

PRE-SEASON MEETS:				
DATE:	RACE:	LOCATION:	TIME:	TRANSPORTATION
1/28/23	Winter Championships Qualifier	RUHS	8:00am	N/A
2/4/23	Parlauf Relays	West LA College	8:00am	Carpool
IN-SEASON MEETS				
DATE:	RACE:	LOCATION:	TIME:	TRANSPORTATION
2/18/23	South Torrance 3-Way	South High	8:00am	Carpool
2/25/23	Mustang Round-Up	Trabuco Hills High School	8:00am	Bus
3/4/23	Griffin Relays	Los Alamitos High School	8:00am	Bus
3/10-3/11/23	REDONDO NIKE TRACK FESTIVAL	RUHS		N/A
3/17/23	Arcadia Distance Challenge	Arcadia High School	6:00pm	Carpool
3/18/23	Mustang Relays	Mira Costa High School	8:00am	Carpool
3/25/23	Mustang Speed Meet	Mira Costa	8:00am	Carpool
3/25/23	Meet of Champions (Distance Events)	Azusa Pacific University	8:00am	Bus
3/31/23	Trabuco Hills Invite (Distance Events)	Trabuco Hills High School	4:00pm	Bus
4/1/23	Trabuco Hills Invite (Sprints/Jumps/Field Events)	Trabuco Hills High School	8:00am	Bus
4/10-4/14	SPRING BREAK	PRACTICE	TBD	N/A
4/7/23	Arcadia Invitational (SELECT VARSITY)	Arcadia High School	4:00pm	Carpool
4/8/23	Arcadia Invitational (SELECT VARSITY)	Arcadia High School	8:00am	Carpool

DATE:	RACE:	LOCATION:	TIME:	TRANSPORTATION
4/14/23	South Bay Championships - FROSH/SOPH	West Torrance High School	5:00pm	Carpool
4/15/23	South Bay Championships - VARSITY	West Torrance High School	6:00pm	Carpool
4/14-4/15/23	Mt Sac Relays - SELECT VARSITY	Mt. Sac College	TBD	Carpool
4/25/23	Bay League Prelims	RUHS	1:00pm	N/A
4/28/23	Bay League Finals	RUHS	1:00pm	N/A
5/6/23	CIF Prelims	Trabuco Hills High School	8:00am	Bus
5/13/23	CIF Finals	Moorpark High School	8:00am	TBD
5/20/23	CIF Masters Meet	Moorpark High School	8:00am	TBD
5/26-5/27/23	CIF State Meet	Buchanan High School	TBD	TBD