



## Trabuco Hills High School- 2023 Mustang Roundup

#	Event	Level	Heats	Time	#	Event	Division	Time
1	Girls 1600m Run	Frosh/Soph	4	<b>8:00</b>	113	<b>Pole Vault</b>	Girls OPEN	<b>9:00 AM</b>
2	Girls 1600m Run	Varsity	3	<b>8:35</b>	114	5 Alive	Boys OPEN	to follow
3	Boys 1600m Run	Frosh/Soph	6	<b>9:00</b>	112	<b>High Jump</b>	Boys Varsity	<b>9:00 AM</b>
4	Boys 1600m Run	Varsity	5	<b>9:45</b>	111	5 Alive	Boys F/S	to follow
5	Girls 4x100m Relay	Frosh/Soph	1	<b>10:20</b>	110		Girls Varsity	to follow
6	Girls 4x100m Relay	Varsity	2	<b>10:24</b>	109		Girls F/S	to follow
7	Boys 4x100m Relay	Frosh/Soph	2	<b>10:30</b>	103	<b>Long Jump</b>	Girls Varsity	<b>9:00 AM</b>
8	Boys 4x100m Relay	Varsity	2	<b>10:40</b>	101	2 Pits	Girls F/S	to follow
9	Girls 100m Hurdles	Frosh/Soph	2	<b>10:50</b>	104		Boys Varsity	9:00 AM
10	Girls 100m Hurdles	Varsity	4	<b>10:55</b>	102		Boys F/S	to follow
11	Boys 110m High Hurdles	Frosh/Soph	3	<b>11:05</b>	107	<b>Triple Jump</b>	Girls Varsity	<b>12:00 PM</b>
12	Boys 110m High Hurdles	Varsity	3	<b>11:10</b>	105	2 Pits	Girls F/S	to follow
13	Girls 400m Dash	Frosh/Soph	4	<b>11:20</b>	108		Boys Varsity	12:00 PM
14	Girls 400m Dash	Varsity	5	<b>11:30</b>	106		Boys F/S	to follow
15	Boys 400m Dash	Frosh/Soph	5	<b>11:45</b>	115	<b>Shot Put</b>	Boys Varsity	<b>9:00 AM</b>
16	Boys 400m Dash	Varsity	5	<b>12:00</b>	116	2 pits (if needed)	Boys F/S	to follow
17	Girls 100m Dash	Frosh/Soph	7	<b>12:20</b>	117		Girls Varsity	to follow
18	Girls 100m Dash	Varsity	7	<b>12:30</b>	118		Girls F/S	to follow
19	Boys 100m Dash	Frosh/Soph	9	<b>12:45</b>	119	<b>Discus</b>	Girls Varsity	<b>9:00 AM</b>
20	Boys 100m Dash	Varsity	9	<b>1:05</b>	120	2 pits (if needed)	Girls F/S	to follow
21	Girls 800m Run	Frosh/Soph	3	<b>1:25</b>	121		Boys Varsity	to follow
22	Girls 800m Run	Varsity	3	<b>1:40</b>	122		Boys F/S	to follow
23	Boys 800m Run	Frosh/Soph	4	<b>1:55</b>				
24	Boys 800m Run	Varsity	4	<b>2:15</b>				
25	Girls 300m Hurdles	Frosh/Soph	4	<b>2:30</b>				
26	Girls 300m Hurdles	Varsity	4	<b>2:45</b>				
27	Boys 300m Hurdles	Frosh/Soph	4	<b>3:00</b>				
28	Boys 300m Hurdles	Varsity	4	<b>3:10</b>				
29	Girls 200m Dash	Frosh/Soph	7	<b>3:20</b>				
30	Girls 200m Dash	Varsity	8	<b>3:35</b>				
31	Boys 200m Dash	Frosh/Soph	9	<b>3:50</b>				
32	Boys 200m Dash	Varsity	9	<b>4:10</b>				
33	Girls 3200m Run	Combined	1	<b>4:30</b>				
34	Boys 3200m Run	Combined	1	<b>4:45</b>				
35	Girls 4x400m Relay	Frosh/Soph	1	<b>5:00</b>				
36	Girls 4x400m Relay	Varsity	1	<b>5:10</b>				
37	Boys 4x400m Relay	Frosh/Soph	2	<b>5:15</b>				
38	Boys 4x400m Relay	Varsity	2	<b>5:20</b>				

