	10	Chadwick	
8	Jacob, Holland	10	Bishop Gorma	
9	Johnson, Marcus	12	Washington	
10	Kelley, Kyle	11	Bishop Gorma	
11	Nobis, Austin	10	Bishop Gorma	
12	Behanna, Will	11	Chadwick	

Section 3 of 3 Finals

1	SarriaOrtiz, Flavio	12	Mayfair	
2	Quintana, Ventura	12	Mayfair	
3	Parke, Nate	12	Palos Verdes	
4	Carrillo, Manny	11	Edgewood	
5	Fazio, RJ	11	Palos Verdes	
6	Boboc, Brad	11	Chadwick	
7	Salazar, Benjamin	10	Edgewood	
8	Bowman, Carlton	11	Washington	
9	Pennell, Rommell	10	Washington	
10	Pennell, Roque	12	Washington	
11	Eid, Daniel	11	Mayfair	
12	Orellana, Xavier	11	Edgewood	

Event 29 Girls 300 Meter Hurdles Frosh/Soph

Saturday 4/13/2013 - 3:20 PM

Stadium: 45.90 2011

Hector

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

3	Castaneda, Monique	10	Brea Olinda	
4	Moore, Taylor	10	Palos Verdes	
5	Al-Uqdah, Yasmine	10	Mira Costa	
6	Washington, Carley	10	Cabrillo (Lb)	

Section 2 of 2 Finals

2	Schwerdtfeger, Kristyn	10	Palos Verdes	
3	Nunan, Mari	9	Mira Costa	
4	Quinn, Kristin	9	Mira Costa	
5	Gonzalez, Idalis	10	Downey -ss	
6	Johnson, Charlie	10	Mira Costa	
7	Atkinson, Avery	9	Mira Costa	

Event 30 Girls 300 Meter Hurdles Varsity

Saturday 4/13/2013 - 3:28 PM

Stadium: 45.90 2011

Hector

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Odlum, Ariel	11	Chadwick	
2	Raudales, Veronica	11	Santee	
3	Oster, Nicole	11	Mira Costa	
4	Estrella, Michelle	11	Mira Costa	
5	Lioloa, Julianna	11	Mira Costa	
6	Castaneda, Joselyn	9	Santee	
7	Tucker, Jhanae'	12	Cabrillo (Lb)	



Section 2 of 2 Finals...(Event 30 Girls 300 Meter Hurdles Varsity)

Table with 2 columns: Rank and Name/School. Lists 8 participants from various schools including Pacifica Chr, Redondo Union, Palos Verdes, and Mira Costa.

Event 31 Boys 300 Meter Hurdles Frosh/Soph

Saturday 4/13/2013 - 3:35 PM

Stadium: 38.63 2012 Hubbard

Table header: Lane Name Yr School Seed Time

Section 1 of 1 Finals

Table with 3 columns: Rank, Name, School. Lists 7 participants from Edgewood, Mira Costa, Mayfair, Washington, and Palos Verdes.

Event 32 Boys 300 Meter Hurdles Varsity

Saturday 4/13/2013 - 3:40 PM

Stadium: 38.63 2012 Hubbard

Table header: Lane Name Yr School Seed Time

Section 1 of 2 Finals

Table with 3 columns: Rank, Name, School. Lists 3 participants from Mira Costa, Redondo Union, and Chadwick.

Section 2 of 2 Finals

Table with 3 columns: Rank, Name, School. Lists 8 participants from Inglewood, Redondo Union, Mira Costa, Trabuco Hills, Palos Verdes, and Redondo Union.

Event 33 Boys 200 Meter Dash Frosh/Soph

Saturday 4/13/2013 - 3:55 PM

Stadium: 21.90 2011 Johnson

Table header: Lane Name Yr School Seed Time

Section 1 of 4 Finals

Table with 3 columns: Rank, Name, School. Lists 3 participants from Edgewood.

Section 2 of 4 Finals

Table with 3 columns: Rank, Name, School. Lists 8 participants from Washington, Mira Costa, Santee, Palos Verdes, and Chadwick.

Section 3 of 4 Finals

Table with 3 columns: Rank, Name, School. Lists 8 participants from Mira Costa, Palos Verdes, Santee, Inglewood, Washington, and Chadwick.

Section 4 of 4 Finals

Table with 3 columns: Rank, Name, School. Lists 8 participants from Santee, Cabrillo (Lb), Inglewood, Chaminade, Washington, Cabrillo (Lb), Brea Olinda, and Cabrillo (Lb).

Event 34 Girls 200 Meter Dash Frosh/Soph

Saturday 4/13/2013 - 4:10 PM

Stadium: 25.60 2012 Dotson

Table header: Lane Name Yr School Seed Time

Section 1 of 3 Finals

Table with 3 columns: Rank, Name, School. Lists 7 participants from Edgewood, Chadwick, and Inglewood.

Section 2 of 3 Finals

Table with 3 columns: Rank, Name, School. Lists 8 participants from Mayfair, Edgewood, Mira Costa, Cabrillo (Lb), and Inglewood.



Section 3 of 3 Finals...(Event 34 Girls 200 Meter Dash Frosh/Soph)

1	Jameelah, Ms.	9	Inglewood
2	Ocampo, Megan	10	Palos Verdes
3	Johnson, Amber	9	Inglewood
4	Dorsey, Jordon	10	Mira Costa
5	Francis, Brooke	10	Inglewood
6	Sonko, Kamilah	9	Mira Costa
7	Porter, Derrianah	10	Cabrillo (Lb)
8	Perez, Shannon	9	Mira Costa

Event 35 Girls 200 Meter Dash Varsity

Saturday 4/13/2013 - 4:22 PM

Stadium: 25.60 2012 Dotson

Lane Name Yr School Seed Time

Section 1 of 4 Finals

2	Chavez, Marlene	10	Santee
3	Perry, Arin	11	Brea Olinda
4	Tucker, Jhanea'	12	Cabrillo (Lb)
5	Brown, Donnisha	12	Santee
6	Hornstra, Kaela	11	Mira Costa

Section 2 of 4 Finals

1	Anderson, Averie	11	Mira Costa
2	Morrow, Tamia	9	Cabrillo (Lb)
3	Markley, Kimi	11	Mira Costa
4	Montgomery, Tairyn	9	Redondo Union
5	Elrington, Myan	9	Mira Costa
6	Billew, Dominique	10	Mayfair
7	Collins, Kyra	10	Mira Costa
8	Burgess, Rememberance	11	Inglewood

Section 3 of 4 Finals

1	Hardy, Je'ni	12	Washington
2	Chiodo, Anastasia	10	Redondo Union
3	Ryant, Cate	11	Palos Verdes
4	Mills, Camille	11	Mira Costa
5	Gishwiller, Kaitlin	12	Brea Olinda
6	Goss, Trinity	12	Mira Costa
7	Jackson, Taylor	11	Chadwick
8	Flores, Ariel	11	Brea Olinda

Section 4 of 4 Finals

1	Nolen, Emily	11	Brea Olinda
2	Stephens, Ashley		Palisades
3	Bassman, Shelby	12	Redondo Union
4	Janneck, Jennifer	12	Brea Olinda
5	Grate, Jamilah	12	Inglewood
6	Glover, Tsunami	12	Inglewood
7	Lake, Kendal		Palisades
8	Hamlin, Kristen	10	Redondo Union

Event 36 Boys 200 Meter Dash Varsity

Saturday 4/13/2013 - 4:38 PM

Stadium: 21.90 2011 Johnson

Lane Name Yr School Seed Time

Section 1 of 4 Finals

1	Fathi, Amir	11	Chadwick
2	Gomez, Ramon	12	Chadwick
3	Lee, Sean	11	Redondo Union
4	DeVaughn, Devonte	11	Inglewood
5	Ramos, Joe	11	Redondo Union
6	Capper, Keanu	11	Redondo Union
7	Fortuna, Luiz	12	Mira Costa
8	Bell, Moorsey	11	Edgewood

Section 2 of 4 Finals

1	Sudduth, Stephon	11	Redondo Union
2	Hall, Jordan	11	Inglewood
3	Parker, Justin	11	Mayfair
4	Hardge, Shawn	11	Santee
5	Martinson, Zack	11	Brea Olinda
6	Burditte, Keyon	11	Inglewood
7	Bartlett, Cameron	11	Chadwick
8	Fellows, Jharmaine	11	Inglewood

Section 3 of 4 Finals

1	Moutra, Jack	11	Washington
2	Choice, Jerromy	12	Washington
3	Frank-Love, Sebastian	11	Mira Costa
4	Reyes, Eddie	11	Inglewood
5	Rogan, Tyree	12	Inglewood
6	Onusconich, P.J.	11	Mira Costa
7	Muhammad, Karim	10	Washington
8	Sledge, Zachary	11	Palos Verdes

Section 4 of 4 Finals

1	Lawson-Gayle, Rapheal	12	Mira Costa
2	Brockington, Harry	12	Chaminade
3	Hill, JT		Chaminade
4	Franks, Dosh		Palisades
5	Tellier, Daniel	12	Chaminade
6	Pandy, Zendon	11	Washington
7	Washington, Tareaun	11	Santee
8	Anderson, Carter	11	Mira Costa

Event 37 Boys 3200 Meter Run Frosh/Soph

Saturday 4/13/2013 - 5:15 PM

Stadium: 9:40.00 2012 Diaz, J

Lane Name Yr School Seed Time

Section 1 of 1 Finals

1	Cortes, Jesus	9	Santee
2	Reid, Duncan	9	Palos Verdes
3	Williams, Ethan	9	Mira Costa
4	VasquezRodriguez, Che	10	Mayfair
5	Oliva-Valle, Azgad	10	Edgewood
6	Ramirez, Aaron	9	Edgewood
7	McKenzie, Issac	9	Mayfair
8	Hermosillo, David	10	Palos Verdes
9	Martinez, Justin	10	Santee



Event 38 Girls 3200 Meter Run Frosh/Soph

Saturday 4/13/2013 - 4:54 PM

Stadium: 11:12.50 2009 Mehra

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Reyes, Jazzmine	10	Edgewood	
2	Dutra, Becca	10	Mira Costa	
3	Gutierrez, Lucy	10	Mayfair	
4	Uriarte, Mariby	10	Mayfair	

Event 39 Girls 3200 Meter Run Varsity

Saturday 4/13/2013 - 4:54 PM

Stadium: 11:12.50 2009 Mehra

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Sarmiento, Becky	12	El Modena	
2	Watson, Abbey	9	Palos Verdes	
3	Vaquero, Helen	12	Santee	
4	Jeong, Kara	10	Mira Costa	
5	Ouye, Lauren	12	Chadwick	
6	Vasquez Rodriguez, Itzel	12	Mayfair	
7	Cornelious, Amber	12	Mayfair	
8	Cuevas, Maricruz	12	Mayfair	
9	Davis, Elizabeth	11	Brea Olinda	

Event 40 Boys 3200 Meter Run Varsity

Saturday 4/13/2013 - 5:15 PM

Stadium: 9:40.00 2012 Diaz, J

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Diaz, Zach	12	Palos Verdes	
2	Morales, Edwin	11	Santee	
3	Sansom, Stephen	12	Peninsula	
4	Letwin, Luke	11	Palos Verdes	
5	Hamilton, Evan	12	Chadwick	
6	Eric, Klein	12	Bishop Gorma	
7	Newton, Ellis	11	Mayfair	
8	Goldberg, Michael	12	Mira Costa	
9	Dupas, Sam	12	Palos Verdes	
10	Robert, Daseler	9	Bishop Gorma	
11	Dontrell, Davis	11	Santee	
12	Diaz, Ramiro	11	Santee	
13	Cox, Henry	10	Chadwick	
14	Freeman, Matthew	10	Chadwick	
15	Valle, Juan	10	Chadwick	
16	Cosgrove, Ryan	11	Palos Verdes	
17	Kliegl, Nathan	12	Frazier Mt.	
18	Cohen, Jake	10	Palos Verdes	
19	Krietzman, Terren	12	Palos Verdes	
20	Rodriguez, Alexis	11	Santee	

Event 41 Boys 4x400 Meter Relay Frosh/Soph

Saturday 4/13/2013 - 5:30 PM

Stadium: 3:30.50 2012 Mira Costa

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Palos Verdes		
4	Inglewood		
5	Washington		

Event 42 Girls 4x400 Meter Relay Frosh/Soph

Saturday 4/13/2013 - 5:38 PM

Stadium: 4:01.11 2013 Redondo Union

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	Palos Verdes	B	
3	Palos Verdes		
4	Inglewood		
5	Mayfair		
6	Edgewood		

Event 43 Girls 4x400 Meter Relay Varsity

Saturday 4/13/2013 - 5:47 PM

Stadium: 4:01.11 2013 Redondo Union

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	Chadwick	B	
3	Inglewood		
4	Palos Verdes		
5	Mayfair		
6	Chadwick		

Event 44 Boys 4x400 Meter Relay Varsity

Saturday 4/13/2013 - 5:55 PM

Stadium: 3:30.50 2012 Mira Costa

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Edgewood	B	
2	Chadwick		
3	Santee		
4	Inglewood		
5	Mayfair		
6	Washington		
7	Edgewood		
8	Palos Verdes		

HEAT SHEETS



Event 101 Girls High Jump Frosh/Soph

Saturday 4/13/2013 - 2:00 PM

Stadium: 5-02 2010 Hector

Stadium: 5-02 2010 Mallet

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 1 Finals

1	Castaneda, Monique	10	Brea Olinda	
2	Al-Uqdah, Yasmine	10	Mira Costa	
3	Jones, Casey	10	Palos Verdes	
4	Moore, Taylor	10	Palos Verdes	
5	Stritzinger, Emma	10	Palos Verdes	
6	Dimacali, Alyssa	10	Palos Verdes	

Event 102 Boys High Jump Frosh/Soph

Saturday 4/13/2013 - 10:30 AM

Stadium: 6-02 2012 Golubevic

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 1 Finals

1	Farlough, Justin		Mayfair	
2	Issac, Eugene		Mayfair	
3	Hobby, Kevin	9	Brea Olinda	
4	Mayorga, Tony		Mayfair	
5	Ogele, Obinna	9	Palos Verdes	
6	Yang, Eric	9	Brea Olinda	
7	Fennell, Norman	10	Washington	

Event 103 Girls High Jump Varsity

Saturday 4/13/2013 - 2:00 PM

Stadium: 5-02 2010 Hector

Stadium: 5-02 2010 Mallet

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 1 Finals

1	Reyes, Fumie	12	Redondo Union	
2	McMartin, Cailin	10	Redondo Union	
3	Moody, Allison	11	Palos Verdes	
4	Franks, Doshawn		Palisades	
5	Hazlett, Anna	10	Trabuco Hills	
6	Lee, Samantha	11	Trabuco Hills	
7	Bartak, Alison	11	Mira Costa	

Event 104 Boys High Jump Varsity

Saturday 4/13/2013 - 10:30 AM

Stadium: 6-02 2012 Golubevic

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 1 Finals

1	Sverdlov, Max	11	Palos Verdes	
2	Hopkins, Miles	11	Pacifica Chr	
3	Turner, Evan	9	Pacifica Chr	
4	Bowman, Carlton	11	Washington	
5	Nwabuzor, Emeka	11	Mayfair	
6	Capper, Keanu	11	Redondo Union	
7	Dietrich, Austin	12	Brea Olinda	
8	Alega, Mofe	11	Pacifica Chr	
9	Yasowitz, Peter	10	Mira Costa	
10	Proctor, Gavin	12	Brea Olinda	

Event 105 Girls Pole Vault Frosh/Soph

Saturday 4/13/2013 - 10:30 AM

Stadium: 9-06 2012 Daly

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 1 Finals

1	Goy, Laura	9	Chadwick	
2	Griggs, Erica	9	Palos Verdes	
3	Schwerdtfeger, Kristyn	10	Palos Verdes	
4	Swanberg, Ella	9	Mira Costa	
5	Salk, Ashley	9	Mira Costa	
6	Franco, Jessica	10	Mira Costa	

Event 106 Boys Pole Vault Frosh/Soph

Saturday 4/13/2013 - 2:00 PM

Stadium: 14-00 2012 Scale

Stadium: 14-00 2012 Griffin

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 1 Finals

1	Schelly, Callium	9	Mira Costa	
2	Soll, Harrison	9	Mira Costa	
3	Keroles, Nathan	10	Palos Verdes	
4	Ferreira, Daniel	10	Palos Verdes	
5	Mayorga, Tony		Mayfair	
6	Miller, Jordan		Mayfair	
7	Rogers, Cole		Mayfair	
8	Nuzzolo, Javon	10	Mira Costa	
9	Robinson, Gunner	10	Mira Costa	

Event 107 Girls Pole Vault Varsity

Saturday 4/13/2013 - 10:30 AM

Stadium: 9-06 2012 Daly

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 1 Finals

1	Vollucci, Angelina	12	Mira Costa	
2	Gordon, Aleen	12	Palos Verdes	
3	Dutra, Franchesca	11	Mira Costa	
4	Parkinson, Emma	10	Redondo Union	
5	Vlahakis, Randie	12	Redondo Union	
6	Tofler, Leora	10	Mira Costa	
7	Curran, Sara	10	Redondo Union	
8	Speroni, Samantha	12	Chadwick	
9	Parkinson, Katie	12	Redondo Union	



Event 108 Boys Pole Vault Varsity

Saturday 4/13/2013 - 2:00 PM				
Stadium:		14-00 2012	Scale	
Stadium:		14-00 2012	Griffin	
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Sverdlov, Max	11	Palos Verdes	
2	Biedenweg, Peter	12	Chadwick	
3	Farman, Kyle	12	Palos Verdes	
4	Gutierrez, Jesse		Mayfair	
5	Abellanosa, Andrew		Mayfair	
6	Joe, Brian	11	Mira Costa	
7	Flores, Anthony	12	Mayfair	
8	Styles Villarreal, Nichola	11	Mira Costa	
9	Keliher, Ryan	11	Redondo Union	
10	Newman, Luke	10	Trabuco Hills	
11	Griffin, Sean	12	Mira Costa	
12	Scale, Reed	12	Mira Costa	

Event 109 Girls Long Jump Frosh/Soph

Saturday 4/13/2013 - 10:30 AM				
Stadium:		16-08 2009	Okonkwo	
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Courteau, Duval	9	Chadwick	
2	Park, Lauren	9	Chadwick	
3	Maramonte, Francesca	9	Chadwick	
4	Poitras, Yolande	10	Chadwick	
5	Mendoza, Angelica	9	Edgewood	
6	Jones, Casey	10	Palos Verdes	
7	Dimacali, Alyssa	10	Palos Verdes	
8	Tran, Faith	10	Mira Costa	
9	Faubert, Alexa	9	Mira Costa	
10	Lystad, Colleen	10	Brea Olinda	

Event 110 Boys Long Jump Frosh/Soph

Saturday 4/13/2013 - 10:30 AM				
Stadium:		22-01 2010	Idah	
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Liu, Michael	9	Chadwick	
2	Browning, Ryan	9	Chadwick	
3	Chavez, Luis	10	Edgewood	
4	Urbina, Bryan	10	Edgewood	
5	Oliva-Valle, Azgad	10	Edgewood	
6	Chong, JaeHoon	11	New Covenant	
7	Ramirez, Aaron	9	Edgewood	
8	Joo, Eric	11	New Covenant	
9	Lloyd, Everhett		Mayfair	
10	Yang, Eric	9	Brea Olinda	
11	Ogele, Obinna	9	Palos Verdes	
12	Choi, Anthony	10	Mira Costa	
13	Wong, Evan	9	Mira Costa	
14	Choi, Samuel	10	New Covenant	
15	Wilson, Robert	9	Cabrillo (Lb)	

Event 111 Girls Long Jump Varsity

Saturday 4/13/2013 - 12:00 PM				
Stadium:		16-08 2009	Okonkwo	
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Harvey, Tatiana	12	Mayfair	
2	Montgomery, Leah	11	Mira Costa	
3	Buzon, Erin	11	Brea Olinda	
4	Skoog, Emiile	11	Pacifica Chr	
5	Davis, Maile	11	Palos Verdes	
6	Lystad, Heather	12	Brea Olinda	
7	Ryant, Cate	11	Palos Verdes	
8	Petersen, Kaylin	12	Brea Olinda	
9	Markley, Kimi	11	Mira Costa	
10	Janneck, Jennifer	12	Brea Olinda	
11	Montgomery, Tairyn	9	Redondo Union	

Event 112 Boys Long Jump Varsity

Saturday 4/13/2013 - 12:00 PM				
Stadium:		22-01 2010	Idah	
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Fathi, Amir	11	Chadwick	
2	Bell, Moorsey	11	Edgewood	
3	Watson, John Michal	11	Mira Costa	
4	Weaner, Matt	11	Mira Costa	
5	DeVaughn, Devonte	11	Inglewood	
6	Makramalla, Kerollos	12	Mayfair	
7	Hall, Jordan	11	Inglewood	
8	Lovegren, Will	11	Mira Costa	
9	Inman, Tyler	11	Brea Olinda	
10	Kawahara, Ryan	11	Mira Costa	
11	Guillen, Omar	11	Edgewood	
12	Yasowitz, Peter	10	Mira Costa	
13	Hopkins, Miles	11	Pacifica Chr	
14	Helm, Connor	12	Palos Verdes	
15	Godinez, Robbie	10	Edgewood	
16	Issac, Akira	11	Mira Costa	
17	Weaver, Brendan	12	Palos Verdes	
18	Alega, Mofe	11	Pacifica Chr	
19	Scavo, Taylor	12	Brea Olinda	
20	Kiley, Vincent	11	Brea Olinda	
21	Tan, David	12	Brea Olinda	
22	Fong, Chris	11	Mira Costa	
23	Proctor, Gavin	12	Brea Olinda	
24	Lawson-Gayle, Rapheal	12	Mira Costa	
25	Brown, Jordan	12	Brea Olinda	

HEAT SHEETS



Event 113 Girls Triple Jump Frosh/Soph

Saturday 4/13/2013 - 2:00 PM

Stadium: 36-03 2012 Fleming

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Moore, Taylor	10	Palos Verdes		
2	Tran, Faith	10	Mira Costa		
3	Faubert, Alexa	9	Mira Costa		
4	Dimacali, Alyssa	10	Palos Verdes		
5	Jones, Casey	10	Palos Verdes		
6	Lystad, Colleen	10	Brea Olinda		

Event 114 Boys Triple Jump Frosh/Soph

Saturday 4/13/2013 - 2:00 PM

Stadium: 43-09.50 2010 Liehr

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Lloyd, Everhett		Mayfair		
2	Choi, Anthony	10	Mira Costa		

Event 115 Girls Triple Jump Varsity

Saturday 4/13/2013 - 3:00 PM

Stadium: 36-03 2012 Fleming

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Montgomery, Leah	11	Mira Costa		
2	Morse, Rebecca	11	Brea Olinda		
3	Langford, Lea	12	Redondo Union		
4	Buzon, Erin	11	Brea Olinda		
5	Hatlen, Danielle	12	Redondo Union		
6	Moody, Allison	11	Palos Verdes		
7	Skoog, Emiile	11	Pacifica Chr		
8	Elrington, Myan	9	Mira Costa		
9	Lystad, Heather	12	Brea Olinda		

Event 116 Boys Triple Jump Varsity

Saturday 4/13/2013 - 3:00 PM

Stadium: 43-09.50 2010 Liehr

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Kawahara, Ryan	11	Mira Costa		
2	Yasowitz, Peter	10	Mira Costa		
3	Makramalla, Kerollos	12	Mayfair		
4	Dietrich, Austin	12	Brea Olinda		
5	Blake, Danny	11	Brea Olinda		
6	Scavo, Taylor	12	Brea Olinda		
7	Lovegren, Will	11	Mira Costa		
8	Issac, Akira	11	Mira Costa		
9	Lindquist, Cameron	11	Redondo Union		
10	Fong, Chris	11	Mira Costa		
11	Lawson-Gayle, Rapheal	12	Mira Costa		

Event 117 Girls Discus Throw Frosh/Soph

Saturday 4/13/2013 - 10:30 AM

Stadium: 115-03 2012 Suaava

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Regenstreif, Claire	9	Mira Costa		
2	Mikaele, Taofi	10	Cabrillo (Lb)		
3	Nwoke, Victora	9	Mira Costa		
4	Peters, Natalie	9	Palos Verdes		
5	Allen, Emma	10	Esperanza		
6	Genel, Elisse	10	Edgewood		
7	Rebendorf, Mikayla	9	Esperanza		
8	Reichmann, Megan	9	Mira Costa		
9	Kalolo, Harmony	10	Cabrillo (Lb)		
10	Goasa, Brittany	9	Esperanza		
11	Henriquez, Sofia	10	Edgewood		
12	Wiggins, Kamerin	10	Bellflower		
13	Castro, Gabriella	10	Bellflower		
14	Ramirez, Sarah	9	Esperanza		
15	Ang Lee, Leslie	9	Esperanza		
16	Laos, Riley	9	Esperanza		
17	Manuleleua, Hilda	10	Cabrillo (Lb)		
18	Adalla, Alyssa	10	Cabrillo (Lb)		

Event 118 Boys Discus Throw Frosh/Soph

Saturday 4/13/2013 - 2:00 PM

Stadium: 136-03 2009 Klein

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Alexander, Maxie	9	Chadwick		
2	Hernandez, Salvador	10	Edgewood		
3	Godinez, Nicholas	9	Edgewood		
4	Chong, JaeHoon	11	New Covenant		
5	Kumar, PV	9	Palos Verdes		
6	Johnson, Austin	9	Mira Costa		
7	Johnson, Justin	9	Mira Costa		
8	Abrams, Clay	9	Mira Costa		
9	Brackemyre, Alec	10	Mira Costa		
10	Choi, Samuel	10	New Covenant		
11	Lujan, Daniel	9	Bellflower		
12	Robinson, Gunner	10	Mira Costa		
13	Toomey, Ryan	9	Mira Costa		
14	Paaluhi, Kainoa	9	Mira Costa		
15	Padilla, Francisco	10	Bellflower		
16	Miller, Jacob	10	Esperanza		
17	Sedano, Ignacio	10	Chadwick		
18	Esparza, David	10	Bellflower		
19	Waller, Adam	10	Esperanza		
20	Meyer, Clint	9	Esperanza		
21	Ramirez, Aaron	10	Esperanza		
22	Montano, Adrian	10	Esperanza		
23	Knutson, Cody	10	Esperanza		

**Event 119 Girls Discus Throw Varsity****Saturday 4/13/2013 - 10:30 AM**

Stadium: 115-03 2012 Suaava

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	Speroni, Samantha	12	Chadwick		
2	Alvarez, Marilyn		Edgewood		
3	Madden, Janae	12	Mira Costa		
4	Brown, Ciera	11	Mira Costa		
5	Taylor, Khalia	11	Palos Verdes		
6	Solandt, Chloe	12	Palos Verdes		
7	Moreno, Liliana	12	Bellflower		
8	Ochoa, Joycline	12	Bellflower		
9	Rodriguez, Clarissa	11	Bellflower		
10	Moreno, Julia	11	Bellflower		
11	Taylor, Nia	12	Mira Costa		
12	Yeoman, Secret	12	Bellflower		
13	Leilua, Fa	10	Mira Costa		
14	Allen, Lauren	12	Esperanza		
15	Tatum, Chelsea	11	Mira Costa		
16	Puaka, Sisilia	11	Cabrillo (Lb)		

Event 120 Boys Discus Throw Varsity**Saturday 4/13/2013 - 2:00 PM**

Stadium: 136-03 2009 Klein

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	Collazo, Jonny	12	Chadwick		
2	Valencia, Andres	11	Chadwick		
3	Lopez, Gabriel	11	Edgewood		
4	Hammer, Eric	12	Pacifica Chr		
5	Godinez, Robbie	10	Edgewood		
6	Meza, Mario	11	Palos Verdes		
7	--, elio	11	Bellflower		
8	Salomon, VanderSar	11	Palos Verdes		
9	Farman, Kyle	12	Palos Verdes		
10	Sonko, Khalil	11	Mira Costa		
11	East, Khalil	11	Mira Costa		
12	Moananu, Royce	12	Bellflower		
13	Scavo, Taylor	12	Brea Olinda		
14	Saniky, Cory	12	Mira Costa		
15	Martinez, Tony	12	Brea Olinda		
16	Radeski, Jake	12	Chadwick		
17	Moreno, Daniel	11	Bellflower		
18	Ebanculla, Micah		Mayfair		
19	Mills, Brandon	11	Mira Costa		
20	Slaney, Nathan	11	Bellflower		
21	Keyes, Jeff	11	Esperanza		
22	Porter, Zach	12	Esperanza		
23	Rogers, Mike	12	Esperanza		
24	Admire, Andrew	12	Esperanza		
25	Sanchez, Christian	12	Esperanza		
26	Osborne, Brawley	12	Trabuco Hills		
27	Greenhalgh, Ian	12	Trabuco Hills		
28	Truong, William	11	Esperanza		
29	Dixon, Mitch	12	Trabuco Hills		

HEAT SHEETS



Event 121 Girls Shot Put Frosh/Soph

Saturday 4/13/2013 - 2:00 PM

Stadium: 38-00 2009 Tillman

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Courteau, Duval	9	Chadwick		
2	Regenstreif, Claire	9	Mira Costa		
3	Nwoke, Victora	9	Mira Costa		
4	Allen, Emma	10	Esperanza		
5	Peters, Natalie	9	Palos Verdes		
6	Ang Lee, Leslie	9	Esperanza		
7	Reichmann, Megan	9	Mira Costa		
8	Henriquez, Sofia	10	Edgewood		
9	Goasa, Brittany	9	Esperanza		
10	Kalolo, Harmony	10	Cabrillo (Lb)		
11	Genel, Elisse	10	Edgewood		
12	Adalla, Alyssa	10	Cabrillo (Lb)		
13	Ramirez, Sarah	9	Esperanza		
14	Castro, Gabriella	10	Bellflower		
15	Wiggins, Kamerin	10	Bellflower		
16	Rebendorf, Mikayla	9	Esperanza		
17	Manuleleua, Hilda	10	Cabrillo (Lb)		
18	Laos, Riley	9	Esperanza		

Event 122 Boys Shot Put Frosh/Soph

Saturday 4/13/2013 - 10:30 AM

Stadium: 51-03 2010 Tavai

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Hernandez, Salvador	10	Edgewood		
2	Godinez, Nicholas	9	Edgewood		
3	Ledet, CeAndre	9	Washington		
4	Lujan, Daniel	9	Bellflower		
5	Kim, Christopher	10	New Covenant		
6	Chong, JaeHoon	11	New Covenant		
7	Kumar, PV	9	Palos Verdes		
8	Alexander, Maxie	9	Chadwick		
9	Abrams, Clay	9	Mira Costa		
10	Brackemyre, Alec	10	Mira Costa		
11	Paaluhi, Kainoa	9	Mira Costa		
12	Johnson, Austin	9	Mira Costa		
13	Johnson, Justin	9	Mira Costa		
14	Esparza, David	10	Bellflower		
15	Matthews, William	10	Esperanza		
16	Toomey, Ryan	9	Mira Costa		
17	Sedano, Ignacio	10	Chadwick		
18	Miller, Jacob	10	Esperanza		
19	Ridgell, Malik	10	Washington		
20	Meyer, Clint	9	Esperanza		
21	Nunez, Brandon		Mayfair		
22	Garcia, Jesus		Mayfair		
23	Montano, Adrian	10	Esperanza		
24	Ramirez, Aaron	10	Esperanza		
25	Ruiz, David		Mayfair		
26	Upchurch, Josh	10	Esperanza		
27	Padilla, Francisco	10	Bellflower		

Event 123 Girls Shot Put Varsity

Saturday 4/13/2013 - 2:00 PM

Stadium: 38-00 2009 Tillman

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Moreno, Julia	11	Bellflower		
2	Moreno, Liliana	12	Bellflower		
3	Ochoa, Joycline	12	Bellflower		
4	Rodriguez, Clarissa	11	Bellflower		
5	Davis, Maile	11	Palos Verdes		
6	Brown, Ciera	11	Mira Costa		
7	Taylor, Nia	12	Mira Costa		
8	Madden, Janae	12	Mira Costa		
9	Morse, Rebecca	11	Brea Olinda		
10	Yeoman, Secret	12	Bellflower		
11	Taylor, Khalia	11	Palos Verdes		
12	Tatum, Chelsea	11	Mira Costa		
13	Allen, Lauren	12	Esperanza		
14	Puaka, Sisilia	11	Cabrillo (Lb)		
15	Leilua, Fa	10	Mira Costa		

**Event 124 Boys Shot Put Varsity****Saturday 4/13/2013 - 10:30 AM**

Stadium: 51-03 2010 Tavai

Pos Name Yr School Seed Mark**Flight 1 of 1 Finals**

1	Lopez, Gabriel	11	Edgewood	
2	Inman, Tyler	11	Brea Olinda	
3	--, elio	11	Bellflower	
4	Valencia, Andres	11	Chadwick	
5	Collazo, Jonny	12	Chadwick	
6	Hammer, Eric	12	Pacifica Chr	
7	Weaver, Brendan	12	Palos Verdes	
8	Moreno, Daniel	11	Bellflower	
9	East, Khalil	11	Mira Costa	
10	Moananu, Royce	12	Bellflower	
11	Sonko, Khalil	11	Mira Costa	
12	Mills, Brandon	11	Mira Costa	
13	Radeski, Jake	12	Chadwick	
14	Brown, Jordan	12	Brea Olinda	
15	Slaney, Nathan	11	Bellflower	
16	Scavo, Taylor	12	Brea Olinda	
17	Salomon, VanderSar	11	Palos Verdes	
18	Robles, Anthony	11	Esperanza	
19	Farman, Kyle	12	Palos Verdes	
20	Roberts, Roy	9	Esperanza	
21	Rubalcava, Ed	11	Esperanza	
22	Saniky, Cory	12	Mira Costa	
23	Admire, Andrew	12	Esperanza	
24	Sweetser, Garrett	11	Esperanza	
25	Martinez, Tony	12	Brea Olinda	
26	Truong, William	11	Esperanza	