

TENTATIVE

2023 CROSS COUNTRY SCHEDULE

Date	Time	Race	Location	Bus/Carpool
9/1/23	6:15pm	Saddleback XC Cup	Trabuco Hills High School	Bus
9/9/23	TBA	TBA	TBA	TBA
9/16/23	4:00pm	Woodbridge Challenge	The Great Park, El Toro	Bus
9/23/23	8:00am	Three Course Challenge	Seaside, OR	SELECT ATHLETES ONLY
9/30/23	8:00am	Central Park Invite	Huntington Beach, CA	Bus
10/6/23	TBA	TBA	TBA	TBA
10/12/23	2:30pm	Bay League Meet #1	Rancho Park	Bus
10/21/23	7:30am	Mt. Sac Invite	Mt. San Antonio College	Bus
10/28/23	5:00pm	Warrior Mile	West Torrance High School	Carpool
11/2/23	6:00pm	Bay League Finals	RUHS XC Course	N/A
11/11/23	7:45am	CIF Prelims	Mt San Antonio College	Bus
11/18/23	7:45am	CIF Finals	Mt San Antonio College	Bus
11/25/23	8:00am	STATE CHAMPIONSHIPS	Woodward Park, Fresno	TBA

Sept 1st 6:15pm Saddleback Cross Country Cup, Trabuco Hills HS
(School Buses)

Sept 9th TBA

Sept 16th 4:00pm Woodbridge Challenge, The Great Park, El
Toro (School Buses)

Sept 23rd 8:00am Three Course Challenge, Seaside OR (No
Buses) Select Athletes

Sept 29th Palos Verdes Invitational

PV Cross Country Course (School Buses)

Oct 7th 8:00am Central Park Invite, Central Park, Huntington Beach
(School Buses)

Oct 12th 2:30pm Bay League Meet #1, Rancho Park (School Buses)

Oct 21st 7:30am Mt Sac Invite, Mt San Antonio College (School Buses)

Oct 28th 5:00pm Warrior Mile, West Torrance HS (No Buses)

Nov 2nd 6:00pm Bay League Finals, RUHS (No Buses)

Nov 11th 7:45am CIF Prelims, Mt San Antonio College

Nov 18th 7:45am CIF Finals, Mt San Antonio College

Nov 25th 8:00am State Championships, Woodward Park, Fresno